

DEPARTMENT OF HEALTH, HUMAN PERFORMANCE AND RECREATION

COLLEGE OF EDUCATION

PITTSBURG STATE UNIVERSITY

Fall 2020

Course Number: **REC 160**
Credit Hours: **3 hours**
Instructor: **Dr. Rick Hardy, CHE** (he/him/his)
Office: Room **101-D SRC**
Email: *rhardy@pittstate.edu*

Title: **Intro to Recreation Services, Sport & Hospitality Mgt**
Course Time Schedule: **10:00-10:50 MWF - Rm 219**
Office Phone: **620-235-4281**
Office Hours:
Monday: 10:55-12:55 & 14:00-16:00
Tuesday: 10:00-14:00
Wednesday: 10:55-12:55
And other times by appointment.

NOTE:

Schedule/assignment changes may occur at the discretion of the instructor and as necessary to meet instructional needs. Changes will be communicated to the students through verbal and canvas class announcements.

COURSE DESCRIPTION

A basic course designed to introduce the student to the history, philosophy, concepts, trends, and developments in recreation/leisure services. In addition to exploring various job opportunities, settings, and service providers in the recreation/leisure field, the student will identify and explore his/her own "leisure ethic". Multicultural, international and influence of social institutions are also discussed. Both lecture and experiential techniques will be used to present content material.

COURSE OBJECTIVES & OUTCOMES

After this course students should be able to:

- Define recreation, leisure, play, and other terms used in the field of recreation. (8.01 conceptual foundations of P, R and L; 8.02 significance of P, R, and L in contemporary society)
- Discuss the history of recreation and leisure and the recreation profession in the United States (8.06.01 hist. of profession, 8.07 ethical principles and professionalism,)
- Describe the role of recreation and leisure on the life cycle. (8.03 significance of P, R, and L throughout the lifespan, 8.04 interrelationship between leisure behavior and the nat. environment)
- Identify socio-cultural factors related to recreation and leisure (8.02 significance of P, R, and L in contemporary society)
- Understand the importance balancing the provision of recreation in an increasingly diverse society (8.10 Understand the importance of leisure service systems for diverse populations)
- Understand the role of recreation and leisure on American society.
- Understand the importance of state and federal land management agencies on outdoor recreation in America (8.05 environmental ethics; 8.13 Understanding the variety of programs/services to enhance individual, group, community quality of life)
- Identify the providers of recreation. (8.13)
- Be aware of diverse career opportunities in the recreation and leisure field
- Be knowledgeable of the settings in which leisure service provider's work. (8.13)
- Know the various professional organizations in the recreation and leisure field. (8.06.02 Professional Organizations; 8.08 Understand importance of maintaining professional competence and resources for professional development)
- Identify the trends, issues, challenges affecting the present & future of recreation and leisure. (8.06:03 Current issues and trends in the profession)
- Describe inclusive practices as they pertain to operating programs and services (8.11.01)

INSTRUCTIONAL RESOURCES

Required Textbook and Materials: There is a textbook required for the class. Other required course materials, including video note taking guides will be available on Canvas or given out in class.

Textbook: *Introduction to Recreation & Leisure 3rd Ed., Tapps & Wells, Editors., Human Kinetics*
978-1-4925-4312-1

Additional readings and resources: All additional course materials that may be needed for the course will be available on Canvas for reading, downloading, or printing.

TEACHING STRATEGIES

A variety of teaching strategies will be used in the class including lecture, class discussion, video or slides, guest speakers, and library research.

EVALUATION, WEIGHTING SYSTEM, AND GRADE ASSIGNMENT

(Reminder—to be accepted to the Recreation major you must earn at least a 2.5 GPA in REC 160 and 240. You must ALSO have a 2.5 GPA in the major to be allowed to do an internship in the major)

This class is NOT graded on a curve. It is a required course in the major. By using a weighted grading system every student has an equal opportunity to receive an A grade. Your final grade will be based on your own achievement in the class rather than your performance compared to all others in the class. Thus, the only person you are competing against in the class is yourself.

It is EASY to earn a good grade in this class if you do just 5 things:

- Come to class each class period and be here when roll is taken (if you are not here you will be counted as absent).
- Do the assigned reading before class. There may be unannounced quizzes during the semester based on the reading for a particular day.
- Prepare well for exams. At least 65% of every exam is taken from the book. You NEED the book.
- Turn assignments in on time. No late assignments accepted.
- Take advantage of all extra credit opportunities (these usually get you a grade bump).

ACCESS TO THE STUDENT RECREATION CENTER (SRC)

To gain access to the SRC workout, gyms, etc. you **must** have you “ACTIVE” PSU student ID with you. PSU needs to be able to ensure that the SRC is being used by the people authorized to be using it. “Approved users are currently enrolled students, staff with paid membership or individuals approved access by the Department of Campus Recreation. You could be denied access into the Recreation Center if you don’t have your valid ID in your possession at the time of entry. This could impact you attendance in classes and/or your grade. PLEASE BRING YOUR ACTIVE PSU ID CARD WITH YOU EVERY DAY.

EXPECTATIONS OF STUDENTS

This class is a professional preparation course. It is the first in a series of professional preparation courses for students planning a career in the field of recreation. A basic understanding of recreation behavior is important to those who will affect the lives of individuals over the course of their careers and make decisions concerning the use of funding that they are given stewardship over. This course is important and I am committed to a high expectation for myself as the instructor. I hope you will commit yourself to an equally high standard as a participant in the class. The following policies are intended to prevent disruption and distraction by those students for whom they are intended.

Class Attendance. Attendance will be taken each class period. You need to be here when the roll is taken and remain for the entire class or you will receive an unexcused absence. Absence for any reason will be counted if they are not excused. This includes absences for athletic competition. You must notify me in advance of any school sanctioned events to be excused. You are permitted 3 absences. Your 4th absence is when your grade will be affected. At 4 absences your final grade will be reduced one letter grade. If you reach 5 absences you may be dropped. Note, if you are not here when I take roll this will count as an absence.

Completion of Assignments. Assignments are due at the beginning of the class period that they are due. Unless, otherwise noted on canvas or in class. No late assignments will be accepted. Assignments may be added or retracted from the syllabus. If you are absent and miss an in-class assignment you will NOT be able to make-up that assignment.

Class Format. The scheduled class time is from 10:00-10:50 MWF. The class ends when the instructor finishes. Do not put things away early.

Academic Honesty. I expect absolute honesty from all students in the completion of assignments and will accept nothing less. Cheating in any form will not be tolerated and you will be dropped from the class and be given an F or XF.

ACADEMIC INTEGRITY POLICY

Academic dishonesty by a student is defined as unethical activity associated with course work or grades. It includes, but is not limited to:

(a) Giving or receiving unauthorized aid on examinations.

(b) Giving or receiving unauthorized aid in the preparation of notebooks, themes, reports, papers or any other assignments.

(c) Submitting the same work for more than one course without the instructor's permission, and,

(d) Plagiarism. Plagiarism is defined as using ideas or writings of another and claiming them as one's own. Copying any material directly (be it the work of other students, professors, or colleagues) or copying information from print or electronic sources (including the internet) without explicitly acknowledging the true source of the material is plagiarism. Plagiarism also includes paraphrasing other individuals' ideas or concepts without acknowledging their work, or contribution. To avoid charges of plagiarism, students should follow the citation directions provided by the instructor and/or department in which the class is offered.

The above guidelines do not preclude group study for exams, sharing of sources for research projects, or students discussing their ideas with other members of the class unless explicitly prohibited by the instructor. Since the violation of academic honesty strikes at the heart of the education process, it is subject to the severest sanctions, up to and including receiving an "F" or "XF" (an "XF" indicates that "F" was the result of academic dishonest) for the entire class and dismissal from the university. For a full copy of this policy and the supplemental syllabus see:

http://catalog.pittstate.edu/contentm/blueprints/blueprint_display.php?bp_listing_id=162&blueprint_id=124&sid=1&menu_id=7980

Classroom Etiquette: It is really important in any class to be respectful of others, as well as, respectful of the instructor. Please follow these simple rules of decorum in the classroom.

1. If you are late for class please slip in as quietly as possible and take the first available seat so as to minimize the disturbance you have created.
2. Take care of personal needs BEFORE class. If you need to leave class for ANY reason you are not allowed to disturb the class a second time by coming back in.
3. Cell phones – please be sure your cell phone is either turned off or set to 'silent' (not vibrate). Calls or text messages are NEVER to be taken during class. DO NOT send text messages during class. This is not only rude but a distraction for students and a huge distraction for the instructor. I will ask to hold your phone until the end of class. ***If I see your cell phone you get one warning, 2nd time you're asked to leave, third time you will be dropped.***
4. iPods and other electronic devices– please remove ear buds during class and do not be listening to your iPod or other electronic devices at any time during class.
5. Laptops, iPads, etc. – In this classroom are a privilege not a right. There is no problem with using your laptop for note taking purposes. Any other use of your laptop during class time is extremely rude and inconsiderate. It is easy to tell when people are using laptops for purposes other than note taking and you will lose the laptop privilege if you are discovered chatting, e-mailing, web browsing, Facebook, Twitter, etc.

Classroom Dress Code: ***No hats, hoods, or sunglasses worn in class. I need to be able to see your eyes.***

Communication with Instructor: Any form of communication, besides in-person meetings, with instructor (e-mails, phone messages, etc.) must contain students first and last names and course title. Subject title e-mails with the course number "REC 160" with your name and reason (i.e. REC 160 – Usain Bolt – Meeting?). Time is valuable; to make sure we are all using our time valuably, schedule a meeting with me via email to make sure I will be there and can be prepared to discuss the issue at hand.

Extra Credit Opportunity: VOLUNTEER IN THE FIELD!!! For every hour that you volunteer you will earn **5 extra credit points**. You may earn no more than 25 points of extra credit. With each activity, you must have a staff member sign off and you write a brief summary (½ page) of the event. Time may only be counted once; it will not be counted for more than one class. Extra credit will be added to the final grade. If you sign up and don't show up for any opportunities you will not be allowed to receive extra credit throughout the remainder of the semester. Opportunities must be approved.

DESCRIPTION OF ASSIGNMENTS

1. Personal Recreation Experience Paper

(Due the second week of class, on your section class day at 10:00AM (HARD COPY) handed to me)

This paper requires no reading or outside research! Think of the most memorable or meaningful recreational event of your life to this point, no matter what it is. Try to recall as much detail about that experience as you can. The event may be something that happened very quickly (you were skydiving and your main parachute didn't open so you had to use your emergency parachute) or something that took some time to unfold (you climbed Mount Everest and it took 3 months). The choice is completely up to you. Write a descriptive paper about that experience: minimum 2 full pages of text, turned in on Canvas - PDF format, double spaced, 1 inch margins all the way around, Arial font, 12 point type, with a cover page containing the title of your paper, your name, due date of assignment, class number, and title. A portion of your grade will be based on these things.) Describe the experience with as much detail as you can, tell who you were with or if you were alone, explain what emotions or feelings you associate with that event, and explain why this particular experience is so memorable or meaningful to you. **(100 points)**

2. Interview with a Recreation Professional that works OFF Campus --

(Due the eighth week of class, on your section class day at 10:00AM (HARD COPY) handed to me)

An interview with someone in the field of Recreation. The person you interview must be a full-time employee who is in a professional or leadership position (must be approved by instructor by **September 11th**). The name of the person, organization, and position title of the person must be on the assignment when you turn it in. Interview must consist of a minimum of 15 questions and written in paragraph form as a paper. This interview is designed to help you learn more about the profession. We will go over appropriate interview questions and interview etiquette in class. **(100 points)**

3. Inventory of Your Leisure Time

(This will be handed out in class)

For this assignment you will be given a form that will be used to account for the use of your time for 1 week (168 hours). You will keep track of your activities 24 hours per day for seven days and fill them in on the form. Then you will separate your time into several categories (work, sleep, school, leisure, etc.). You will analyze the use of your time and answer some questions about your results. The form and materials you need will be distributed in class. **(100 points)**

4. Exams (8 total)

Exams will cover any assigned material from the class textbook. All exams will cover the assigned articles and material presented in class. All assigned reading and information presented in class (lecture, video, guest speaker, etc.) will be considered fair material to present on an examination. All exams are worth 100 points.

(800 total points)

5. Attendance / In-Out of Class Exercises

These are short, (10 point) exercises in which you will express an opinion, complete a task or be part of a group problem solving exercise. There will be several of these throughout the semester. They will be unannounced and may come at any point during the class. If you are in class you will have the opportunity to receive full credit. If you are not you will receive a 0 on the exercise and it cannot be made up. **(100 total points)**

Grading

Final grades will be earned based upon the total points accumulated from exams, assignments, and class participation. Grades will be determined earned as follows:

- 90% + = A
- 80%-89%= B
- 70%-79%= C
- 60%-69%= D
- <60% = F

Personal Recreation Experience Paper – 50
Interview with a Recreation Professional – 100
Inventory of Your Leisure Time – 50
Exams – 750
Attendance and In & Out of-Class Exercises – 50
Total points 1000

Calculate your grade by dividing YOUR POINTS by TOTAL POINTS (i.e. $784/1000 = .784$ or 78%)

*****The instructor reserves the right to make changes to the above syllabus at any time during the semester. These changes, if made, will be made after a 72 hour posted notice to the class.*****

TENTATIVE COURSE SCHEDULE:

<u>Date</u>	<u>Subject</u>	<u>Reading Assignment</u>
Week 1	Syllabus Power, Promise, etc & History	Chapter 1
	Pre-Test	
Week 2	History & Philosophy & Leisure Personal Rec Exp Paper Due	Chapters 2 & 3
Week 3	Leisure & Rec for Individuals	Chapter 4
Week 4	Across the Life Span / Quality of Life Resume Due	Chapters 12 & 15
	TEST 1	
Week 5	Leisure Serv Delivery Systems / Program Del Systems	Chapters 5 & 13
Week 6	Therapeutic Rec	Chapter 10
	TEST 2	
Week 7	Public Rec	Chapter 7
Week 8	Nonprofit	Chapter 8
	TEST 3	
Week 9	For-Profit RET Interview Completed & Due	Chapter 9
Week 10	Unique Groups	Chapter 11
	TEST 4	
Week 11	Parks and Outdoor & Adventure Rec Time Inventory Due	Chapters 6 & 16
Week 12	Sport Mgt	Chapter 14
	TEST 5	
Week 13	Arts & Culture	Chapter 17
Week 14	Purple Rec	Class
	TEST 6	
Week 15	The Profession & International Perspectives Thanksgiving Break	Chapters 18 & 19
Week 16	Review Post-Test	
Week 17	Finals Week TEST 7	