



In order to provide an enjoyable experience for everyone, we ask that all patrons demonstrate respect for others by adhering to all policies and caring for the equipment and facility. Members should familiarize themselves with the rules and regulations as posted within the Student Recreation Center (SRC) or posted on our web site. Verbal instructions from staff are for the safety and comfort of all members and must be followed at all times.

**There are two major rules that everybody will need to follow.**

1. **PSU ID CARD! Your PSU ID CARD or DIGITAL QR CODE is your only means of access into the facility.**
2. **NO FOOD** allowed in the recreation side of the facility.

**Attire**

Use of proper athletic shoes while using Campus Recreation facilities is required. Non-marking shoes are required on all wood floors (i.e. basketball courts and group exercise studio, and track). Sandals, clogs, and other open shoes are not permitted in the cardiovascular and strength areas. It is recommended that jewelry be removed prior to participating in activities or before utilizing equipment in the fitness areas, due to an increased risk of injury.

**Campus Recreation and/or PSU are not responsible for lost or stolen items.**

**Bags/Personal Items**

Store all items in a locker or cubby. Day lockers are available in the student & staff locker rooms (you need to supply your own lock) and cubbies are located throughout the facility. Unattended items will be collected and considered lost if they are not stored in a locker. Due to the lack of space in the cardio and free weight area bags are not allowed.

**Campus Recreation and/or PSU are not responsible for lost or stolen items.**

**Bicycles & Other Wheeled Vehicles**

Campus Recreation supports the use of alternative transportation; however, wheeled vehicles (e.g., bicycles, skates, skateboards, and scooters) are prohibited in the SRC and on the exterior plaza. Bicycles may be parked in the provided racks on the west side of the plaza at the owner's risk. Bicycles and scooters benches, light poles, trees, or signs risk being removed. **Skates, skateboards, and scooters carried into the building must be stored in a locker or cubby.**

**Campus Recreation and/or PSU are not responsible for lost or stolen items.**

**Cell phones & paging**

Use of cellular phones is permitted inside the SRC, provided they do not interfere with others' enjoyment of the facility. Please be courteous and move all cell phone conversations to a lobby or lounge area. In fairness to other patrons, cell phone use is not allowed in activity areas or locker rooms. The SRC is equipped with a paging system; however, paging of patrons is only permitted in the case of emergencies. If there is an emergency and a patron must be reached, please contact the Welcome Center Service Desk at 235-6565.



### **Closures**

Campus Recreation facilities may be closed and/or reservations canceled when warranted. During official university holidays and breaks, facilities may be closed or operate with limited hours. In addition, required maintenance and staff training may necessitate closure of parts or all of the affected facilities.

### **Comments & Concerns**

Please direct comments and concerns to the Service Desk. You may also direct comments to Campus Recreation Administration through the website or by calling 235-6565.

### **Code of conduct- Includes SRC and Intramural Sports Programs**

Campus Recreation is committed to creating a safe, comfortable, and enjoyable experience for patrons. The staff will proactively intervene to support an environment where all members and guests can enjoy the facilities and programs free from the following behaviors:

- Foul/abusive language or obscene gestures.
- Intoxication or other signs of impairment related to alcohol consumption or drug use.
- Fighting, taunting, or threatening remarks or gestures.
- Spitting (other than in appropriate containers).
- Horseplay posing safety risks to patrons.
- Mistreating of dumbbells, weights, or any equipment.
- Displays of affection not appropriate in a public setting.
- Obscene or indecent clothing.
- Any disruption to the progress of a sanctioned activity.
- Unsporting conduct.
- Obtaining entrance under false pretense.

### **Emergencies & Evacuation Procedures**

In the event of a serious emergency, please see the university evacuation policies posted at the main entrance of the SRC. Please follow all instructions given by the staff.

### **Entrance/Exit**

The SRC is a single entry/exit facility. Please use the north entrance via the welcome center at the north end of the building. Other exits are for emergency use only and are monitored with alarms and cameras. Exiting or entering through any emergency exit could result in loss of privileges.

### **Entry**

For entry in the SRC, members must have a current University ID card. Individuals using an ID other than their own to gain access to the SRC risk having privileges suspended for both the individual using the false ID and the valid member.



### **Fitness Area / Equipment Policies:**

- Wearing athletic attire while using strength training equipment is required.
  - Street clothing is prohibited while using upholstered equipment.
  - Closed-toed athletic shoes are required; open-toed or heeled shoes are not allowed at any time.
  - Please wipe down equipment after each use.
  - Please re-rack all weight plates, dumbbells, and barbells after usage.
  - Collars are to be utilized with all bars while lifting.
  - Utilize spotters when needed.
  - No dropping weight plates, dumbbells, or barbells at any time. If you cannot control the weight enlist the help of a spotter.
  - Patrons must be at least 16 years old to use the cardio and selectorized training equipment.
  - Please limit cardiovascular workouts to 30 minutes when others are waiting.
  - Please provide your own personal towel while working out.
  - Outside Personal Trainers are not allowed to train in Campus Recreation facilities.
- Please see complete published policies in the fitness areas.**

### **Food**

**No food** allowed in the recreational side of the facility.

**Chewing Gum** is prohibited in all activity areas.

### **Lost & Found**

Please contact the Welcome Center regarding lost or missing items. Lost items will be kept for 2 weeks; items of value estimated at \$25 or more will be turned over to the university police.

**Campus Recreation is not responsible for lost or stolen items.**

### **Member ID card**

To enter Campus Recreation facilities, members must have their "CURRENT" PSU ID card or Digital QR Code. Members will be denied entry without their PSU ID. Your PSU ID is also required to check out any equipment.

**Forgot your ID card?** Members are allowed 2 entrances per semester with another picture ID and their PSU ID Number.

Your PSU ID card is non-transferrable. This means allowing someone else to use your PSU ID for access is prohibited and will result in suspension of privileges for both parties. To regain your privileges, you must meet with the Director of Campus Recreation.



### **Payment**

Cash and checks are all acceptable forms of payment. Additionally electronic fund transfer and payroll deduction is available for membership.

### **Personal Training & Instruction**

Personal training and instruction is limited to approved Campus Recreation staff. Instruction for pay or trade of services by outside entities is strictly prohibited and could jeopardize membership privileges for all parties involved. Any PSU staff member using SRC facilities or equipment for personal training or gain could be reported to the university and disciplined according to university policy.

### **Pets**

Pets, other than guide animals, are prohibited in the facility.

### **Refunds**

The purchase of memberships and services are non-refundable.

### **Removal from SRC or Campus Recreation Programs**

Campus Recreation reserves the right to eject anyone whose behavior is unruly or illegal in nature. Membership privileges could be revoked without a refund and the individual(s) will be escorted from the facility.

### **Tobacco & Alcohol**

Pittsburg State University is a tobacco free campus. Tobacco products, drugs, and alcohol are not permitted on/at any Campus Recreation facility or grounds. Anyone exhibiting signs of being under the influence of a controlled substance will be denied access.