

DEPARTMENT OF HEALTH, HUMAN PERFORMANCE AND RECREATION
COLLEGE OF EDUCATION -- PITTSBURG STATE UNIVERSITY
Trends and Issues in Therapeutic Recreation
Spring 2020

Course number: REC 480

Credit Hours: 3

Instructor: Dr. Laura Covert Miller

Office: 102 SRC

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Title: Trends and Issues in T.R. Services

Course Time Schedule: M,W,F 10:00 – 10:50 Rm 102 SRC

Office Phone: 235-4670

Office Hours: M&W: 1:00 – 4:00 pm

Tue & Thur: 2:00 – 4:00 pm

Friday: apt. only

Course Description: The purpose of this course is to explore and examine current trends, issues, and professional concerns in therapeutic recreation. Students will also be given exposure to evidence-based programming and research.

Course Objectives & Outcomes:

1. List Standards of Practice and Professional Code of Ethics for therapeutic recreation. (90.07)
2. Explain TR certification and state licensure requirements. (90.08)
3. Relate TR practice models to therapeutic recreation programming processes.
4. Discuss the role and place of TR professional associations and how to maintain professional competence. (8.06:02)
5. Apply evidence-based practices through community-based projects

Course Format: This course will involve the following teaching/ learning techniques and/ or modalities:

1. Lectures and guest presenters
2. Discussions
3. Reading assignments
4. Audio visuals (DVDs, video, PowerPoint presentations, computers, and CDs)
5. Ethical Case studies
6. Professional journal articles and other print media

Course Resources: While there is a textbook required for this course, a variety of other resources will be used also, including:

1. The Therapeutic Recreation Journal
2. The ATRA Annual
3. Various documents and materials from ATRA and/ or NCTRC, and other professional organizations
4. YouTube
5. Internet sites and discussion groups
6. Various current articles and books that are germane to the purpose of this course

REQUIRED TEXTS: *Professional Issues in Therapeutic Recreation*, 3rd Ed., Stumbo, N.J., Wolfe, B. & Pegg, S. Editor; Sagamore Publishing, 2017; ISBN 978-157167-845-4 **REQUIRED**

Study Guide for the Therapeutic Recreation Specialist Certification Exam, 5th edition by Norma Stumbo & Jean Folkerth. Sagamore Publishing (2018). ISBN number 978-1-57167-925-3 eBook ISBN 978-1-57167-926-0. **REQUIRED**

NCTRC Exam Secrets Study Guide Publisher: Mometrix. ISBN: 9781610722469

Instructor Teaching Philosophy: *Learning through doing*

Course Requirements and Expectations

Class policies:

- i. **Attendance.** Attendance is taken for each class. If you are sick do not come to class, a doctor's note is required for the absence to be excused. If you will be gone for a school related function, a note from the teacher/sponsor/coach is required prior to the event. If there are other situations that arise which cause absences, please discuss this with Dr. Covert Miller. **If your grade is borderline at the end of the semester, grades will be determined by attendance and class participation.**

ii. **Academic Honesty.** I expect absolute honesty from all students in the completion of assignments and will accept nothing less. TR is a field where personal integrity is critical. Syllabus supplement with academic integrity policy:

<https://www.pittstate.edu/registrar/files/documents/syllabus-supplement-spring-2020-updated-10-7-19.pdf>

iii. **Completion of assignments.** Assignments are due at the beginning of the class period the day that they are due. Assignments that are not completed and ready to turn in at that time will be considered late. Points will be deducted for each day late. However, some of the completion dates listed in the course outline are “soft” and may need to be revised depending on how quickly material can be covered, balance with other assignments, etc.

v. **Cell phones:** If causing disruption to learning community, cell phones will be asked to be put away

***Expectations of students:** Students need to come to class on time, actively engage in class discussion, contribute to class projects, ask questions when needed, submit assignments on time, respect peers and professor and contribute to group projects.*

EVALUATION AND GRADE ASSIGNMENT

A. **Assessment:** Below are the course assignments with associated point totals. *(The instructor reserves the right to add or delete assignments as needed and deemed appropriate and fair)*

1. TR-Iffic Day of Play	50 Pts.
2. Attendance	50 Pts
3. EBP Intervention Outline & Special Education	30 Pts total
4. EBP Intervention Outline & The Learning Center	30 Pts. total
5. Power Point assignments	60 Pts (tentative)
6. In-class assignments (5 pts. each X 3)	15 pts. total
7. Final Exam	50 Pts

B. Grading Scale:	90-100	A	Excellent
	80 -89	B	Above Average
	70---79	C	Average
	60---69	D	Below Average
	< 50	F	Not Passing

ASSIGNMENTS

TR-Iffic Day of Play: Students will host a community spring event for populations with disabilities in the Pittsburg area. This event will be decided on as a class in the first weeks of the semester. Students will be responsible for planning and implementing the event and any other assigned duties. If students are unable to attend due to an unexcused reason, students will be required to complete four hours of volunteer service with an agency that works with individuals with disabilities or older adults. Points will be awarded for participation in class planning and the day of event. **Worth up to 50 pts. Tentative Date: Friday March 13th**

TR EBP Intervention w/The Learning Center: Students will research EBP/Trends used in TR. Students will then be divided into two groups. Within each group, students are to choose an evidence-based intervention to implement with The Learning Center students. The activities chosen by each group need to be connected. The activities chosen will then be implemented on Wednesday April 1st with the Learning Center students. Students are to create an outline that includes the following information:

What the intervention is

How the intervention is used/associated activities within the intervention

Example: sensory stimulation-what are the specific activities-aromatherapy, lap quilts, etc.

Populations this intervention is used with

Evidence to support intervention – written in paragraph form with APA citations

Bibliography – APA style

Outline due Monday March 30th. Each student must submit the outline on Canvas.

Outline: 15 pts./Implementation: 15 pts.

TR EBP Intervention w/ Special Education Class @ George Nettles: Students will research EBP/Trends used in TR. Students will then be divided into groups. Within each group, students are to choose an evidence-based intervention to implement with a Special Education class. Students are to create an outline that includes the information below. Dates and location will be established at the beginning of the semester. **Due date: Tentative based upon Special Education class.** Within the outline, students must include:

What the intervention is

How the intervention is used/associated activities within the intervention

Example: sensory stimulation-what are the specific activities-aromatherapy, lap quilts, etc.

Populations this intervention is used with

Evidence to support intervention – written in paragraph form with APA citations

Bibliography – APA style

Outline: 15 pts./Special Education class Implementation: 15 pts.

Fitness Evaluations w/Special Olympics: Students will be responsible for helping to complete fitness assessments with Special Olympics athletes. Assessments will be completed Wednesday March 4th during class. Assessments will be completed with Exercise Science students. Assessments will be taught in class prior to March 4th.

National Exam Preparation: Approximately 80% of jobs in TR require the CTRS credential. The exam is difficult, expensive and should not be taken lightly. Various quizzes will be completed via Canvas that reflect the CTRS exam. The study guides are required for class.

Standards of Practice and Code of Ethics: Students will complete in-class assignments reviewing ATRA standards of practice and code of ethics. 5 points.

State Licensure & Certification Requirements: Students will complete in-class assignments reviewing state licensure, national certification requirements, and how to maintain competency in the field. 5 points.

TR Practice Models: Students will complete in-class assignments reviewing TR practice models and how the practice models are integrated into TR practice. 5 points.

Final Exam: There will be final exam in the class. The format of the exam will be reflective of the CTRS exam. Questions will come from the CTRS study guides and also class content. Exam will be on Canvas. Date of exam: Monday May 11th @ Axe Library.

IMPORTANT DATES

1/20.....Martin Luther King, Jr., Holiday
1/21.....Classes begin
1/28..... Tuition due
1/28..... Last day for full tuition refund if withdrawing
1/28 Last day to add classes w/o permission of instructor
2/3..... Final day to drop w/o transcript notation
2/24.....Last day for half refund if withdrawing
3/16..... Mid-term D and F grades available after 5:00 pm
3/23 to 3/27Spring Break
4/13..... Final day to drop a course unless withdrawing from all classes
4/30.....Last day to withdraw from all classes
5/11 to 5/15 Finals week
5/15..... Deadline to remove/extend IN grades for 2019 WF
5/18 Grades due from faculty

TENTATIVE CLASS READING AND ASSIGNMENT SCHEDULE

(Topics, Reading, Assignments subject to change if needed)

Week of January 20	Overview of Class/Review of TR concepts Chapter 2: Historical Analysis of TR & RT
Week of January 27	World Demographics & ICF – Chapters 5 & 6 Master’s Degree for Practice – Chapt. 13
Week of February 3	Service Trends – Chapt. 16 Clinical Practice Guidelines – Chapt. 19/Reimbursement
Week of February 10	KRPA – No Class Monday TR Practice Models – Chapt. 17 Role of Theory in TR – Chapt. 26 TR Day Prep
Week of February 17	Licensure/Certification – Chapt. 22 Guest Speaker – Kory Haught Wednesday TR Day Prep
Week of February 24	Standards of Practice & Code of Ethics TR Day Prep
Week of March 2	Evidence Based Practice – Chapt. 18/EBP Research Learning Center TR Day Prep Fitness Evaluations w/SO & Exsc Science
Week of March 9	EBP Project Learning Center TR Day Prep (W) TR-Iffic Day of Play - Friday
Week of March 16	EBP Project Learning Center CTRS Exam Review (F)
Week of March 23	<i>SPRING BREAK! HAVE FUN, BE SAFE! ☺</i>
Week of March 30	Prep The Learning Center (M) The Learning Center Activity - Wednesday CTRS Exam Review (F)
Week of April 6	Cross Collaboration in TR – Chapter 30 CTRS Exam Review
Week of April 13	CTRS Exam Review
Week of April 20	Midwest TR Symposium No Class Monday GN Observation Wednesday
Week of April 27	CTRX Exam Review GN Prep M/GN Intervention Wednesday
Week of May 4	CTRS Exam Review GN Prep M/GN Intervention Wednesday

Week of May 11

Final: Monday May 11th