

Faculty Senate Course Form

Effective Date: Fall 2026

Submission Date: 10/6/25

Department: Nursing

College of: Arts & Sciences

Contact Person: Karen Johnson

Create New, Revise, Inactivate, or Reactivate: Revision

Course #: NURS 265

Course Form:

- Used to create new course numbers or new prefixes.
- Used to change Name, Grading, Hours, Description, Reactivate
- Used to deactivate a course from the current catalog. Courses are never deleted. They are made inactive and can be legislated to become active again.

1. Purpose/Justification for the New course or Changes to existing:

Alignment with newly revised AACN Essentials and implementation of competency-based education.

2. Is this related to, and/or affect, any other department/college/unit curricula or programs at Pittsburg State University? *If "Yes", please provide an explanation. Provide documentation of any discussions (e.g. copies of emails, memos, etc.) that have occurred.*

Yes

No

Open to other majors within the University.

3. Is this course to be considered for General Education?

If "yes" this requirement will need approval of the General Education Committee after the revisions have been approved by Faculty Senate. The General Education Course Approval form will also need to be submitted.

Yes

No

4. Will this course be required of any education majors?

If "yes," this requirement will need approval of the Council for Teacher Education before upload to "College Curriculum Legislation" in SharePoint.

Yes

No

5. Will additional resources or costs be required?

Yes

No

If so, what will be needed?

PSU Faculty Senate 25-26

6. Will any additional course fees be required (e.g. equipment, clothing, travel, licensing, etc.)?

If "yes," complete the Course Fee Form on the Faculty Senate website, it will need to gain approval of the President's Council.

Yes No

7. Objectives/Student Learning Outcomes for NEW courses only, as it will appear in the syllabus:
Attach with upload.

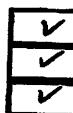
8. Assessment Strategies (e.g. exams, projects, university rubric, etc.), as it will appear in the syllabus:
Attach with upload.

Course Numbers cannot be changed, only created.

	Existing	New/Proposed
Title:	Health Promotion, Disease Prevention	Health Promotion, Disease Prevention
Course Number:	NURS 265	NURS 265
Credits:	2	2
Grading System:	A-F, IN	A-F, IN
Pre/Co-Requisite(s):	No	No
Course Description:	Concepts essential for health promotion and disease prevention across the lifespan. Emphasis is placed on levels of prevention, wellness, and teaching methods and planning.	This course introduces foundational concepts essential for health promotion and disease prevention across the lifespan with emphasis on strategies at the individual, family, and community levels. Students will explore wellness concepts, levels of prevention, and effective health teaching methods.

Authorization Sign-Off

Checklist: Check once verified.



- Required fields completed.
- Syllabus attached for new courses
- Assignment Strategies Attached

-Approved: Department Chair/Director

Date: 10/6/25 Signature, Chair/Director: Amy Chile

-Approved: College Curriculum Committee

Date: 1/14/26 Signature, Committee Chair: Christopher Childers

-Approved: Dean of College

Date: 1/14/26 Signature, Dean: Christopher Childers

-Approved: Council for Teacher Education (if applicable)

Date: _____ Signature, Council Chair: _____

-Approved: University Undergraduate Curriculum Committee

Date: _____ Signature, Committee Chair: _____

-Approved: Faculty Senate

Date: _____ Signature, Recorder Faculty Senate: _____

Originating Departments(s): After completing this form, please upload it to the SharePoint, within the appropriate College folder, "Preliminary Legislation", to allow for review and questions. Any modifications should be saved as "original file name.v2.docx" and uploaded as well.

Following final College Curriculum Committee approval, please apply the appropriate signatures, and send them to your College Administrator.

Course Name: Health Promotion, Disease Prevention

Course Number: NURS 265

Credit Hours: 2

Theory: 2

Clinical: 0

Clinical Experiences	Clock Hours
Direct Patient Care	0
Observation	0
Simulation	0
Precepted	0
Lab	0

Course Description: This course introduces foundational concepts essential for health promotion and disease prevention across the lifespan with emphasis on strategies at the individual, family, and community levels. Students will explore wellness concepts, levels of prevention, and effective health teaching methods.

Course Objectives

Course Objective	PSU SON Program Objectives	AACN Domain, Competency, & Sub-Competencies(s) Alignment	Learning Activities	Behavior Indicators: Developing (1-2)	Behavior Indicators: Developed (1-2)
Describe the foundational concepts of health promotion and disease prevention across the lifespan. (Blooms: Understanding)	Objectives: 1, 3, 4	<p>Domains: 1, 3, 4</p> <p>Competencies: 1.1, 3.1, 3.2, 3.3, 3.5, 4.1, 4.2, 4.3</p> <p>Sub-Competencies: 1.1a, b; 3.1a, b, c, e, f, g; 3.2b; 3.3a, b; 3.5a</p>	<p>Reading</p> <p>Virtual Case Study: Participate in an online case study illustrating health promotion strategies.</p> <p>Discussion Board: Post a discussion about foundational health promotion concepts.</p> <p>Quiz</p>	TBD	TBD
Discuss health promotion relative to individual and	Objectives: 2, 3, 6	<p>Domains: 2, 3, 6</p> <p>Competencies: 2.1, 2.2, 2.3, 2.8, 3.1, 3.2, 3.3, 3.4, 3.5</p>	Discussion Board: Discuss how community		

families in the community. (Blooms: Applying)		6.1, 6.2, 6.3, 6.4 Sub-Competencies: 2.1a, b, c; 2.2a, b, c, d, e, f; 2.3a, b, c, f; 2.8a, c, d; 3.1a, b, c; 3.2a, b, c; 3.3a, b; 3.4b, c, d; 3.5a, b	health promotion interventions are impacted by social determinants.		
Discuss interventions for health promotion, including screening, health education, stress management, and crisis interventions with individuals and families across the lifespan. (Blooms: Analyzing)	Objectives: 2, 5, 7	Domains: 2, 5, 7 Competencies: 2.1, 2.2, 2.3, 2.8, 5.1, 5.2, 5.3 7.1, 7.2 Sub-Competencies: 2.1a, b, c; 2.2a, b, c, d, e, f; 2.3a, b, c, f, g; 2.8a, b, c, ; 5.1a, b, c, d, e, f, g, h; 5.2a, b, c, d, e, f; 5.3a, b, c, d, e 7.1a, b, c, d; 7.2a, b, c, d, e, f; 7.3a, b, c, d	Case Study Analysis: Review a scenario involving a family requiring health promotion interventions.		
Apply health promotion and disease prevention	Objectives: 2, 3, 7	Domains: 2, 3, 7 Competencies: 2.1, 2.2, 2.3, 2.5, 2.8, 2.9, 3.1, 3.2, 3.3, 3.4, 3.5	Action Plan Development: Create an action plan for		

Interventions with individuals and families (Blooms: Applying)		<p>7.1, 7.2, 7.3</p> <p>Sub-Competencies: 2.1a, b, c; 2.2a, b, e, f; 2.3a, c, f; 2.5a, b, g; 2.8a, b, c; ; 2.9a, b, e</p> <p>3.1a, b, c; 3.2a, c; 3.3a, b; 3.4b; 3.5a</p> <p>7.1a, b, c, d; 7.2a, b, c, d, f; 7.3a, b, c, d.</p>	<p>a health promotion intervention targeting a family or individual, addressing specific health risks.</p>		
Develop and present a health promotion teaching project that addresses key objectives from Healthy People 2030 and focuses on improving health outcomes. (Blooms: Creating)	Objectives: 3, 4, 10	<p>Domains 3, 4, 10</p> <p>Competencies 3.1, 3.2, 3.3, 3.4, 3.5</p> <p>4.1, 4.2, 4.3</p> <p>10.1, 10.2, 10.3</p> <p>Sub-Competencies 3.1a, b, c; 3.2b; 3.3a, b; 3.4b, c; 3.5a</p> <p>4.1a, b, c, d, e, f, g; 4.2a, b, c, d, e; 4.3a, b, c, d</p> <p>10.1a, b; 10.2a, b, c, d, e, f; 10.3a, b, c, d, e, f, g, h, i.</p>	<p>Health Promotion Teaching Project PowerPoint Presentation – due by 11:59PM on Sunday. (Must be a voice-over recording in Studio- please see instructions and rubric in Canvas)</p>		