**Pittsburg State University**

**College of Education**

**Department of Health, Human Performance, and Recreation**

**Dance**

**DANCE 200 - ##**

**Room #\_\_ \_\_ \_\_ Student Recreation Center/Weede**

**TuTh 1:00 – 2:00pm**

**Course Intended for Partial Fulfillment of the Pitt State Pathway Curriculum**

**Professor:** Natalie Jepson-Kundiger.

**Office:** 101 Student Recreation Center

**Office Hours:** Tu and Th 10am - Noon

**Office Phone Number:** 1.620.687.3405

**E-mail Address:** njepson-kundiger@pittstate.edu

**Course Description: Dance (style of dance to be taught)** may include: Ballroom/Western Dance, Ballet, Jazz, Tap, etc. Specific topics may not be repeated.

**Pitt State Pathway Mission Statement:**

The *Pitt State Pathway* curriculum serves as the heart of the university education by fostering interdisciplinary competencies that typify the educated person. It is designed to facilitate the development of key proficiencies including communication and information literacy. The *Pitt State Pathway* curriculum provides a transformational experience that challenges students to think creatively and critically, and to immerse themselves in the productive examination of humans in their global setting. By encouraging the development of skills that promote life-long learning, the *Pitt State Pathway* fosters a sense of personal responsibility, an appreciation of diversity, and an understanding of interconnectedness in our truly global society.

**Pillar(s) of the Pitt State Pathway and Learning Outcome:**

Personal and Professional Behavior.

1. **Wellness Strategies:**

Wellness encompasses the concepts and importance of physical fitness and/or activity over the lifetime, chronic disease prevention/management, nutritional knowledge, mental health awareness, and continuous involvement in an exercise or physical/leisure time activity program to ensure students create a healthy lifestyle plan throughout their lifetime. Competency in this element means:

* *Understanding* chronic disease prevention/management;
* *Understanding* the principles of behavior and mental processes;
* *Evaluating* healthy lifestyle habits;
* *Analyzing* the benefits of exercise and physical/leisure time activity on mental health;
* *Creating* a healthy nutritional regimen;
* *Creating* a personalized exercise or physical/leisure time activity program;
* *Completing* an exercise or physical/leisure time activity course.

1. **Communication:**

Communication includes the exchange of information, which can include the ability to listen, comprehend, and respond to others, as well as the creative expression of ideas in the visual, written, and performing arts. Students must demonstrate a thorough understanding of context relating to appropriate audiences and express their own ideas skillfully and ethically through written, verbal, nonverbal, and integrated means that conveys a clear, fluent message using different avenues of delivery.

**Learning Outcome:** *Students will communicate effectively.*

**Pitt State Pathway Essential Studies Element to be Covered in This Course:**

1. **Essential Studies Element: Wellness Strategies**

Wellness encompasses the concepts and importance of physical fitness and/or activity over the lifetime, chronic disease prevention/management, nutritional knowledge, mental health awareness, and continuous involvement in an exercise or physical/leisure time activity program to ensure students create a healthy lifestyle plan throughout their lifetime.

* *Understanding* chronic disease prevention/management;
* *Understanding* the principles of behavior and mental processes;
* *Evaluating* healthy lifestyle habits;
* *Analyzing* the benefits of exercise and physical/leisure time activity on mental health;
* *Creating* a healthy nutritional regimen;
* *Creating* a personalized exercise or physical/leisure time activity program;
* *Completing* an exercise or physical/leisure time activity course.

**Pitt State Pathway Companion Element to be Covered in This Course:**

1. **Companion Element: Non-verbal and Creative Expression**

Competently utilizes and demonstrates human response not expressed in words. These responses may or may not complement written and verbal information. Competency in this element means:

* *Interpreting* and *delivering* nonverbal communication as it applies to specific contexts such as art, music, illustrations, theater, dance, digital media, or other forms of context not identified above, as appropriate;
* *Demonstrating* effective and appropriate delivery/presentation including, but not limited to, facial expression, eye contact, body movement, and vocal variety;
* *Demonstrating* professionalism.

**Prerequisite(s):** None

**Course Objective(s):**

* **Wellness Strategies**: Level of Student Learning = (Benchmark)

1. Students will *understand wellness strategies for life long health.*

* **Non-verbal and Creative Expression**: Level of Student Learning = (Milestone I).

1. Students will *understand* the characteristics of effective non-verbal and/or creative expression.

* **Additional Objectives**:

Students will:

1. Identify and demonstrate a variety of movements/choreography from the selected style of dance as identified in the course title.
2. Demonstrate correct technique, which fits the style of dance learned.
3. Describe the history and origins of the style of dance learned.
4. Demonstrate methods of teaching and terminology related to specific styles of dance.
5. Describe the cultural and/or ethical importance of specific dance styles in a healthy society.
6. Record their understanding of live and video performances related to the style of dance.
7. Identify how dance can be a lifelong activity which enhances overall wellness.
8. Understand the creative process, both practically and theoretically, and its relationship to audiences,

**Method(s) of Assessment:**

1. **Wellness Strategies**:
2. To assess student learning, the student will complete one (1) report on a subject that *explains how physical activity, mental wellness or nutrition can be affected by participation in dance*.

The report will consist of: 1) the identification of the subject matter, 2) its relation to dance 3) 1750- word minimum using proper terminology and spelling. In addition, students will journal their participation in dance class weekly. The journal entry will include an explanation of the dance worked on that week, as well as the physical and mental components of participating in the dance.

1. **Non-verbal and Creative Expression**:
2. To assess student learning, the student will complete one (1) choreography assignment to *understand the characteristics of effective creative expression*.

* Create one (1) choreographed piece which includes three (3) short technical combinations that could be used in a class setting either in center or across the floor. Students will instruct their classmates in order to demonstrate non-verbal and/or creative expression.

1. **Additional Methods of Assessment**:

* One (1) Class Lesson Plan will be developed and taught to the class.
* Attendance and participation are graded every day the class meets.
* One (1) Dance/Theatre performance of choice will be attended and documented by the student.

**Required Text(s):**

No textbook is required for this course. Instructional materials will be distributed in class and/or on Canvas.

**Course Outline/Content:**

Please see the Modules section in the Canvas course.

**Etiquette Expectations (Netiquette):**

* It is expected that all students will communicate with one another and the professor in proper tone and civility, whether the communication is by electronic means, by phone, or face-to-face.
* E-mails are to be written in standard speaking style and not in popular abbreviations used online and/or using regional colloquialisms.
* Proper spelling and grammar are expected in communications with other students and the professor.
* Please be aware of and sensitive to all cultural differences of students and the professor when communicating.

**Course and University Policies:**

* Any student who, because of a disabling condition, may require special arrangements in order to meet course requirements should contact me as soon as possible to make necessary accommodations. Please click the link to the **Syllabus Supplement** for more detailed information: <https://www.pittstate.edu/registrar/_files/documents/syllabus-supplement-spring-2019-updated-10-5-18-.pdf>.
* As stated in the **Syllabus Supplement** regarding Dead Week Policy: (<https://www.pittstate.edu/registrar/_files/documents/syllabus-supplement-spring-2019-updated-10-5-18-.pdf>) "no tests or major assignments will be presented during the week prior to final examination week, unless identified in the course syllabus presented at the start of the semester."  For this class, final points, the syllabus, assignments, due dates, exams, and/or quizzes may be changed accordingly throughout the semester as deemed necessary by the professor.

**Additional Course Policies:**

* **Attend class**. *Regular attendance and participation in dance is expected*. ***Upon the fourth (4th) absence the student will lose one letter grade. In addition, three (3) late arrivals (tardiness) of 15 minutes or less will count as an absence. Being more than 15 minutes late to class will count as an absence.***

**Dance Class Rules:**

* Be respectful of the instructor and your classmates. This is a positive learning environment representing individuals with different dance backgrounds and levels. While you will be pushed to the best of your abilities and receive constructive criticism, it is not acceptable to ridicule or embarrass other classmates.
* Turn off all electronic devices as they will be confiscated if they go off during class.
* No food, drink, gum or otherwise in class. Water fountains are located near the classrooms. This is only a 50-minute class, so please use the restroom beforehand and ask permission during class if it is an emergency.
* Proper dance attire and shoes are required. The preferred jazz shoe is Bloch Super Jazz SO401L and any split sole ballet shoe. Clothing needs to be form fitting so that the instructor can see your lines and make corrections to posture and position. Leotards, unitards, tights, jazz pants, etc. are all acceptable. For class in the SRC, you must wear a cover up. Hair must be pulled back and no jewelry may be worn.

**Academic Honesty and Integrity Policy:**

* Students are expected to comply with the university’s academic honesty and integrity policy, which can be found at <http://catalog.pittstate.edu/contentm/blueprints/blueprint_display.php?bp_listing_id=162&blueprint_id=124&sid=1&menu_id=7980>

**Grading Policy:**

Course grades will be determined from earned scores of posted assignments. *Assignments may be changed/added/withdrawn at the discretion of the professor/instructor at any time during the semester.*

**Grading Scale:** **A = 100 – 90%**

**B = 89 – 80%**

**C = 79 – 70%**

**D = 69 – 60%**

**Minimum Technology Requirements:**

* Gorilla Geeks is a great resource for technical issues with Canvas, log ins, etc.  They can be reached at the following:
* Gorilla Geeks Help Desk:  1.620.235.4600
* E-mail:  [geeks@pittstate.edu](mailto:geeks@pittstate.edu)
* Web site:  <https://www.pittstate.edu/it/gorilla-geeks.html>
* Most everyone is new to the Leaning Management System (LMS) of Canvas.  If you are not completely comfortable with Canvas please click the link to a Canvas help page:   <https://www.pittstate.edu/it/information-technology-services/canvas.html>
* Students will need to be familiar and competent with general computer skills such as downloading information, saving, and uploading.  Advanced skills that may be necessary are video chat (mic and webcam) and uploading PowerPoint Presentations with a self-video embedded within.
* If you have technical questions, you can message the professor, use the Help menu on Canvas, and/or contact Gorilla Geeks (see above for contact information).

**Concealed Carry on the Campus of Pittsburg State University:**

In this course students will be asked, on a regular basis, to participate in activities (e.g., engaging in group work; using the board; testing; or performing short skits/role-playing scenarios). These activities may require students to be separated from their bags. Students have the option of keeping their bags with them at all times during such activities. Students are encouraged to read the online weapons policy (<http://pittstate.edu/dotAsset/ca5f2c95-67c7-426d-8da9-b42f5d00a936.pdf>) to ensure they understand the requirements related to concealed carry on the campus of Pittsburg State University.