

To ensure our employees have the most flexible access to health and wellness resources on campus, and to add value to employment at Pitt State, we are beginning a "one-year pilot" program at the Student Recreation Center (SRC)

Starting September 1, 2022, all Pitt State employees will have free, unlimited access to the SRC and its programs, including intramural sports, group fitness classes, and member rates for personal and small-group training. We'll evaluate participation and employee interest next summer and decide at that point whether to continue the program.

Access to the facility requires a current PSU ID, which is scanned for entry.

Alternatively, you can log into the Pitt State app and access a PSU ID QR code that can be scanned for entry.

To participate in intramural sports or group fitness classes, create an account through IMLeagues. Access to IMLeagues is available in the Pitt State Campus Rec App (available in app stores) or find information [here](#).

The Student Rec Center has a few rules. Read the complete policies and procedures [here](#).

A few things to point out:

- * Pay special attention to the dress code - sleeved shirts are required
- * Closed-toed shoes are required to use free weights, kettle bells, and cardio equipment
- * Water only - no other food or drink is allowed in the center
- * Non-marking athletic footwear is required on the courts

Your spouse is also welcome to become a member for \$120 per year.

We are excited about this new opportunity and hope you'll take advantage of it. If you would like to tour the facility to see what we have to offer, come on out, no appointment needed. We hope to see you soon!

Page revision date: 08/01/2022

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Revised: 08/01/2022

Pittsburg State University