

**DEPARTMENT OF HEALTH, HUMAN PERFORMANCE AND RECREATION
COLLEGE OF EDUCATION -- PITTSBURG STATE UNIVERSITY
Spring 2019**

Course number: REC 460	Title: Theory of TR Program Design & Service Delivery
Credit Hours: 3	Course Time Schedule: 8:00-9:15 Tues, Thurs
Instructor: Dr. Laura Covert Miller	Office Phone: 235-4670
Office: 101 SRC	Office Hours: M & W-1:00 – 4:00 T & Th: 2:00 – 4:00 pm
E-mail: lcovert@pittstate.edu	Friday: apt. only

I. **COURSE DESCRIPTION:** This course will focus on therapeutic recreation service methods including such topics as the systems approach to program development, activity analysis, marketing and promotion and evaluation methods. There will be a major comprehensive program planning project and interventions project.

II. **COURSE OBJECTIVES:** Upon successful completion of this course the student will be able to demonstrate the following knowledge and/or skills:

- A. Compare and model health care and therapeutic recreation delivery models, theories and concepts. **(9D.01)**
- B. Design therapeutic recreation programs based on the TR programming process including selection of activity content and facilitation/intervention, method of finance, marketing techniques and evaluating client and program outcomes. **(9D.01, 9D.10, 9D.13, 9D.14, 9D.15, 9D.17, 9D.19)**
- C. Apply the nature and implications of governmental regulations, professional standards of practice, external accreditation, and agency standards relative to therapeutic recreation service programs **(9D.07)**
- D. Apply inclusive practices to the design and operation of accessible therapeutic recreation programs, services and facilities. **(9D.12)**
- E. Design evaluative tools and methods to collect and utilize evaluative information to document client outcomes and program outcomes. **(9D.19)**
- F. Apply legal and ethical principles to the practice and conduct of therapeutic recreation services **(9D.21)**

III. **INSTRUCTIONAL RESOURCES**

Therapeutic Recreation Program Design: Principles and Procedures, 5th Edition by Stumbo and Peterson; Pearson Benjamin Cummings, 2009. **REQUIRED**
ISBN #13:978-0-321-54188-8 or 10:0-321-54188-X.

Other Class Materials: Additional class materials, handouts, etc. will be provided for you or made available to download from Canvas. Included will be the assignments for the class, and other materials needed for successful completion of the class. You need to be in class each day to receive these materials.

IV. **TEACHING STRATEGIES**

- A. Traditional Experiences – Lectures, videos and class demonstrations will be made by the instructor. Students will do small group work, written work and oral presentations.
- B. Practical Experiences – Simulated evidence based practice procedures
- C. Guest speakers

V. **EVALUATION AND GRADE ASSIGNMENT**

A. **Assessment:** Grading in this course is based on a point system. *(The instructor reserves the right to add or delete assignments as needed and deemed appropriate and fair)*

1. Comprehensive Programming Assignment(s)	40 Pts (up to)
2. TR Program Classroom presentation	50 Pts
3. Mid Term Exam	50 Pts
4. Comprehensive TR Program	100 Pts.
5. Attendance	50 Pts.

B. Grading Scale:	90-100 pts	A	Excellent
	81- 89 pts	B	Above Average
	70---80 pts	C	Average
	65---69 pts	D	Below Average
	< 65 pts	F	Not Passing

C. **Class policies:**

i. **Attendance & Participation.** This is one of the final TR courses that you will take prior to completing your internship. The course focuses on critical skill areas designed to prepare you for the internship experience; to help you get ready for the national certification exam and to prepare for employment as a recreation therapist. Attendance is taken for each class. If you are sick do not come to class, a doctor's note is required for the absence to be excused. If you will be gone for a school related function, a note from the teacher/sponsor/coach is required prior to the event. If there are other situations that arise which cause absences, please discuss this with Dr. Covert Miller. **If your grade is borderline at the end of the semester, grades will be determined by attendance and class participation.**

ii. **Academic Honesty.** I expect absolute honesty from all students in the completion of assignments and will accept nothing less. TR is a field where personal integrity is critical. Syllabus supplement & academic integrity policy: https://www.pittstate.edu/registrar/_files/documents/syllabus-supplement-spring-2019-updated-1-3-19-.pdf

iii. **In-Class Assignments.** There will be various in class assignments throughout the semester. If you miss the class with an unexcused absence, you will not be able to make up those points missed.

iv. **Completion of assignments.** Assignments are due at the beginning of the class period that they are due. Assignments that are not completed and ready to turn in at that time will be considered late. Points will be deducted for each day late. However, some of the completion dates listed in the course outline are "tentative" and may need to be revised depending on how quickly material can be covered, balance with other assignments, etc.

v. **Cell phone policy:** If causing disruption to learning community, cell phones will be asked to be put away

Major Assignments

Comprehensive TR Program Plan Problem

Students will create their own Therapeutic Recreation program for a hypothetical organization. Since starting teaching at Pitt, at least four students created their own TR program. You will be creating everything from scratch, the program philosophy, the program content, budget, schedules, etc. This project will be broken down into sections throughout the course of the semester. The completed program is to be submitted in a binder. Refer to the handout given in class. Total Points Possible: 100 pts. (This is your final). Due date: Tuesday, May 7th.

TR Program Presentation

You will be presenting your comprehensive TR program to the class at the end of the semester. You are to look professional when presenting. Sections to include within the presentation can be found on Canvas and within a rubric. (This is part of your final) Total Points Possible: 50. Presentations will begin the week of April 29th. Presentation must last a minimum of 15 minutes.

Mid-Term Exam: There will be one test, the mid-term. Students will complete the test on Canvas. The test will be reflective of the format of the CTRS exam. The test will be timed. Test is worth 50 points.

Comprehensive program assignments: Students will be responsible for completing assignments throughout the semester related to the comprehensive program. Assignments will be at least bi-weekly, if not weekly. This is to help students comprehend the project and complete each section in a timely manner. Due dates for assignments will be given throughout the semester. Time will be given in class to complete some assignments.

IMPORTANT UNIVERSITY DATES

1/14.....Classes begin
1/21.....Martin Luther King, Jr., Holiday
1/22..... Tuition due
1/22..... Last day for full tuition refund if withdrawing
1/22 Last day to add classes w/o permission of instructor
1/28..... Final day to drop w/o transcript notation
2/19.....Last day for half refund if withdrawing
3/11..... Mid-term D and F grades available after 5:00 pm
3/11 to 3/15Spring Break
4/5..... Final day to drop a course unless withdrawing from all classes
4/25.....Last day to withdraw from all classes
5/6 to 5/10..... Finals week
5/10..... Deadline to remove/extend IN grades for 2018 WF
5/13 Grades due from faculty

(Topics, Reading, Assignments subject to change if needed)

Week of January 14	Overview of Class Review of TR concepts and APIE Chapters 1 & 3
Week of January 21	Leisure Ability Model; TR Accountability Model
Week of January 28	TR Theories/Comp. TR Program Evidence Based Programming
Week of February 4	NO CLASS TUESDAY KRPA Evidenced Based Programming Comp. TR Program
Week of February 11	Comprehensive Program: Philosophy, Mission, Vision, Goals
Week of February 18	Comprehensive Program: Specific Programs-alignment w/program Purpose statements, program objectives
Week of February 25	Comp Program: Specific Programs Evidenced Based Programming/Populations/Interventions: Selection & Activity Analysis
Week of March 4	Evidenced Based Programming/Populations/Interventions Protocols
Week of March 11	SPRING BREAK! HAVE FUN, BE SAFE! ☺
Week of March 18	Evidenced Based Programming/Populations/Interventions/Treatment protocols Mid-term exam due Thursday
Week of March 25	Treatment Protocols
Week of April 1	Budget & Scheduling
Week of April 8	Program Evaluation
Week of April 15	Program Evaluation
Week of April 22	Work Days NO CLASS ON THURSDAY Midwest TR Symposium
Week of April 29	Presentation of Program
Week of May 6	Presentation of Program: TUESDAY MAY 7TH