

## **Program Reminder**

There's still time to earn your premium discount!



## Finish the year strong!

Earning your 2021 premium discount is easy.

Thursday, December 31 is the last day to earn credits towards the 2021 premium reduction of \$480. If you haven't already, register for your 2020 HealthQuest portal. You only need 20 credits by December 31 to earn your discount!

## Earn HealthQuest credits today!

Here are some of the easy activities you can complete to earn HealthQuest credits, wherever you are.

- Complete your Personal Health Assessment (PHA) - 10 credits
- Watch the 2020 HealthQuest Program Overview video & complete the quiz -3 credits
- Complete the HealthQuest Web Learning Modules - 5 credits max
- Connect with a Health Coach 15 credits max
- Attend a Financial Wellness Workshop - 5 credits max

## Don't have an account? SIGNING UP IS EASY!

- **1.** Enter your email address and click**Submit**.
- **2.** Enter the activation code sent to the email address you provided and click**Submit**.
- **3.** Confirm your employee ID and date of birth and click **Continue**.
- **4.** Fill in all fields on the Create an Account page and then click **Create Account** at the bottom.
- 5. Agree to the terms of use.

To see how easy it is to start earning credits, <u>click here!</u>

Questions? Contact HealthQuest at 1.888.275.1205, option 3, or email us at <a href="mailto:HealthQuest@Cerner.com">HealthQuest@Cerner.com</a>.