

Isolation and Quarantine Processes, Reporting, and Responsibilities

Fall 2021

If a student tests positive at Bryant Student Health Center:

- Their positive status is also reported to the Crawford County Health Department to be counted in the county and state totals.
- They'll receive a custom packet of information that includes their unique isolation dates provided by the student health center. The packet includes instructions for adhering to isolation, phone numbers in case of emergency, food delivery options, a fever and symptom tracking log, tips for managing symptoms at home, and how to prevent spread if sick.
- Infected students also receive a letter from Crawford County listing their isolation dates. If those dates differ from the dates supplied by the student health center, the student should follow the county's dates.

If a student tests positive elsewhere in Crawford County:

- Students will receive a letter from Crawford County listing their isolation release date (if symptom free) and instructions for isolation.
- If the student identifies themselves as a student of Pitt State (they should be asked), the county reports these cases to the student health center in their frequent meetings and communications.
- Students can request a non-custom isolation packet from the Bryant Student Health Center that includes instructions for adhering to isolation, phone numbers in case of emergency, food delivery options, a fever and symptom tracking log, tips for managing symptoms at home, and how to prevent spread if sick.

If a student tests positive outside of Crawford County:

- Depending on the county, sometimes these students are reported to Crawford County and/or the student health center.
- Students can request a non-custom isolation packet from the Bryant Student Health Center that includes instructions for adhering to isolation, phone numbers in case of emergency, food delivery options, a fever and symptom tracking log, tips for managing symptoms at home, and how to prevent spread if sick.
- Students are encouraged but not required to report their illness to the student health center.

Isolation if infected

Isolation due to infection is ten days, with Day 1 being the day following the onset of symptoms. If symptom free after Day 10, normal activities can resume. Students will not receive a second letter from Crawford County releasing them from isolation - students must track this date and their symptoms themselves. Students are not required to show proof of a negative COVID-19 test to be released from isolation and return to regular activities.

Students who live in residence halls are required to move out during their isolation period if they are sick, and also while awaiting test results if an infection is suspected. If they cannot return to their permanent residence or other personal quarters, Pitt State works with them to find accommodation.

Roommates identified as close contacts to a positive case are also required to move out of residence halls during their quarantine period.

Quarantine if exposed

Quarantine due to exposure is also ten days, with Day 1 being the day following last suspected exposure. Students under quarantine in Crawford County will receive a letter from the Crawford County Health Department with a release date. Student will not receive a second letter when their release date passes. Early release is possible, if a student navigates the early release testing options described in the [county's quarantine guidelines](#). Students are responsible for tracking this progress, not faculty or the student health center. Unless taking part in the early release quarantine option, students are not required to show proof of a negative COVID-19 test to be released from quarantine and return to regular activities.

To be officially quarantined by the county, students must be reported as a close contact by an infected person. If an unvaccinated student knows they have been exposed (within 6 feet for 15 minutes or more within two days of illness onset), but have not been contacted by the county, it means they were not reported as a close contact. They should contact the Crawford County Health Department if they have questions about this, and should follow quarantine guidelines as well. They should not call the student health center unless they develop symptoms and need testing.

Fully vaccinated students are not required to quarantine if exposed unless they develop symptoms, as indicated by the county's quarantine guidelines.

Responsibilities

Students are responsible for working with their instructors to make arrangements for completion of coursework.

Students are responsible for understanding and tracking their isolation and quarantine release dates, not faculty, staff, or the health center.