

OCTOBER 2022

# HUMAN RESOURCE SERVICES

*Monthly Newsletter*



## IMPORTANT DATES

Saturday, October 1	Open Enrollment for State Employee Health Plan (SEHP)
Sunday, October 2	Pay Period Starts
Monday, October 3	Time Card Approval Deadline, 12pm
<b>Monday, October 10</b>	<b>SEHP Open Enrollment benefits fair, 1-4pm</b>
Friday, October 14	Pay Day
Sunday, October 16	Pay Period Starts
Monday, October 17	Time Card Approval Deadline, 12pm
Friday, October 28	Pay Day
Sunday, October 30	Pay Period Starts
Monday, October 31	Time Card Approval Deadline, 12pm
Monday, October 31	Last Day for Open Enrollment

## STATE HOLIDAYS

You can view a list of the 2022 Holiday Schedule on our [website here](#).

## ➤ ***Open Enrollment Is HERE!***

The State Employee Health Plan (SEHP) is hosting the annual Open Enrollment period for Active State and Non State Group employees from **October 1-31, 2022**.

All Open Enrollment materials, including the Open Enrollment Guide, videos, and informational flyers are posted on the [SEHP's website](#).

What is KPERS Optional Life Insurance? Find out more [here](#).

MEET ALEX! ALEX is an online resource SEHP provides to help you walk through all of your available benefits and explain how they work. ALEX can also help you compare health plan options and break down cost differences.

[Take me to ALEX](#)

## ➤ ***Open Enrollment Materials***

Open Enrollment books, videos and vendor materials are now available online.

- If you request a printed copy of the Enrollment Guide, you should have recieved it.
- If you did not request a copy, you can [view and print a copy here](#).

[View 2023 Enrollment Resources Here](#)



# HRS Reminders

## ➤ Open Enrollment Benefits Fair!

All state employee welcome! Come learn about benefits options from SEHP, AETNA, Blue Cross/Blue Shield of Kansas, RX Savings, Delta Dental, Avesis Vision, Quest Diagnostics, MetLife (HRA/HSA), NueSynergy (FSA), and ComPsych.

A red poster with a yellow speech bubble in the center containing the text "OPEN ENROLLMENT BENEFITS FAIR". Below the speech bubble, the text "1:00PM - 4:00PM Monday, October 10th, 2022" is displayed. To the right of this text is an illustration of a hand holding a blue megaphone. Below the date, a list of participating providers is shown: "Who will be here? State Employee Health Plan (SEHP), AETNA, BCBSKS, RX Savings, Delta Dental, Avesis Vision, Quest Diagnostics, MetLife (HRA/HSA), NueSynergy (FSA), ComPsych". The location "Pittsburg State University Overman Student Center Crimson & Gold Ballroom" is listed below. At the bottom, contact information for Human Resource Services is provided: "For more information, contact Human Resource Services @ 620-235-4191 / payroll@pittstate.edu". A small logo is visible in the bottom right corner of the poster.

**OPEN  
ENROLLMENT  
BENEFITS  
FAIR**

**1:00PM - 4:00PM  
Monday, October  
10th, 2022**

*Who will be here?* State Employee Health Plan (SEHP), AETNA, BCBSKS, RX Savings, Delta Dental, Avesis Vision, Quest Diagnostics, MetLife (HRA/HSA), NueSynergy (FSA), ComPsych

**Pittsburg State University  
Overman Student Center  
Crimson & Gold Ballroom**

For more information, contact Human Resource Services @ 620-235-4191 / payroll@pittstate.edu

## ➤ Flu Shots and COVID Boosters Available!

Community Health Center will be onsite at the Benefits Fair providing free flu shots and COVID booster vaccines. Please fill out the consent form below and bring it with you if you wish to receive either shot.

[Flu Shot Information Form](#)

[Consent Form](#)



## ➤ KPERS 457 Retirement Plan Counselor Meeting

You're invited to meet with your KPERS 457 Retirement Plan Counselor, Vickie Day, on Tuesday, October 18, for 30 minute sessions.

The meeting is located at the Overman Student Center, Sunset B. Appointments will begin at 8:30 a.m. and will run every 30 minutes.

Your Retirement Plan Counselor can:

- Help you determine a possible retirement age.
- Help you estimate future retirement income from all sources, including pension, Social Security, your deferred compensation plan and other retirement accounts.
- Help you decide on an appropriate savings rate and investment allocation for you.
- Answer many other retirement questions you may have.
- If you are not currently participating, learn more about KPERS 457 and saving for your future.

To register click the following link and choose a time that is convenient for you: [Schedule Your Appointment](#)



# HRS Reminders

## NEW EMPLOYEES AND NEW POSITIONS

Name	Title	Department
Alan Badgley	Technology Innovation Center Director	EnterprisePSU
Matthew Burkhart	University Police Officer	University Police and Parking Services
Jaime Dalton	Senior Associate to the President	President's Office
Brigid Dawson	PSU/ANE-Sane Program Coordinator	Irene Ransom Bradley School of Nursing
Seth George	Program Coordinator for Campus Activities	Student Center
Dezirae Hamrick	Program Coordinator for Campus Activities	Student Center
Tara Hembree	Custodian	Housing Maintenance
Madisyn Hite	Human Resource Specialist	Human Resource Services
Jake Keltner	Maintenance Technician	Housing Maintenance
Chase Koester	Technical Support Specialist	Information Technology Services
Yixuan Ma	Teaching Laboratory Assistant Senior	Biology
Jenne Miller	Administrative Specialist	Engineering Technology
Michaela Ozier	Associate Director of Operations	Psychology and Counseling
David Perricone	Project Accountant	Planning, Design, and Construction
Jamie Thayer	Director of Institutional Equity & Title IX Coordinator	President's Office
Maria Thompson	Executive Associate - Division	University Advancement

# HealthQuest/ Employee Assistant Program (EAP)

## Biometric Screenings

2022 HealthQuest Biometric Screenings are available for sign up in the HQ portal. These have been scheduled for the following dates in the Governors Room:

- Thursday, October 20

[Sign up here](#)

OR

- Order and complete a [Home Test Kit](#)
- Have your doctor fill out a [Physician Form](#) during a wellness visit



## HealthQuest Newsletter



[Click here for the September HealthQuest Newsletter](#)

[Click here for the October HealthQuest Newsletter](#)

## HealthQuest: Walk with Ease

Registration is open for session 2 of the Arthritis Foundation's 6-week Walk with Ease program.

Walk with Ease is a self guided program that automatically begins on the day you register. Once registered you will receive weekly emails containing your to do list for that week.

Record your progress in the WWE portal to receive **6 HealthQuest credits!**

If you participated in session 2 of the Walk with Ease program and receive 6 HealthQuest credits, you can still participate in session 2, but you will not receive additional credits.

- [Registration Deadline](#): October 17
- [Challenge dates](#): October 10- November 21

[Register Here](#)



## BENEFITS

### Upcoming Webinars

October 6 @ 10am	<a href="#">KPERS Online Experience</a>	KPERS457
October 11 @ 10am	<a href="#">Employer Resource</a>	KPERS457
October 11 @ 10am	<a href="#">Retirement Planning: Counting Down the Last 12 Months</a>	KPERS
October 11 @ 10:30am	<a href="#">Open Enrollment Webinar</a>	SEHP
October 11 @ 6pm	<a href="#">Navigating Your Path to Retirement</a>	KPERS
October 12 @ 11am	<a href="#">Women's Health</a>	HealthQuest
October 12 @ 12pm	<a href="#">Fundamentals of Investing</a>	KPERS457
October 12 @ 12pm	<a href="#">Quarterly Economic and Market Update</a>	TIAA
October 13 @ 10:30am	<a href="#">Open Enrollment Webinar</a>	SEHP
October 13 @ 2pm	<a href="#">Navigating Your Path to Retirement</a>	KPERS
October 13 @ 6pm	<a href="#">Retirement Planning: Counting Down the Last 12 Months</a>	KPERS
October 18 @ 10:30am	<a href="#">Open Enrollment Webinar</a>	SEHP
October 18 @ 1pm	<a href="#">Market Volatility: Stay the Course</a>	KPERS457
October 20 @ 11am	<a href="#">Nearing Retirement</a>	KPERS457
October 26 @ 2pm	<a href="#">Achieving Financial Fitness</a>	KPERS457





# Update from HRS

*Lori Scott Dreiling, Director*

Wow! This semester is flying!

Thank you to everyone that came and participated in Retirement Information Day last month. It was a huge success and we are already planning a similar event for next fall. If you have suggestions or recommendations about what you'd like to see added or changed, please let us know. A special shout out to my MGT 540 HR Management students for helping out that day!

**Open Enrollment Benefits Fair NEXT MONDAY:** On Monday afternoon, October 10 from 1:00 P.M. to 4:00 P.M. State Employee Health Plan (SEHP) will be on campus (in the Crimson and Gold Ballroom in the Overman Student Center) along with representatives from Blue Cross/Blue Shield (BCBSKS), AETNA, Delta Dental, Avēsis Vision, RX Savings, Quest Diagnostics, MetLife (HRA/HSA), and NueSynergy (FSA). We haven't hosted a benefits fair on campus for many years – we are looking forward to it! FYI – Open enrollment for your benefits is October 1-31. You should have received an email this week from the State Employee Health Plan with details.

**Are you planning on retiring in the next year?** Please send me an email at [ldreiling@pittstate.edu](mailto:ldreiling@pittstate.edu) and I'll get you on my calendar to discuss your retirement process.

**Welcome to HR Specialist – Madisyn Hite!** Madisyn Hite has joined the HR team as an HR Specialist. Madisyn graduated from PSU with a BS in Management and Marketing in December 2021 and will complete her MBA with an HR Emphasis in May 2023 – also from Pitt State. Madisyn has a dog named Rue – a mini-Labradoodle! She likes to help her dad on their cattle farm, spend time with family, read biographies and textbooks. She will be responsible for some functions that used to be in the President's Office (appointment letters, faculty and unclassified files, Emeritus tracking, retiree parking and IDs, etc.) and other miscellaneous HR projects (departure of GUS Classic Search and Appoint, special events, HRS newsletter, and whatever else we throw her way)! Stop by and say hi – 204 Russ Hall.

**Another welcome to Jamie Thayer!** Jamie Thayer has joined Gorilla Nation as our Office of Institutional Equity (OIE) Director/Title IX Coordinator. She will be reporting directly to the President. Her office is located in Russ Hall 218. As I will no longer be in that role, you will see changes to the search and appoint process very soon that will take me (and Heather Busch) out of that stream of communication. Jamie will also take over immigration/H1B Visa duties, disability accommodation requests, position description approvals, Title IX Pregnant and Parenting communications, etc. – duties that have been housed in HR until now. Please be patient with us as we transition those responsibilities to her over the next month or so.

Have an amazing October!



[Contact Us](#)

[Benefits](#)

[Newsletter Archives](#)

The Human Resource Services (HRS) newsletter will be housed on the HRS web page on the [pittstate.edu](http://pittstate.edu) website. If you have questions or need assistance with any of the information in the newsletter, the easiest way to reach us is to send an email to [payroll@pittstate.edu](mailto:payroll@pittstate.edu).

