

Janice Jewett

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Formal Education

University of Nebraska-Lincoln, Doctor of Philosophy (Educational Studies with a Specialization in Educational Leadership and Higher Education), 2007

Pittsburg State University, Master of Science, Physical Education (Emphasis in Recreation Therapy), 1986

Pittsburg State University, Bachelor of Business Administration (Major in Accounting), 1984

Professional Experience

Professor, Pittsburg State University, 2016- present. Responsibilities include teaching both undergraduate and graduate recreation administration courses, dance and community and worksite wellness courses as well as serving as coordinator of the Minor and Certificate in Dance programs.

Associate Professor, Pittsburg State University, 2009 – 2016. Responsibilities include teaching both undergraduate and graduate recreation administration courses, dance and fitness management courses as well as serving as recreation program coordinator (2007 – 2012) for the department. Coordinator of the recreation program involved maintaining accreditation status and administering review and changes to the recreation curriculum and major.

Assistant Professor/Instructor, Pittsburg State University, 1994-2008. Responsibilities included teaching recreation administration courses, dance and fitness management courses. Served as the Director of the PSU Exercise Physiology Lab from 2001-2006 and the Director of Aerobic Fitness Programs from 1994-1999.

Group Fitness Instructor, Pinamonti Wellness Center, Pittsburg, KS 2016-present. Responsibilities include maintaining current CPR/First Aid Certification, instructing group fitness classes and recruiting new members.

Group Fitness Instructor, Pittsburg State University, Pittsburg, KS 1994-present. Responsibilities include instructing and coordinating various group fitness classes for faculty, staff and students in various capacities.

Group Fitness Instructor, City of Pittsburg, KS 1990-1994. Taught group fitness classes to city employees.

Activity Director for PSU's National Youth Sports Program, 1995-1999. Responsibilities included recruiting campers, hiring and training staff, planning activities, overseeing the grant and supervising daily camp operations for a six-week summer camp.

Director, Pittsburg Parks and Recreation, Pittsburg, KS 1990-1994. Responsibilities included administering a four-million-dollar budget including facilities such as Pittsburg Municipal Swimming Pool, Four Oaks Golf Course, Memorial Auditorium, eight city parks, and a cemetery.

Program Coordinator, Lee's Summit Parks and Recreation Department, Lee's Summit, MO 1987-1988. Responsibilities included planning and overseeing a variety of recreation programs and special events for area youth and adults with a budget of \$150,000.

Center Director, Newton Recreation Commission, Newton, KS 1986-1987. Responsibilities included scheduling the recreation center and planning and organizing a variety of recreation programs and special events for area youth and adults.

Gas Purchase Accountant, Phillips Petroleum Company, Bartlesville, OK 1984-1985. Responsibilities included gas purchase accounting for several of Phillips customers.

Professional Service and Involvement

a. Organization memberships

Society of Health and Physical Educators (SHAPE America), formerly American Alliance of Health, Physical Education, Recreation and Dance, Active Member since 2001

Kansas Recreation and Parks Association, Active Member since 1990

Kansas Association of Health, Physical Education, Recreation and Dance,
Active Member since 1994

National Association of Kinesiology and Physical Educators in Higher
Education, Member, 2006

Kansas Recreation and Parks Association, Executive Board Member, 2004

Kansas Association of Health, Physical Education, Recreation and Dance,
Co-convention Manager, 2008

Kansas Association of Health, Physical Education, Recreation and Dance,
Recreation Chair, 2003 and 2008

Kansas Association of Health, Physical Education, Recreation and Dance,
Dance Chairperson, 2000

Kansas Recreation and Parks Association, Board of Directors, 1995, 2012-
Present

Kansas Recreation and Parks Association, Chair of Higher Education,
2012 to present

Kansas Recreation and Parks Association, Recreation Branch Board
Member, 1994

Kansas Recreation and Parks Association, Chair of Research, 1996

b. Workshops, Clinics, etc

Annual Conference, Kansas Recreation and Parks Association, 1990 –
Present

Annual Conference, Kansas Association of Health, Physical Education,
Recreation and Dance, 1994 – Present

Jump! Dance Convention and Competition, Overland Park, KS 2015

American Alliance for Health, Physical Education, Recreation and Dance,
2000 (Cincinnati, OH), 2008 (Dallas, TX), 2013 (Charlotte, NC), 2014
(St. Louis, MO)

Annual Conference, Kansas Thespian Society, 2013 to 2016

Talent on Parade Workshop, Overland Park, KS 2013

Talent on Parade Dance Nationals, Tulsa, OK 2014

Kansas City Ballet Open Rehearsal, Kansas City, MO 2013

Stage One Dance Nationals, Branson, MO 2011 to present

Dance Intensive, Norman, OK, 2012 and 2014

Annual Conference, Women in Educational Leadership, Lincoln, NE, 2007

Annual Conference, Central District American Association of Health, Physical Education, Recreation and Dance, Overland Park, KS, 2007

Physical Focus/Physical Dimensions Workshop Facilitator, Pittsburg State University, Pittsburg, KS 2000

Annual Conference, National Youth Sports Program, Grant Recipient Orlando, FL 1999

Physical Focus/Physical Dimensions Training, Emporia, KS 1999

Annual Conference, National Recreation and Parks Association, 1990-1994 (Anaheim, CA; Baltimore MD, San Jose, CA) 1998 (Phoenix, AZ)

Annual Conference, National Youth Sports Program, Grant Recipient Orlando, FL 1997

Fitness Conference, Kansas Recreation and Parks Association, Organizer and Presenter Derby, KS 1996

Annual Conference, National Youth Sports Program Grant Recipient Washington, DC 1996

Annual Conference, National Youth Sports Program Orlando, FL Grant Recipient 1995

c. Major Speaking Engagements and Presentations

“Developing Leaders Within Your Organization”, Kansas Recreation and Parks Annual Convention, Topeka, KS 2020

“Job Opening, Recent Grads Welcome”, Kansas Recreation and Parks Annual Convention, Topeka, KS 2020

“More Elementary Fitness Activities from Around the World, SHAPE America Convention, Salt Lake City, Utah 2020 (Presentation accepted, Convention Canceled)

Annual Dance Showcase, Producer, Bicknell Family Center for the Arts, Pittsburg State University, Pittsburg, KS 2016, 2017, 2018 and 2019

“Simple Dances and Rhythmical Ideas to Implement and Teach Right Away”, Kansas Association of Health, Physical Education, Recreation and Dance Convention, Pittsburg, KS 2019

“Elementary Fitness Activities From Around the World”, SHAPE America Convention and Expo, Tampa FL 2019

“The Internship Experience: Different Perspectives”, Kansas Recreation and Parks Annual Convention, Wichita, KS 2018

“Lines, Circles and Squares to Shake, Rattle and Roll”, Kansas Association of Health, Physical Education, Recreation and Dance Convention, Emporia, KS 2018

“Zumba”, Kansas Association of Health, Physical Education, Recreation and Dance Convention, Emporia, KS 2018

“Chair Yoga”, Kansas Recreation and Parks Annual Convention, Manhattan, KS 2017

“Dance Showcase”, National Dance Education Organization, San Antonio, TX 2017

“Folk Dance For All”, Kansas Association of Health, Physical Education, Recreation and Dance Convention, Topeka, KS 2017

“Roundup for Students and Professional Interaction”, Kansas Recreation and Parks Annual Convention, Dodge City, KS 2016

“Boot Scoot and Boogie in Parks”, Kansas Recreation and Parks Annual Convention, Dodge City, KS 2016

“Flashmob”, Kansas Association of Health Physical Education Recreation and Dance Annual Convention, Pittsburg, KS 2015

“Wake Up! Icebreakers and Brain Stimulators to get You and Your Staff Moving, Kansas Recreation and Parks Annual Convention, Topeka, KS 2015

“Rhythm and Dance Activities to Enhance Skills”, Kansas Association of Health Physical Education Recreation and Dance Annual Convention, Pittsburg, KS 2014

“Mix it Up With Zumba”, Kansas Association of Health Physical Education Recreation and Dance Annual Convention, Pittsburg, KS 2014

“Tap Dance for Beginners”, Kansas Association of Health Physical Education Recreation and Dance Annual Convention, Pittsburg, KS 2014

“Zumba”, American Alliance of Health, Physical Education, Recreation and Dance Annual Convention, St. Louis, MO 2014

“Maximizing Your Conference Experience”, Kansas Recreation and Parks Annual Convention, 2014

“iGeek Fitness”, Kansas Recreation and Parks Annual Convention, Manhattan, KS 2013

“Zumba Party”, American Alliance of Health, Physical Education, Recreation and Dance Annual Convention, Charlotte, NC 2013

“Simple Swing Steps”, Kansas Association of Health Physical Education Recreation and Dance Annual Convention, Emporia, KS 2013

“Zumba Fit”, Kansas Association of Health Physical Education Recreation and Dance Annual Convention, Emporia, KS 2013

“Flashmob Craze”, Kansas Association of Health, Physical Education, Recreation and Dance Convention, presented by Janice Jewett, Julia Spresser and Jenna Wendt, Lawrence, KS 2012

“Rhythmical Games, Icebreakers and Dances”, Kansas Recreation and Parks Association Annual Convention, Topeka KS, 2011

“Dances for Anyone and Everyone”, Kansas Recreation and Parks Association Annual Convention, Topeka KS, 2011

“Zumba Rocks”, Kansas Association of Health Physical Education, Recreation and Dance Annual Convention presented by Julia Spresser and Janice Jewett, Hays, KS, 2011

“World Zumba”, Kansas Association of Health Physical Education, Recreation and Dance Annual Convention presented by Julia Spresser and Janice Jewett, Wichita, KS, 2010

“Technological Tools for PE Teachers (iPod, iPad, iTunes, etc...), Kansas Association of Health Physical Education, Recreation and Dance Annual Convention presented by Janice Jewett and Julia Spresser, Wichita, KS, 2010

“Mixer Dances”, Kansas Recreation and Parks Association Annual Conference, Wichita, KS, 2010

“Quick and Easy Music/Movement Activities”, Kansas Association of Health, Physical Education, Recreation and Dance Annual Convention, 2009

“Zumba”, Kansas Association of Health, Physical Education, Recreation and Dance Annual Convention presented by Julia Spresser and Janice Jewett, 2009

“Dance, Anyone Can Do It and Anyone Can Teach It”, presented at the Kansas Recreation and Parks Association Annual Conference, Hutchinson Kansas, 2009

“Kansas Swings”, American Alliance of Health, Physical Education, Recreation and Dance Annual Convention presented by Kelly Cook, Julia Spresser and Janice Jewett, Dallas, TX, 2008

“Zumba Rocks”, American Alliance of Health, Physical Education, Recreation and Dance Annual Convention presented by Julia Spresser and Janice Jewett, Dallas, TX, 2008

“Freshmen 15: Fact or Fallacy”, Women in Educational Leadership National Conference, Lincoln, NE, October, 2007

“Latin Line Dances”, Kansas Association of Health, Physical Education, Recreation and Dance Annual Conference, Emporia, KS, November 2007

“Zumba”, Central District Association of Health, Physical Education, Recreation and Dance Annual Conference, presented by Julia Spresser and Janice Jewett, Overland Park, KS, April, 2007

“FYI, BMI, ASAP”, Kansas Association of Health, Physical Education, Recreation and Dance Annual Conference, Emporia, KS, November, 2006

“Combining Karaoke and Exercise”, Kansas Association of Health, Physical Education, Recreation and Dance Annual Conference, Emporia, KS, November, 2006

“Connecting with Students, Staff and Faculty through Fitness Assessments”, National Association of Kinesiology and Physical Educators in Higher Education Annual Conference, San Diego CA, Spring 2006

“Dance Connections”, National Association of Kinesiology and Physical Educators in Higher Education Annual Conference, San Diego CA, Spring, 2006

“Motivate Your Employees and Clients to Exercise”, Kansas Association of Recreation and Parks Annual Conference, Overland Park KS

“Dance Fitness”, Kansas Association of Health, Physical Education, Recreation and Dance Annual Conference, November, 2005

“‘Weigh’ to Diet”, Kansas State University County Extension Program, Presented in Parsons, KS, April, 2004

“Unique Line Dances”, Kansas Association of Health, Physical Education, Recreation and Dance Convention, PSU, 2004

“How to Catch Your Breath When You’re Losing Your Mind”, Kansas Recreation and Parks Association Annual Convention, Lawrence, KS 2003

“Dance in the Parks”, Kansas Recreation and Parks Association Annual Convention, Lawrence, KS, 2003

“Cha Cha Cha For All”, Kansas Association of Health, Physical Education, Recreation and Dance Convention, Emporia, KS 2002

“Justifying What It’s Worth”, Kansas Recreation and Parks Association Annual Convention, 2001

“Realistic Expectations for Employment for Recreation Graduates”, Kansas Recreation and Parks Association Annual Conference, Manhattan, KS, 2000

“Fitness and the Elderly” presented to Linn County Senior Center residents in Pleasanton, KS, 2000

“Parks and Recreation Role in Chronic Disease Awareness” presented to State of Kansas employees via videoconference, 1997

“Better Bench Workouts”, Kansas Association of Health, Physical Education Recreation and Dance Convention, 1996

“The Surgeon General’s Report on Physical Inactivity”, Kansas Recreation and Parks Association Annual Convention, 1996

“Small Cities Facility Development”, Kansas Recreation and Parks Association Annual Convention, 1995

“New Research in Aerobic Fitness”, Kansas Recreation and Parks Association Fitness Workshop, Derby, KS, 1994

d. Honors and Awards

Kansas Association of Health, Physical Education, Recreation and Dance Honor Award, 2018

Outstanding Advisor of the Year Award, Pittsburg State University, 2017

Kansas Association of Health, Physical Education, Recreation and Dance Service Award, 2011

Central District Association of Health, Physical Education, Recreation and Dance, Dance Educator of the Year Award, 2011

Outstanding Faculty of the Year Award, Pittsburg State University, 2011

Honorary Induction into Omicron Delta Kappa Honor Society, 2006

Recreation Professional of the Year Award, Kansas Association of Health, Physical Education, Recreation and Dance, 2004

Dance Instructor of the Year Award, Kansas Association of Health Physical Education Recreation and Dance, 1999

Recipient of the Marea Black Scholarship Award, 2003 to 2006

Nominee, PSU Outstanding Faculty of the Year Award, 2003 – 2005, 2012, 2017

National Youth Sports Program Most Improved Program of the Year Award, 1997

Outstanding Faculty of the Year Award, Pittsburg State University, 1995

Partnership Award, Unified School District 250, 1992

Resolution for Performance, Lee's Summit Parks and Recreation Department, 1988

Outstanding Teaching Award, Graduate Assistant, Pittsburg State University, 1986

Research and Scholarly Activities

a. Research/Grants

Research in the Classroom Grant Recipient, \$1000, 2018 and 2019

“Healthy Hometown Grants”, Grant Reviewer and Chair, Kansas Recreation and Parks Association. Awarded \$15,000 annually, 2018 and 2019

Project Incentive Grant, Kansas Association of Health, Physical Education, Recreation and Dance, \$1500, 2018

“Shared Recreation Facilities in Kansas”, Sabbatical Research, Spring, 2014

Community Foundation of Southeast Kansas Grant Recipient, Y Academy of Dance, 2014

Kansas Association of Health, Physical Education, Recreation and Dance Incentive Grant Recipient, \$2000, 2011

Youth Wellness Camp Grant through private donations totaling \$40,000, 2008

Multi-culturalism Grant, PSU, \$100 2002

PT3 Grant recipient of Personal Data Assistant, 2002

National Youth Sports Program Grant Co-author and Activity Director, \$600,000 1995-1999

United States Tennis Association Grant, \$1,500.00, National Youth Sports Program, 1999

Community Lakes Assistance Program, \$10,000, State of Kansas Wildlife and Parks Department, 1993

b. Publications

“Shared Recreation Facilities in the State of Kansas”, Kansas Recreation and Parks Journal, Fall 2014

“Let the PE Central Website Motivate You!”, Kansas Association of Health Physical Education Recreation and Dance Journal, Volume 86, No. 1, Spring 2014

“Take Advantage of the Popularity of Dance! Unique Ideas for Incorporating Dance into Existing Programs and Facilities”, Kansas Association of Health Physical Education Recreation and Dance Journal, Volume 84 No. 2, Fall 2012

“American College of Sports Medicine Complete Guide to Fitness and Health Book Review”, Kansas Association of Health Physical Education Recreation and Dance Journal, Volume 84, no. 2, Fall 2012

“Use the Web to Find New Aerobic Choreography”, Missouri Journal of Health, Physical Education, Recreation and Dance, Volume 20, 2010, with Julia Spresser

“Use the Web to Find New Aerobic Choreography, Kansas Association of Health Physical Education Recreation and Dance Journal with Julia Spresser, Volume 82 No. 1, Spring 2010

“If You Can March, You Can Merengue”, Kansas Association of Health, Physical Education, Recreation and Dance, with Julia Spresser, 2009

“The Recreation Profession – Serving Others”, Kansas Association of Health, Physical Education, Recreation and Dance with Julia Spresser, 2009

“Internet Research on a Multicultural Dance” Missouri Journal of Health, Physical Education, Recreation and Dance, with Julia Spresser, Volume 19, 2009

“Cumbia... the Dance of Slaves Researched Using Technology”, Colorado Association for Health, Physical Education, Recreation and Dance District Journal with Julia Spresser, Volume 34, No. 1, Spring 2009

“More than Books”, Kansas Association of Health, Physical Education, Recreation and Dance Journal, 2008

“8 Simple Dance Instruction Techniques” published in the Kansas Association of Health, Physical Education, Recreation and Dance Journal, fall, 2007

“Fitness Assessments: Connecting with Students, Staff and Faculty”, Published in the National Association of Kinesiology and Physical Educators in Higher Education Abstracts, Spring, 2006

“Dance Connections”, Published in the National Association of Kinesiology and Physical Educators in Higher Education Abstracts, Spring, 2006

“Fitnessage”, published in the Kansas Recreation and Parks Journal, Spring 2005

“Using the 2000 Census Data for Facility Planning”, Kansas Association of Health, Physical Education, Recreation and Dance, Spring, 2002

“Aerobic Fitness Websites”, Kansas Association of Health, Physical Education, Recreation and Dance, Spring, 2001

“Steps to Take in Getting that First Teaching Position in Health and Physical Education”, Kansas Association of Health, Physical Education, Recreation and Dance, with Bill Stobart and Patrick Wempe, Spring, 2001

National Youth Sports Program Parent’s Handbook, 1997

c. Licenses, Registrations and/or Certificates

2019 Quality Matters Certification

2019 Master Advisor Certification, PSU

2010 Graduate of Leadership PSU

2009 BodPod Certified

2006 CITI Human Subjects Research Certified

1996 Certified Recreation Professional, National Recreation and Parks Association

1994 Certified Aerobic and Fitness Association of America

1992 Graduate of Leadership Pittsburg

1988 Graduate of the National Recreation and Parks Association
Revenue School

Institution Involvement

a. Teaching

Undergraduate Courses Management Strategies and Finance in Recreation,
Recreation Program Design and Leadership,
Country Western/Ballroom Dance, Aerobic
Instructor Training Course, Lifetime Fitness
Concepts, Freshmen Experience, Fitness
Management/Personal Training, Dance
Appreciation, Group Fitness Instruction, Dance
Performance and Production

Graduate Courses Finance and Marketing of Sport and Leisure
Services, Exercise Physiology, Physical Activities
for Classroom Wellness Workshop, Wedding Dance
Workshop, Group Fitness Instruction, Special
Investigations in HPER, Indoor Recess Workshop,
Wellness and Stress Management for Teachers
Workshop

b. Advisement

Currently advising 15 undergraduate recreation majors in the area of
community and worksite wellness and 20 students seeking the
minor/certificate in dance.

c. Institution Service

University Department Academic Honors Committee, 2017- present

University Open Educational Resource Committee, 2017 – present

University Academic Honesty Committee, 2015 – present

University Undergraduate Curriculum Committee, 2019 - present

Faculty Senate President, 2016- 2017

University Legislative Council Member, 2016- 2017

Tuition Council Member, 2017

Center for the Arts Advisory Board Member, 2014 to 2018

University Strategic Planning Committee, 2013 to 2016

Undergraduate Curriculum Committee, Chair 2014 to 2015

Human Subjects Review Board Member, 2006 to 2016

Student Judicial Board Member, 2010 to present

Faculty Senate Executive Committee, 2010 to 2011

Faculty Senate Member, 2006 to 2018

PSU Department of Health, Human Performance and Recreation
Assessment Committee, 2006 to present

College of Education Constitution Committee, Chairperson, 2007 and
2013

College of Education Curriculum Committee, 2007 and 2013

University Promotion Committee, 2013 to 2014 and 2017 to 2018

Search Committee Member for Provost, 2010

Search Committee for Development Director, 2007

Search Committee Member for Major Gift Officer, 2007

Search Committee Member for Director of the Student Recreation Center,
2007

Search Committee Member for Director of Major Gifts – Athletics, 2007

Alumni Association Awards Selection Committee Member, 2007

Faculty Advisor for PSU Dance Club, 2010 – present

Faculty Advisor for PSU Gorilla Games, 2010 - 2017

PSU Department of Health, Human Performance and Recreation
“Recreation Program Coordinator”, 2008 to 2012

Gorilla Basic Training Committee (for employee wellness), 2007 to 2010

Gorilla Basic Training Instructor

College of Education Constitution Committee, 2006 to 2009

Freshmen Experience Gorilla Warm-up Committee, 1995 to 2007

Freshmen Experience Instructor, 1995 to 2007

PSU faculty Senate, Student Government Faculty Representative, 2001-
2002

College of Education Curriculum Committee, 2002

College of Education Planning Committee, 2000

Member of the Recreation Advisory Board for NRPA Recreation
Accreditation, 1998 – present

Chairman, Freshmen Experience Opening Games Committee, 1996

HPER Club Advisor, Spring, 1996

Sponsor of the PSU Spirit Squad, 1994-1995

PSU Alumni Association Nominating Committee, 2000 and 2001

PSU Strategic Planning, Student transition Committee, 2000

Community Service

School Improvement Team, USD 250, 2002 to 2010

Board of Trustees, Pittsburg Public Library, 2004 to 2014

Secretary, Pittsburg Public Library Board of Trustees, 2005 to 2008

President, Pittsburg Public Library Board of Trustees, 2008 to 2011

Personal Actions to Health, Board Member, 1995 to 2015

USD 250 Wellness Committee, 2006 - 2007

Community Foundation Wellness Committee, 2006 to 2007

Volunteer at various events including Kansas Kids Fitness Day, Fine Arts Day (St. Marys/Colgan and USD 250), National Youth Sports Program, Via Christi Village, numerous dance programs presented locally, conducted several fitness assessments and provided exercise programs for elementary, middle school, high school students and student-athletes as well as collegiate athletes.

References

Dr. Tom W. Bryant, Past-President, Pittsburg State University, tbryant@gus.pittstate.edu 620-231-9085 (*Former Professor, Advisor, Chairman, Dean and President of mine*)

Dr. Bill Dickey, Retired PSU Faculty Member, bdickey2@cox.net 620-232-5711 (*He served as Chairperson of the HHPR Department 2004-2005*)

Dr. John Oppliger, Chairperson, Department of Health, Human Performance and Recreation, Pittsburg State University or jopplige@pittstate.edu 620-235-4665 (*My current supervisor and Chair of the HHPR Department*)

Mr. Matt Osterthun, Senior Director of Advancement for the College of Engineering at the University of Missouri – Columbia, osterthunm@health.missouri.edu (*Former student and advisee of mine*)

Ms. Kim Vogel, Director of Pittsburg Parks and Recreation, kim.vogel@pittks.org 620-249-8203 (*Former student of mine, PSU Recreation Advisory Board Member*)