

Pittsburg State University  
Interoffice Memorandum  
Human Resource Services

**Important reminder if you continue health care coverage  
with the State of Kansas as a retiree.**

Retirees and covered dependents can continue health insurance coverage in the State of Kansas Direct Bill health insurance plan. If you are under age 65 when you retire, you can continue health insurance with the State of Kansas paying COBRA rates for the first 18 months (or until you turn age 65) and then transition to the Direct Bill plan.

Currently, COBRA rates are lower than Direct Bill rates.

If you want to continue under COBRA with the intent of moving to the Direct Bill plan at the end of the 18-month COBRA period, please note that you will be responsible for contacting the State Employee Health Plan (SEHP) approximately 3 months before the end of the 18-month COBRA period to request a transfer to the Direct Bill Plan. Failure to do so could result in a loss of coverage and eligibility to continue in the State of Kansas Direct Bill health insurance program.

The current contact information for SEHP, Direct Bill program is:

Email the SEHP at:

- Health Plan – [KDHE.Benefits@ks.gov](mailto:KDHE.Benefits@ks.gov)
- Membership – [KDHE.SEHPMembership@ks.gov](mailto:KDHE.SEHPMembership@ks.gov)

State Employee Health Plan FAX: 785-368-7180

You may want to check with PSU Human Resource Services when you need to contact SEHP as their contact information may have changed.