

Department of Campus Recreation (DCR)

Opening Plan for SRC and Programs

Social Distancing

Social distancing will be in place in areas where masks are optional. I.e. in areas where people will be working out or doing physical activities. The rest of the facility will be mask mandated. We will have floor, wall and stanchion signage to guide you through each space and help us all practice social distancing and mask awareness.

Contactless Check-In:

DCR/SRC staff members will not handle patron ID cards. SRC patrons will be asked to swipe their own PSU ID or use the PSU Mobile app on their phone. The card reader machines will be placed in a location to where the patrons can swipe and the SRC staff will have a sneeze barrier. The welcome center area (POS, Access Control/Equipment Checkout) counters will be wiped down and sanitized every hour. This will include card readers, countertops and plexiglass barrier.

Verbal Screening/Waiver:

All patrons will be asked to verbally answer the standard COVID questionnaire each time entering the facility. Any patron that responds yes to any question on the questionnaire or has signs of illness will not be allowed in. All students and paid members will be asked to complete the COVID waiver that PSU general counsel gave us before allowed to enter the facility. This will only need to be completed once. We are working on an online approval process, but are not there as of 7-29-20.

Facility Capacity Limitations:

Each area of the facility will have capacity reductions to allow for approximately 36 sq. ft. per person (6 feet in any direction) in that area where available. This will significantly reduce the total facility capacity. Signage will be located in each area indicating the maximum capacity due to social distancing of that area. Staff will monitor the area to enforce social distancing and may prohibit entry into an area if max capacity has been reached.

PPE (Personal Protective Equipment):

Staff:

Our staff will be required to wear face mask/nose & mouth while working unless the facility is very slow and the staff can maintain a social distance of 8 feet or larger. Staff members will be required to wear masks and gloves while cleaning machines, equipment, or other surfaces in the facility. In addition to use of masks, Plexiglas sneeze barriers will be placed at all customer service contact points at the welcome center. Staff will clean hands immediately after they are done with their cleaning duties or other activities where they could have contaminated gloves. This will be done by washing hands with soap and water for 20 seconds. If soap and water are not available and hands are not visibly dirty, an alcohol-based hand sanitizer that contains at least 60% alcohol may be used.

Patrons:

Patrons will be required to wear a mask at all times while in the facility, unless they are working out or doing physical activity, then it will be their option to wear a mask or not. It will also be recommended if they are working in close contact with trainers, or third-party individuals. It will be the responsibility of the patron to bring their own mask/covering.

Equipment Spacing & Cleaning:

Cardio and strength equipment will be spaced no less than 6' (seat to seat on strength equipment) apart to allow for appropriate social distancing. We will remove 3 of our 6 benches due to lack of space in the free weight area. We will continue to promote/enforce our clean before/after use policy for our patrons and staff. We have a very high success rate with our patrons cleaning their own equipment and for those who don't our staff will clean on a regular basis.

Equipment Check Out:

There will be a check out and check in equipment bin accessible to the patrons. Patrons will select the equipment they want from the check out bin and will show this to the staff and it will be checked out to them. When equipment is checked back in it will be placed in the return bin. All equipment in the return bin will be clean and sanitized then put back in the check out bin.

GYM Spaces:

Gyms A & B: will have activities where social distancing can be maintained. Example Activities: Horse/Pig, 3pt shoot outs, Badminton and Pickle-ball (Singles only), etc. Traditional activities for those spaces, i.e. Basketball, Volleyball and soccer will not be allowed or modified.

Gym C: Will be turned into a fitness center. This is where all equipment that does not need electrical power will be moved to, i.e. Bikes, Rowers, Ellipticals. We will be doing this so we can maintain social distancing in the other fitness areas.

Assembly Hall/NG Gym: TBD

Group Fitness

Classes that are better able to accommodate social distancing guidelines with no partner activities and little to no equipment required will be on offered. If needed, class capacity will be reduced as needed and floor tape will be placed 12 feet apart (6ft in all directions) to help practice social distancing.

Equipment, when applicable, will be laid out at the beginning of class.

Classes will be spaced to allow for instructors to sanitize equipment with virus-killing disinfectant. Additional group fitness offerings will continue to be held online.

Aquatics Center:

See Separate Plan

Locker Rooms/Restrooms:

Lockers/showers will be secured for no access. Restrooms will be open since masks will be required through facility unless working out or doing physical activity.

Personal Training

1 on 1 and small group Personal Training services will resume. Trainers will maintain a distance of 6' from clients unless there is a need to spot a particular lift. If this is to be done trainers will wear PPE. Equipment will be wiped down/disinfected after each person uses it.

Should a COVID-19 Case be Traced to DCR/SRC facilities:

We will follow what the Local health department and Bryant Health Center staff direct us to do.