

Pittsburg State University
College of Education
Department of Health, Human Performance and Recreation
Fall 2020

REC 280 – RECREATION METHODS & LEADERSHIP

Course number: REC 280

Credit Hours: 3

Instructor: Dr. Sarah Ball

Office: 101M Student Recreation Center

Zoom Office Hours: by appointment

Title: Recreation Methods & Leadership

Course Time: 12:00p – 12:50p M/W (Zoom) F (NG Gym)

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NOTE

Schedule/assignment changes may occur at the discretion of the instructor and as necessary to meet instructional needs. Changes will be communicated to the students through verbal and Canvas class announcements.

COURSE DESCRIPTION

This course is intended to introduce the student to a broad range of games and activities for use in recreation and leisure service programming for people of all ages and abilities. We will explore game/activity leadership theory and how to develop, plan and lead play, games and activities as well as participate in various games and activities. (Prerequisite: REC 240 or instructor approval)

Purpose of Course

Upon completion of this course, each student should:

1. Better understand the significance of play, recreation, and leisure throughout the life cycle relative to the individual's attitudes, values, behaviors, and use of resources.
2. Understand FLOW theory
3. Understand the role and function of the leader and leadership techniques and group dynamics in using play/games/activities with all age groups and abilities.
4. Understand the principles involved in identifying, developing, planning and using a broad range of resources for play/games/activities in recreation and leisure service agencies.
5. Develop, plan, and implement a sport, physical activity, or new game to fellow students.
6. Develop a portfolio of play, games, and activities for personal and professional use.

Required Course Text

Jordan, D. (2017). *Leadership in Leisure Services: Making a Difference 4th Edition*. State College, Pennsylvania. Venture Publishing. ISBN-13: 978-1-57167-855-3

Course Format: Monday and Wednesday classes will meet online via Zoom (required). Friday groups will meet in the student recreation center. This course will be conducted using a variety of teaching and learning methods and techniques, with the primary approaches being being interactive and practical.

Completion of Assignments. Assignments are due at the beginning of the class period that they are due. Unless, otherwise noted on canvas or in class. No late assignments will be accepted. Assignments may be added or retracted from the syllabus. If you are absent and miss an in-class assignment you will NOT be able to make-up that assignment.

Class Format. The scheduled class time is from 12:00PM to 12:50 PM on Mondays, Wednesdays, and Fridays. The class ends when the instructor finishes. Do not put things away early.

Academic Honesty. I expect absolute honesty from all students in the completion of assignments and will accept nothing less. Cheating in any form will not be tolerated and you will be dropped from the class and be given an F or XF.

ACADEMIC INTEGRITY POLICY

Academic dishonesty by a student is defined as unethical activity associated with course work or grades. It includes, but is not limited to:

- (a) Giving or receiving unauthorized aid on examinations.
- (b) Giving or receiving unauthorized aid in the preparation of notebooks, themes, reports, papers or any other assignments.
- (c) Submitting the same work for more than one course without the instructor's permission, and,
- (d) Plagiarism. Plagiarism is defined as using ideas or writings of another and claiming them as one's own. Copying any material directly (be it the work of other students, professors, or colleagues) or copying information from print or electronic sources (including the internet) without explicitly acknowledging the true source of the material is plagiarism. Plagiarism also includes paraphrasing other individuals' ideas or concepts without acknowledging their work, or contribution. To avoid charges of plagiarism, students should follow the citation directions provided by the instructor and/or department in which the class is offered.

The above guidelines do not preclude group study for exams, sharing of sources for research projects, or students discussing their ideas with other members of the class unless explicitly prohibited by the instructor. Since the violation of academic honesty strikes at the heart of the education process, it is subject to the severest sanctions, up to and including receiving an "F" or "XF" (an "XF" indicates that "F" was the result of academic dishonest) for the entire class and dismissal from the university. For a full copy of this policy and the supplemental syllabus see:

http://catalog.pittstate.edu/contentm/blueprints/blueprint_display.php?bp_listing_id=162&blueprint_id=124&sid=1&menu_id=7980

Classroom Etiquette: It is really important in any class to be respectful of others, as well as, respectful of the instructor. Please follow these simple rules of decorum in the classroom.

1. If you are late for class please slip in as quietly as possible and take the first available seat so as to minimize the disturbance you have created.
2. Take care of personal needs BEFORE class. If you need to leave class for ANY reason you are not allowed to disturb the class a second time by coming back in.
3. Cell phones – please be sure your cell phone is either turned off or set to 'silent' (not vibrate). Calls or text messages are NEVER to be taken during class. DO NOT send text messages during class. This is not only rude but a distraction for students and a huge distraction for the instructor.
4. iPods and other electronic devices– please remove ear buds during class and do not be listening to your iPod or other electronic devices at any time during class.
5. Laptops, iPads, etc. – In this classroom are a privilege not a right. There is no problem with using your laptop for note taking purposes only.

Classroom Dress Code: No hats, hoodies, or sunglasses worn in class. I need to be able to see your eyes. Activewear and sneakers/closed toed shoes to be worn on activity days. PSU mask policy – masks must be worn in in-person classes.

Communication with Instructor: Any form of communication, besides in-person meetings, with instructor (e-mails, phone messages, ect.) must contain students first and last names and course title. Subject title e-mails with the course number "REC 280" with your name and reason (i.e. REC 280 – Usain Bolt – Meeting?). Time is valuable; to make sure we are all using our time valuably, schedule a meeting with me via email to make sure I will be there and can be prepared to discuss the issue at hand.

Course Requirements: Each student will complete the following assignments to pass the course. Final grades will be earned based upon the total points accumulated from exams, assignments, and class participation. Grades will be determined earned as follows:

Final Grades
90% + = A
80-89%= B
70-79%= C
60-69%= D
59% or less = F

Assignment	Points
Tests (100 points each)	400
Group Led Activities (100 points each)	300
Group Led Activities Proposal	20
Group Led Activities Participation (10 points each)	Up to 80
In-class/Alternate Activities (5 points each)	Up to 145
Interview with a Recreation Leader	50

- A. *Tests:* There will be 4 online tests during the semester via Canvas, including the Final Exam (comprehensive final exam). The tests will cover the material from the texts, lectures, and other materials (labs, videos, handouts, and guest speakers.) No make-up tests will be given. Tests are worth 100 points each. **(400 total points)**

- B. *Group Led Activities:* In groups, students will lead three activities they have proposed (20 point assignment) and that have been approved by instructor. Teaching dates will be assigned at the beginning of the semester. The session must be for a total of 20 minutes. An activity write-up must be submitted to Canvas prior to the activity date (guidelines provided in class). Worth 100 points for each activity. **(300 total points)**
 - a. *Participation in Group Led Activities.* Each student is expected to participate in other classmates' activities. This means you should come prepared (dress, other needed items), be on time and stay the duration of the class, and participate in activity to the best of your ability. Students will receive **10 points** for every activity they successfully participate in.

Tentative Schedule – Group Activities

Group A / Group B

Group 1A	8/28	9/25	10/23
Group 1B	9/4	10/2	10/30
Group 2A	8/28	9/25	10/23
Group 2B	9/4	10/2	10/30
Group 3A	9/11	10/9	11/6
Group 3B	9/18	10/16	11/13
Group 4A	9/11	10/9	11/6
Group 4B	9/18	10/16	11/13
Make-up Groups A & B	11/20	--	--

- C. *Interview with a recreation leader.* Student will identify a professional in the recreation field and conduct an interview to explore leadership methods used in practice. The interview content will be written-up in a minimum 2 full-page, 12-point font, 1 inch margins, double spaced document. More detailed instructions will be posted on Canvas. 50 points.
- D. *Participation/in-class/alternate activities.* In-class activities (different than student led activities) will take place during various class dates. Students that successfully participate in these activities will receive **5 points**. Students must be present in order to receive credit, no make-up assignments.

TENTATIVE READING/ASSIGNMENT SCHEDULE
ASSIGNMENT AND TEST DATES ARE SUBJECT TO CHANGE

Week	TOPIC	OTHER ITEMS DUE
1	Intro of course/syllabus/Chapter 1, lab Friday	
2	Chapter 1 and lab activities	
3	Chapter 2 and lab Friday (no class 9/7 - holiday)	
4	Chapter 2 and lab activities	
5	Chapter 3 and lab activities	
6	Chapter 4 and lab activities	Exam 1
7	Chapter 5 and lab activities	
8	Chapter 6 and lab activities	
9	Chapter 7 and lab activities	
10	Chapter 8 and lab activities	
11	Chapter 9 and lab activities	Exam 2
12	Chapter 10 and lab activities	
13	Chapter 11 and lab activities	
14	Chapter 11	
15	No Classes Thanksgiving Break	
16	Chapter 12	Exam 3
17	Finals Week	Final Exam