

FEBRUARY 2023

HUMAN RESOURCE SERVICES

Monthly Newsletter



IMPORTANT DATES

Friday, February 3	Pay Day
Sunday, February 5	Pay Period Starts
Monday, February 6	Time Card Approval Deadline, 12pm
Friday, February 17	Pay Day
Sunday, February 19	Pay Period Starts
Monday, February 20	Time Card Approval Deadline, 12pm
Wednesday, February 22	Spring Career Fair

STATE HOLIDAYS

You can view a list of the 2023 Holiday Schedule on our [website](#).

Welcome to your all-new HealthQuest Program for 2023!

- The State Employee Health Plan (SEHP) is partnering with **Marathon Health**, the same provider as the HealthQuest Health Center, to bring you a new HealthQuest experience for 2023. Employees can complete activities for credits to receive financial rewards!
 - Learn more about the HealthQuest Rewards Program at HealthQuest.ks.gov.
- **What rewards are offered through the HealthQuest Rewards Program?**
 - Plan A: Employees that earn up to 40 credits by December 31, 2023, will receive the premium incentive discount of \$480 off their 2024 medical premium. Employees that earn 20 credits but less than 40 credits by December 31, 2023, will receive a partial premium incentive discount of \$240 off their 2024 medical premium.
 - Plans C, J and N: Employees that earn 40 credits by December 31, 2023, will receive the premium incentive discount of \$480 off their 2024 medical premium and up to \$500 in HRA/HSA rewards (\$12.50 per credit) for HealthQuest activities completed and posted in their HealthQuest portal by November 17, 2023.
- **Who can participate in the HealthQuest Wellness Program?**
 - Employees on Plans A, C, J, and N can participate in the HealthQuest wellness program to earn credits.
 - Benefits-eligible employees that have waived SEHP coverage can participate as well but will not earn credits.
 - SEHP-covered spouses are welcome to participate but will not earn credits.
- **Am I required to participate in the HealthQuest Wellness Program?**
 - HealthQuest Wellness Program participation is completely voluntary and confidential, but participation is encouraged.

All-new HealthQuest Program for 2023 continued:

- **How do I access the HealthQuest portal?**

- You now have access to the NEW HealthQuest portal
- Visit HealthQuest.ks.gov to register in the portal
 - If you experience difficulty, please contact the Member Relations Team (MRT) at 785-783-4080
- Click on the Incentives tab on the homepage
- View activities and track your progress!

- **What activities are eligible for HealthQuest Credits in 2023?**

- Activities that are eligible for credits are separated into three categories: Preventive Care, Educational, and Health Management.
- The 2023 HealthQuest program has increased the number of preventive care services that are eligible for credits as well as increased the number of credits that can be earned per activity.
- For a complete list of activities, login to your HealthQuest Portal, or view the 2023 Incentive Guides:
 - Plan A Incentive Guide: [Incentive Overview \(ks.gov\)](https://www.ks.gov/incentive-overview)
 - Plans C, J, and N Incentive Guide: [2023 HealthQuest Rewards Program \(ks.gov\)](https://www.ks.gov/2023-healthquest-rewards-program)

- **Do I have to use the HealthQuest Health Center to receive credit for preventative care activities?**

- No, you are welcome to complete any of the preventive services through your regular provider. HealthQuest awards credits for these activities through medical and dental claims submitted through your SEHP insurance.
- If the HealthQuest Health Center in Topeka is convenient for you, members covered by SEHP insurance may complete any of the available services through the HealthQuest Health Center. Members located outside of Topeka can access the Marathon Health Anywhere program by calling the Marathon Health Center at 785-783-4080.
- HealthQuest portal is experiencing technical difficulties with the Overview Video and Quiz, we will update as soon as available.

- **Questions?**

- If you have any questions about your benefits, please email SEHPHealthQuest@ks.gov.

Dr. Gupta - Top 2% of Scientists in the World!

- Congratulations to Dr. Gupta on the amazing honor of being named to the list of the top two percent of scientists in the world, by Stanford University.
- You can read more about Dr. Gupta and his research on the Gorilla Connection [article here!](#)
- Diane Letner, Lori Scott Dreiling, Madisyn Hite and Rachel Schenker were happy to celebrate with you.



➤ Late Timesheets

- Late (paper) timesheets should be uploaded (completed and signed) to the **electronic submissions form**. Please **DO NOT** email them to payroll.
 - You can access the form here on the [HRS' Forms Webpage](#) (Supervisors we HIGHLY recommend you bookmark this page.)
 - By submitting late timesheets to the electronic submission form it better allows us to keep track of the timesheets so that employees can be paid in a timely manner
 - Supervisors, please remember that you need to be checking the late timesheets before signing them. We are receiving quite a few with inaccurate calculations or missing information such as the **pay period date and required reason for the late timesheet**. This can result in employees not being paid.



HRS Reminders

NEW EMPLOYEES AND NEW POSITIONS

Name	Title	Department
Irene An	Assistant Instructional Professor	English and Modern Languages
Thomas Anthony	Associate Head Coach/Defensive Coordinator	Intercollegiate Athletics
Brandon Baker	Groundskeeper	Physical Plant Services and Grounds
Bradley Bishop	Custodian	Physical Plant Services and Grounds
Mercedes Dowdy	Assistant Instructional Professor	English and Modern Languages
Amber Hames	Academic Advisor	Student Success Programs
Josh Holcomb	Software Developer III	Information Technology Services
Bonnie Jameson	Administrative Assistant	Student Health Services
Jennifer Katzer	Academic Advisor	Student Success Programs
Jake Keltner	Maintenance Technician	Housing Maintenance
Atu Kumar Maurya	Post-Doctoral Research Associate	Kansas Polymer Research Center

HRS Reminders

NEW EMPLOYEES AND NEW POSITIONS

Name	Title	Department
Brennan Proffitt	Software Developer II	Information Technology Services
Sarah Rexwinkle	Accounting Specialist	Overman Student Center
Nicole Rich	Director	Internal Audit
Megan Simmons	Academic Advisor	Student Success Programs
DeVante Sims	Assistant Football Coach	Intercollegiate Athletics
Eric Soucy	Software Developer III	Information Technology Services
Caden Springer	Assistant Director	Campus Recreation
Brenda Thenikl	Assistant Instructional Professor	Mathematics and Physics
Ashley Wadell	Director	First Year Programs
Megan Whitney	Budget Analyst	Budget Office



HealthQuest Newsletter



[February HealthQuest Newsletter](#)

TIAA and KBOR Q1 Updates

[KBOR Q1 Newsletter](#)

[IRS Contribution Limits for 2023](#)

[KBOR Voluntary Plan](#)

[TIAA - Small Changes Now](#)

[TIAA - Give Your Retirement Plan a Raise](#)

[TIAA - Making Headway with SECURE Act 2.0](#)

State Employee Health Plan Member Newsletter

Check out the State Employee Health Plan Member Newsletter for information regarding:

- Membership Department
- Benefits Department
- HealthQuest
- Network Providers
- Vendor Contact Information
- Benefit Reminders

[More Information](#)

BENEFITS

Upcoming Webinars

February 7 @ 1:00pm	Boost Your Savings	KPERS
February 9 @ 12:00pm	Benefits of Enrolling & Roth	KPERS
February 14 @ 9:30am	2023 Employer Workshop - Part 1	KPERS
February 15 @ 9:00am	Nearing Retirement	KPERS
February 16 @ 9:30am	2023 Employer Workshop - Part 2	KPERS
February 23 @ 10:00am	Online Personalized Experience	KPERS
February 28 @12:00pm	Paying Down Debit is Saving	TIAA
February 28 @ 3:00pm	Achieving Financial Wellness	KPERS



Update from HRS

Lori Scott Dreiling, Director

I love holidays – all holidays. Ask the HR team. I LOVE celebrating just about anything. Groundhog Day too; not too pleased with Punxsutawney Phil right now though.

February HR Newsletter Contest: Speaking of Groundhog Day, what is your favorite Bill Murray movie and WHY? Email your answer to hrrstudent@pittstate.edu. We will randomly draw for three winners on Valentine's Day!

HealthQuest: READ CLOSELY the update in this newsletter from the State Employee Health Plan on the NEW HealthQuest program now administered by Marathon Health. It will be different and we'll all have to learn together. Special note: There will no longer be bio-metric screenings on campus that will feed your points directly to HealthQuest. I am personally testing the new system – have been to my personal screenings and have had lab work. I'm tracking to see how long it takes to get my HQ points into Marathon Health. More news to follow but I will advise, go get your wellness checks earlier in the year rather than later!

Save the Date:

Retirement Information Day, Tuesday, September 12, 2023 in the Overman Student Center

NEW: Service Award Recipient Reception, Wednesday, March 29, 2023 in the 1st floor of the Axe Library

W-2 Information: This time of year, payroll@pittstate.edu receives literally 100s of emails about how to get your W-2. Everything you need to know is on our web page at <https://www.pittstate.edu/hr/w-2-information.html>.

Work at Pitt State! Be a Gorilla! Pitt State HR will have a booth at the Spring Career Fair in Overman Student Center on Wednesday, February 22. If you know of a graduating senior interested in degree-required entry-level positions on campus, have them stop by and see the HR team. We have other positions available too; see them all at <https://www.pittstate.edu/hr/jobs/index.html>.

As always, if you need to reach us, please contact us at payroll@pittstate.edu.



[Contact Us](#)

[Benefits](#)

[Newsletter Archives](#)

The Human Resource Services (HRS) newsletter will be housed on the HRS web page on the pittstate.edu website. If you have questions or need assistance with any of the information in the newsletter, the easiest way to reach us is to send an email to payroll@pittstate.edu.

