



## Faculty

- Dr. John Oppliger, Chair
- Dr. David Boffey
- Dr. Mike Carper
- Dr. Laura Covert-Miller
- Dr. Scott Gorman
- Ms. Shelly Grimes
- Dr. Rick Hardy
- Dr. Shelby Hutchens
- Dr. Janice Jewett
- Dr. Cole Shewmake
- Dr. Julia Spresser

## ADMINISTRATIVE ASSISTANT

- Susan Downing

## GRADUATE ASSISTANTS

- Breonna Goodwin
- Elizabeth Hayes
- Libby Rohr
- Karissa Winkel

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# Pittsburg State University

## Health, Human Performance, and Recreation

Volume 1

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Edited By:

Alyx VanRheen

Halee Harpenau



***Community, Collaboration and Courage!*** That's what was seen at the Annual Dance Symposium and also what we strive to include every day in the Minor in Dance Program. ***Community*** is integrated in our dance program by going to local schools, demonstrating dance at area nursing homes, and performing in parades and elsewhere as opportunities arise. We ***collaborate*** with others as much as possible too! We're proud to share that we've ***collaborated*** with Pitt State Theatre and SEK Symphony this academic year. The ***community*** was involved in our opening number and the audience ***collaborated*** with us in an impromptu number as well. We had several firsts occur, including the first time several students have ever preformed on a stage! That takes ***courage***! Our students have done much more this year through classwork, curriculum, and on their own. They embrace the ***Community Collaboration & Courage*** theme and model it every day.



Photos by: Hunter Thompson, Briana Winkel, & Ryan McFarlane

## *Chair's Message*



Welcome to the Spring 2023 edition of the HHPR Newsletter. We have produced a large newsletter and hope you will enjoy it. Our students and faculty have had another normal, busy semester and we wouldn't have wanted it any other way. As usual, we provide many photos and will continue to do so as readers tend to tell us they enjoy seeing what students have done and to catch a glimpse of former professors and instructors.

We are fortunate to feature Gary Thompson in our Alumni Spotlight. Throughout his career, Gary was always interested in how the department was doing and even in retirement, stays in touch. He knows so much about the department's Therapeutic Recreation history. It is always interesting when he reminisces about people from his days as a student and his very fulfilling career.

We think our degree programs and minors are exemplary and are always pleased to tell why. Student success is what we are all about and we enjoy sharing the stories and photos about their events and accomplishments.

The redesigned emphases areas in Exercise Science have already been successful. The Clinical/Pre-Professional Emphasis continues to be a strong pathway students use for admittance to professional schools. The new Human Performance/Strength and Conditioning Emphasis has provided another option for students desiring to work in the wellness, fitness, and sport fields.

Physical Education majors definitely get the hands-on, real-world experiences in which the department strives to provide in all its programs. Not only do faculty stay abreast of what is current in the discipline, but students seem to be all over town interacting with school-age children.

Recreation Services, Sport, and Hospitality Management (RSSHM) majors are part of a unique program. We take pride in the fact that this program is the only general recreation degree program in Kansas that is Nationally accredited by the Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT).

The Master's Degree in Health, Human Performance, and Recreation is going strong as well. The addition of the Physical Education Emphasis has welcomed a solid number of students in this first academic year.

As I've mentioned in the past, we could write an additional newsletter to cover all the dance activities. Opportunities to pursue a degree, minor, or certificate in Dance are limited in Kansas. We are proud of our program and the attention it has garnered.

February was scholarship selection month and we want to extend a very special thank you to the scholarship families. Their generosity has helped so many students stay in college and finish their degrees. The number of scholarships has risen from three just a few years ago to as many as twelve in certain years! In these economically challenging times, this is amazing!

Finally, always remember we welcome visits from our alumni family. We would appreciate hearing from alums and with their permission, be able to include them in some manner in future issues of this newsletter.





# ALUMNI SPOTLIGHT



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## Gary Thompson

**Our Alumni Spotlight for this edition features Mr. Gary Thompson. Mr. Thompson stopped by the HHPR Department earlier in the semester with some books to donate. The following pages are reflections of his visit and time at PSU as well as some sound advice. Thank you Mr. Thompson!**

*A few weeks ago, in February, I located two boxes of therapeutic recreation and related topic books in the office bedroom at my home in Springfield, MO. The unlabeled boxes had not been opened in over 20 years, following my retirement as a faculty member from the Recreation and Leisure Studies academic program at Missouri State University in 2002. I quickly determined that a better 'home' for the 40 or more books would be better served in the therapeutic recreation program at my alma mater, Pittsburg State University, rather than my home.*

*With a quick call to Dr. John Oppliger, he indicated that he and professor Dr. Laura Covert Miller, Therapeutic Recreation program faculty member, would be very interested in receiving the books that were published between the 1960's to the early 2000's, with some being rather rare and historic. Perhaps, some of the books, could be utilized by Dr. Covert, Dr. Oppliger, departmental faculty and students, with some, perhaps, finding their way to the university library.*

*Being a graduate of the Department at PSU (1962 and 1969), I had a reflective drive to Pittsburg (complete with picking-up a Pittsburg radio station which happened to be playing classical music just east of Carthage, MO) from my home to the campus, and back home to Springfield MO, on a wonderful sunny late February mid-afternoon, and to deliver the books and chatting with John and Laura. What a relaxing drive! I particularly enjoyed getting John's tour of the departmental office layout, being introduced to office staff and a few students at the impressive PSU Student Recreation Center. This was my first time being in the building, although I had driven by it a few times over past years. Very impressive!*

*As a sidelight, I told John and Laura that my good friend, Dale Moore, from Parsons, KS was the first therapeutic recreation graduate of the department. I've been told that I was the third graduate. Also, another friend of mine, to this day, Gene Hayes, from Parsons was the first adjunct faculty to teach therapeutic recreation classes for the department. Gene was coordinating a government grant, at the Parsons State Hospital & Training Center in Parsons, KS for a brief period of time. His task with the grant project was to coordinate and plan for the mainstreaming of children with developmental disabilities into regular community recreation programs. I did my internship that summer in the integrated day camp, under Gene's supervision, just before he left for his first teaching job in therapeutic recreation at Texas Woman's University in Denton, TX.*



# ALUMNI SPOTLIGHT



## Gary Thompson

*As in recent years, I keep contact with PSU and the department by reading the PSU Alumni and Constituent Relations (Pitt State) magazine, attending their annual sponsored 'Gorilla Gatherings' in Springfield, MO, attending occasional PSU football games at Carnie Smith Stadium, reading the department's annual newsletter that I receive in the mail (a nicely done publication that really profiles the classes and activities of students and faculty in the department), and phone interactions with former PSU department retired professor, colleague and friend, Dr. Chuck Killingsworth.*

*In fact, I made a spontaneous Saturday afternoon trip to campus this winter to see Tristan Gegg and her Gorilla women's basketball teammates play a winning game with Washburn University. I once saw her play one game when she was a freshman at my old high school (Labette County High School) in Altamont, KS, nine years ago! Great high school player! For quite some time, I had thoughts about seeing her and the Gorilla team in her final season at PSU. How about that!*

*Some final 'foods for thought' that might be of interest to students, faculty, alumni, and others in the department at PSU:*

*\* Decades later, after I was a student at PSU, my perception is that the department and university has become a larger, more impressive and better place, and doing lots of good things, quite well. Keep up the good work!*

*\* Students and others, think about the importance of mentors in your personal and professional lives (family, best friends, classmates/peers, colleagues/instructors, academic advisors, practicum /internship supervisors and other influential persons). Many will have life-long impact on one's personal and professional lives. Many will be with you for the rest of your lives in some way, fashion, or form!*

*\* Take part in professional organization opportunities at the campus, local, state, national, and international levels, when they are within your reach as you progress through your aspirations and career.*

*\* Seek-out and read your professional and related literature/resources as you progress through your careers. One is only as good as the 'tools' that you possess (skills, experience, knowledge, wisdom, and understanding)!*

*\* Take a look 'outside the box' with well thought-out personal assessments and processes. Sometimes a step backwards can develop into a leap forward. Take a chance when there is opportunity that may be possible.*

*\* Lastly, be sure to balance your professional life with your personal life and leisure pursuits and aspirations.*

# HHPR Happenings



*Congrats to Dr. Janice Jewett appointed to  
University Professor!*



*Congrats to Dr. Michael Carper  
appointed to Full Professor!*



*Congrats to Dr. Laura Covert-Miller  
appointed to Full Professor!*



# HHPR Happenings



Camping students demonstrated Archery at the Albers Marine 17th Annual Hunting and Fishing Show.

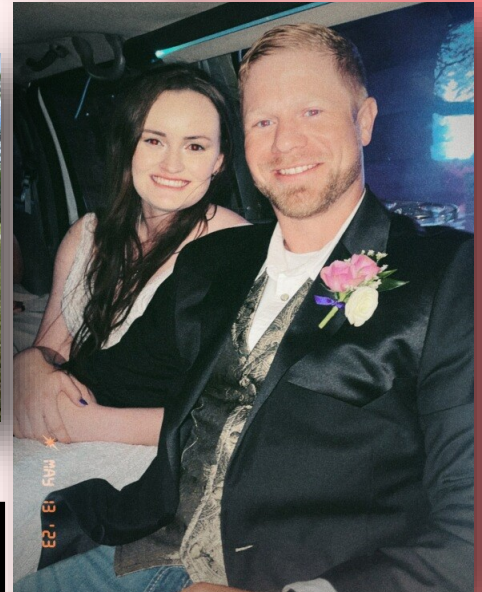




# HHPR Happenings



Dr. Scott Gorman received 20, 25, and 30 year service pins along with a 20 year Instructor's vest and 25 year service belt buckle, for his years of teaching Kansas Department of Wildlife and Parks Hunter Safety Education. Dr. Gorman taught First Aid, Archery, and Treestand Safety.



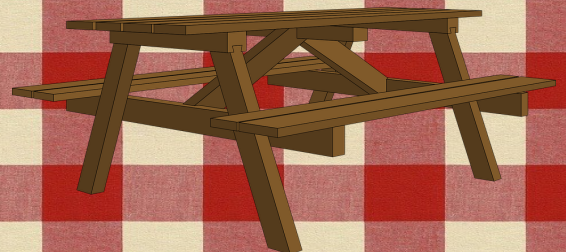
Dr. Shelby Hutchens and Rachel Harris were married May 13th at his family's ranch, the Rocking A, in Tuscola, TX.

***Congratulations Dr. & Mrs. Hutchens!***



HHPR faculty, staff, and students enjoyed an end-of-year picnic, courtesy of Dean Jim Truelove and the College of Education.

**Thank you College of Education!**





# HHPR Happenings

Pitt State's Cami Roy is the MIAA women's indoor track and field "A Game" scholar athlete. Roy has a perfect 4.0 GPA and graduated in May with a Master's Degree in Human Performance.



The Recreation Services, Sport, & Hospitality Management (RSSHM) Advisory Board meeting was held in April. Over 20 members met to hear about the past year's events and offer suggestions that will apply to careers in the Recreation field.





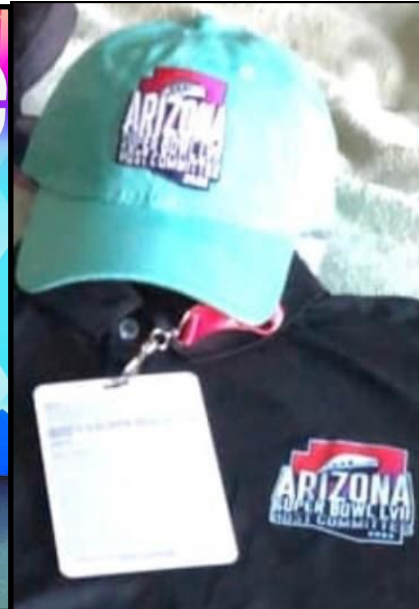


# Grimes Attends Super Bowl

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Shelly Grimes had the opportunity to work at the Super Bowl and shared her journey. *"Over a year in advance prior to Super Bowl LVII I applied to be a member of the Super Bowl Host Committee. After several months of waiting to hear whether or not I was chosen, I received an email stating I had been selected!! I was beyond excited. My role would be way-finding, and meeting and greeting fans. A few months after this notification, the KC Chiefs made it to the Super Bowl!!! This was the icing on the cake!! What a wonderful, lifetime experience! I have been granted the opportunity to attend Super Bowl LVIII in Las Vegas in 2024!! Being a Super Bowl Host Committee Member has been a very enjoyable experience filled with fun and excitement!"*





# Faculty Awards



Congrats to Dr. Cole Shewmake selected to receive the 2023 Excellence in Teaching Award and to Dr. Laura Covert-Miller who received the 2023 Excellence in Service Award from the College of Education!



Congrats to Dr. Laura Covert-Miller who was chosen as Outstanding Faculty of the Year from the Student Government Association!

# Pittsburg State Student Research Colloquium



**Libby Rohr**

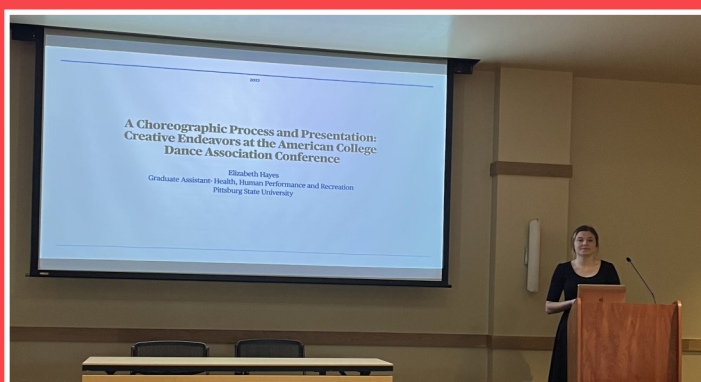


**Zoey Harvey (left)  
Madie Steed (right)**



**Jessica Jones (left)  
Chandler Wortman (right)**

Students who work in the Ability Lab presented posters over their research this year at the PSU Research Colloquium. Libby Rohr presented her Leisure Education Project at Pittsburg High School. Zoey Harvey and Madie Steed presented research on Peer Fitness programming with New Hope. Chandler Wortman and Jessica Jones presented research on fitness levels of Special Olympics athletes. Jessica and Chandler earned Honorable Mention for their poster!

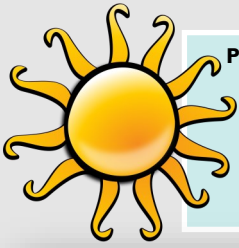


Elizabeth Hayes (left) did an oral presentation about her choreography and research presentation at the American College Dance Conference as a Creative Endeavor at the PSU Research Colloquium.

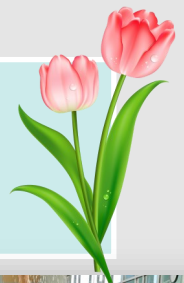
Kamryn O'Dell (right) presented findings on Velocity Feedback of PSU football athletes at the Pitt State Research Colloquium. Kam is part of the first graduating class with the new Human Performance/Strength and Conditioning Emphasis this May! We are proud of all the hard work he has done and how he represents our program!







# Spring Break



Shelly Grimes  
conducted  
American Red  
Cross training  
in KC!



Grad Assistant, Elizabeth Hayes and student worker, Halee Harpenau taught at a local dance competition, *Talent on Parade!* Our dancers came home with lots of awards!

*Congrats Ladies!*



Dr. Shelby Hutchens went fishing!



Dr. Janice Jewett visited family in Oklahoma & New York!





# DANCE NEWS



**The Pitt State Dance Team placed 5th at UDA Open College Game Day National Championships! Dance GA, Elizabeth Hayes choreographed a piece for the team to perform.**

**Dance Minors competing included Carissa Marrone, Katie Nelson, Mattie Vacca, Kassie Lewis, and Olivia Golden.**

***Congratulations Gorillas!***



# DANCE NEWS



**Students in Dr. Janice Jewett's Dance Appreciation Classes toured the Crawford County Historical Museum and learned about the history of the Pittsburg area. Director, Amanda Minton, shared how dance played an important role in creating bonds within the community and how those dance traditions continue today.**



# DANCE NEWS



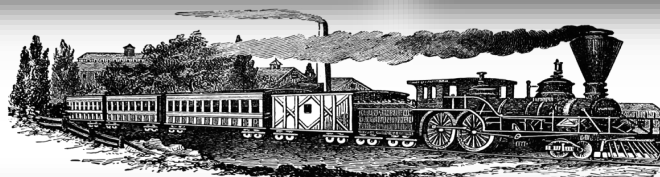
**Dance Appreciation students taught Dance to 4th graders at Frank Layden Elementary School in Frontenac.**



**Dance Appreciation students led games and taught Rhythms and Dance to children in the Monkey and Gecko Rooms at The Center. Each child was also given a COE Gus Coloring Book, compliments of the PSU College of Education.**



# DANCE NEWS



**Dance Appreciation students toured Immigrant Park and learned about Pittsburg in the late 1800's/early 1900's. They performed dances from this time period at the Pritchett Pavilion, the site of the train station, where many of these immigrants had their first exposure to southeast Kansas after traveling hundreds of miles and weeks to get to their destination!**





# DANCE NEWS



Ten dance students along with Dr. Janice Jewett attended the Central Region American College Dance Association Conference in Edmond, OK. A group of students performed a piece choreographed by Elizabeth Hayes for adjudication. Elizabeth and Dr. Jewett also presented at the conference.





# Dance Symposium



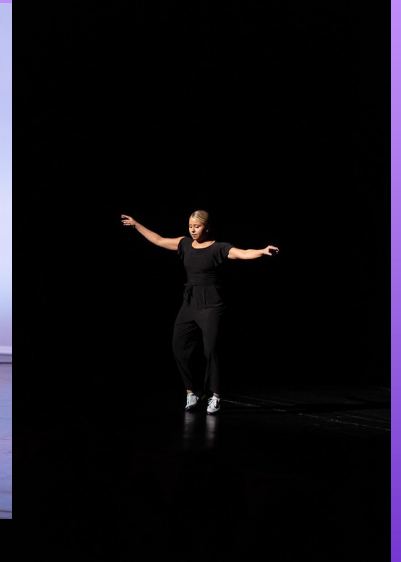
Photos by: Dawson Roth



Over 70 students and 450 attendees were involved in the 3rd Annual Dance Research Symposium and Performance held in April at the Bicknell Family Center for the Arts. More pictures on the following pages.

# Dance Symposium Pictures

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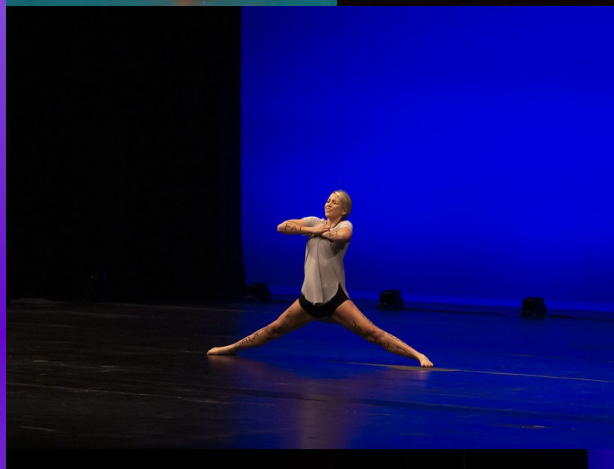


Photos by: Hunter Thompson, Briana Winkel, &  
Ryan McFarlane





# Dance Symposium Pictures



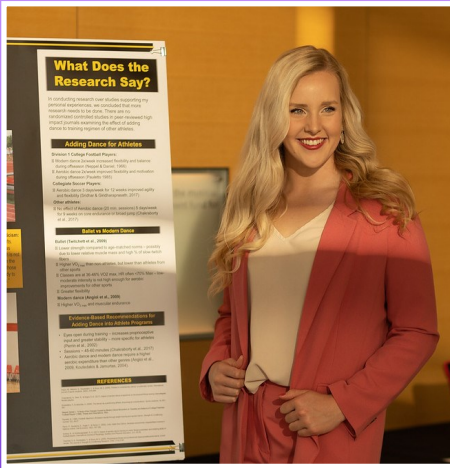
Photos by: Hunter Thompson, Briana Winkel, & Ryan McFarlane





# Dance Symposium Research Presentations

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Anna Holman



Zoey Harvey, Madie Steed, & Jessica Jones



Rosemary Stapleton



Kassandra Lewis



Lindsay Shippy, Karissa Winkel, Hannah Chastain, & Brett Wiemers



Laila Berkey



Des Bridgeman



Jordan Haworth



Kassi Burns



Makayla Pilcher



# Exercise Science News

It has been another great academic year in the Exercise Science program! In the Clinical/Pre-Professional Emphasis, we have three students who have been accepted into Doctoral programs in Physical Therapy; one accepted into a Doctoral program in Occupational Therapy; one accepted into a Master of Physician Assistant Program; two accepted into Doctoral programs in Chiropractic Medicine; one accepted into a Master of Athletic Training; one accepted into a Master of Sports Psychology; and one accepted into a Physical Therapy Assistant Program. This continues our long-standing (11 years) tradition of students earning the privilege of continuing their professional training at the next level. In the Human Performance/Strength and Conditioning Emphasis, we have two students who have been accepted into the Master of Science in the HHPR Program here at Pitt State; and one who has been accepted into a Master of Public Health Administration Program. These are the first three students to graduate from this newly formed emphasis area. To date, there are 113 Exercise Science students who have earned their way into professional and/or graduate programs; 62 (55%) of those students have earned their place in doctoral-level programs (i.e., DPT, OT-D, M.D., Pharm.D., D.C.).

## Human Performance Laboratory



EX SCI students, Anna Holman and Amber Walbeck, testing maximal strength in our Exercise Testing/ Prescription Class. Students love performing maximal testing and often set personal records in class.



EX SCI student, Jack Rundell, uses the Tendo to measure velocity during bench press testing with resistance bands. Bands force the lifter to accelerate all the way through the movement, which has important implications for training athletes to get stronger and faster.

# Exercise Science News

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## Sports Science Research with Pitt State Football



Undergraduate student, Kamryn O'Dell, recently completed data collection for his training study with Pitt State Football. Some of the players received visual feedback from a Tendo device on their lifting speed, while some received no feedback. Kamryn is examining whether receiving feedback affects motivation and competitiveness, while also increasing speed and power. Kamryn is one of the first graduates of the new Human Performance/Strength and Conditioning Emphasis.

## Applied Physiology Laboratory



Students in the Research Projects Class completed data collection on their study determining if the BlaskMask™ (i.e. a piece of equipment firefighters use to train their respiratory system) restricts oxygen uptake during a graded exercise test. Students are now in the writing phase of the project which requires them to write a scientific manuscript describing their findings. This is the last semester that EXSCI students will collect oxygen uptake data for this study. To date, students have completed data collection on 30 subjects and a publishable manuscript will be prepared for submission by the end of the year.

## Army Combat Fitness Testing



Pitt State's Army ROTC volunteered to take our Exercise Testing/Rx students through the Army Combat Fitness Test. Students had fun, learned about military fitness testing, and gained an appreciation for the Army's physical fitness standards.



# Physical Education News



Dr. Julia Sprester's Theories III Class taught Gymnastics to students at Meadowlark Elementary School.



PE majors, Payton Powers and Jon Rubeo playing Pickleball during a class activity.



# Physical Education News



The Theories II Class participated in Drums Alive presented by Shelly Grimes.



Shelly Grimes' Lifeguarding Class learned CPR techniques.



# Physical Education News



Shelly Grimes hosted sixth graders from Baxter Springs Elementary who learned about health and fitness. The students enjoyed playing Flag Football and touring the Athletics Weight Room with PSU's Strength and Conditioning Coach.



# RECREATION NEWS



Recreation major, Zoey Harvey, attended the K-INBRE Symposium (Kansas Idea Network of Biomedical Research Excellence) in Kansas City. Zoey presented an iPoster over Physical Activity in individuals with Intellectual Disabilities. The symposium is a chance for students across the state of Kansas to share their research with others in similar fields.



Ability Lab assistants held a semester long Golden Gorillas Class for older adults in the Pittsburg community at the Pittsburg Family YMCA. Pittsburg State students volunteered to participate in the class. The class consisted of a variety of physical activities led by the students.



# RECREATION NEWS



**Recreation students attended the KRPA Student Summit held at the Sheraton Convention Center in Overland Park, KS.**

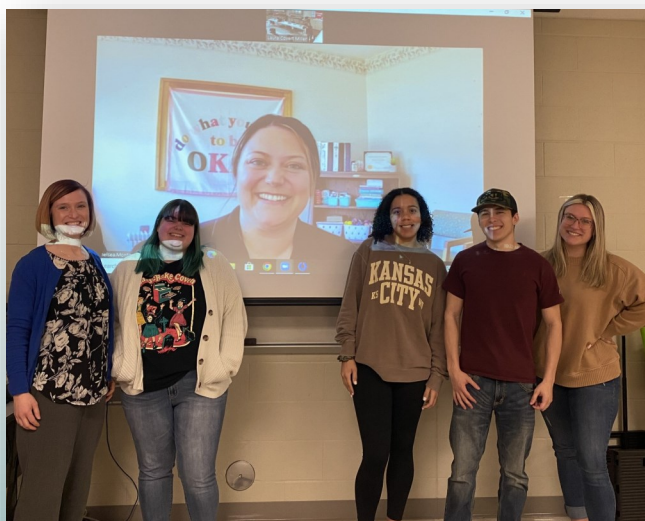


**Rec faculty, Dr. Shelby Hutchens, Dr. Rick Hardy, Dr. Janice Jewett, and Dr. Laura Covert-Miller co-presented "*Genealogy, Find Your Story*" at the Annual Kansas Recreation and Parks Association Conference.**





Recreation students volunteered at the Adult Special Olympics. They helped direct the participants to the podium and handed out their medals. Photos by Allie Johnston.



Pitt State HHPR Alumna, Chelsea Montgomery, Director of Recreational Therapy at Osawatome State Hospital met virtually with Therapeutic Recreation students to share her experiences developing the Osawatome program. Chelsea provides care for adults with mental illness and addiction through expressive arts, outdoor activities, dance/movement, music therapy, independent living skills, and more.

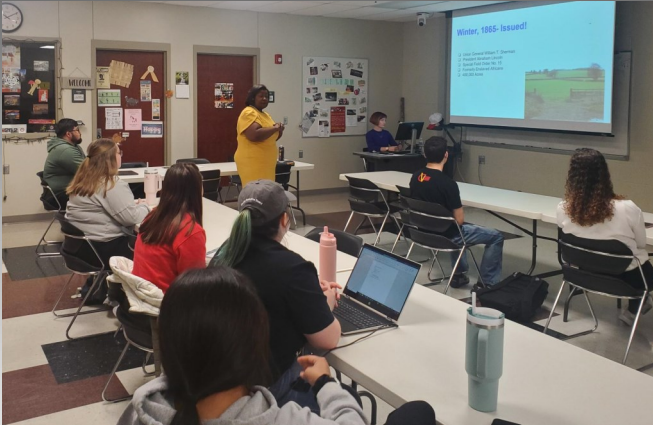


# RECREATION NEWS



Therapeutic Recreation students attended the Midwest Therapeutic Recreation Symposium in Kansas City. Dr. Laura Covert-Miller and Libby Rohr gave two presentations over recent research projects. One presentation focused on a leisure education project that was done with the Career and Life Skills Class at Pittsburg High School. The other presentation was about their research on the effects of physical activity in a psychiatric residential treatment facility (PRTF) in the Kansas City area. Students attended many sessions held by professionals and learned a lot!





Shevon Reed, Certified Therapeutic Recreation Specialist from the Chicago area, was a guest speaker at Dr. Laura Covert Miller's Trends and Issues in Therapeutic Recreation Class. She spoke on the importance of being an advocate for the field of TR and under-represented groups. Thank you Shevon for your presentation!



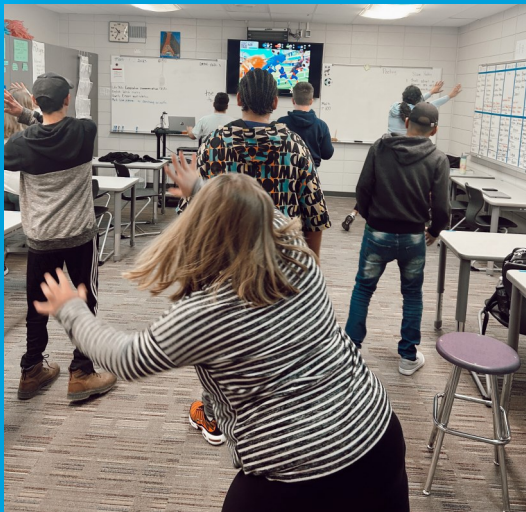
Students in the Adapted PE Class played wheelchair basketball to learn more about spinal cord injuries and the sport of Wheelchair Basketball.



# RECREATION NEWS



Students in the Theories in Therapeutic Recreation Class led interventions weekly with students in the low incidence Autism Spectrum Disorder classroom at George Nettles Elementary. PSU students took turns leading the interventions each week, while the rest of the class assisted and participated with the students from George Nettles.



GA, Libby Rohr, implemented a leisure education research project at Pittsburg High School with the Career and Life Skills Class along with the help of Madie Steed, Jess Jones, Chandler Wortman, and Zoey Harvey. This project took place over 5 weeks, with leisure education interventions being led twice a week.





Therapeutic Recreation and Exercise Science students performed Peer Fitness Assessments on individuals from New Hope!

Below students in Trends and Issues in Therapeutic Recreation Class implemented interventions with New Hope's The Lodge. The Lodge is comprised of older adults with Intellectual and developmental disabilities.





# RECREATION NEWS



Students volunteered at the Special Olympics Track & Field Meet for both adults and youth. Students oversaw stations and had a great experience!



Students in the Program and Design Class were put into groups with the responsibility of leading programming with elementary and middle school students and with older adults at the YMCA in Pittsburg.



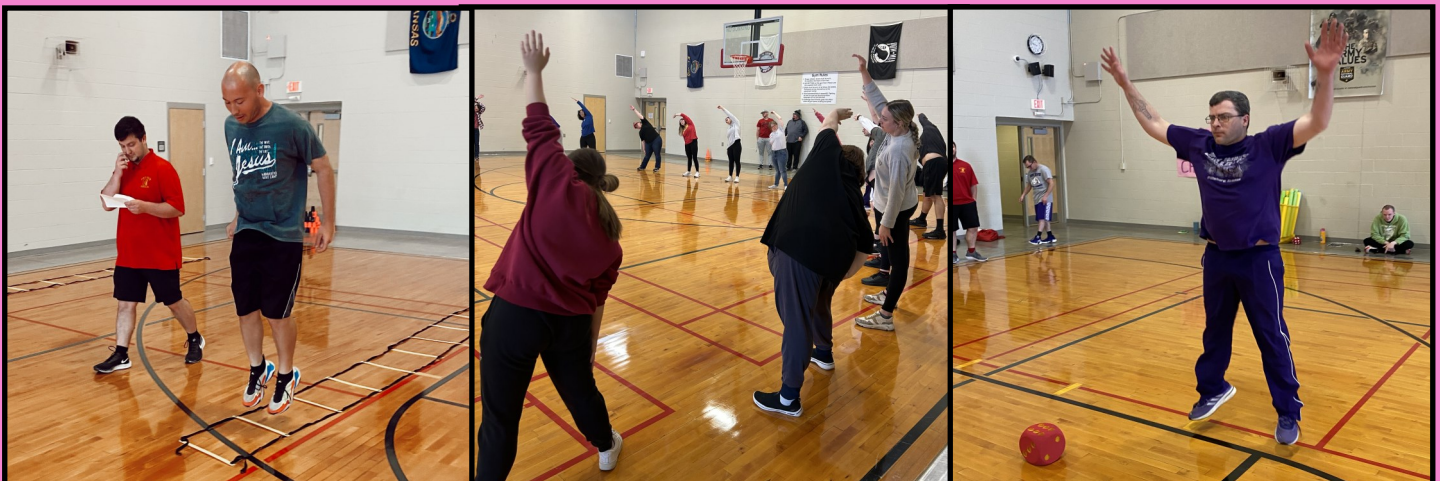


# RECREATION NEWS

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Therapeutic Recreation Ability Lab Assistants and Adapted PE students conducted Peer Fitness Programming this semester. This research project was with individuals who have intellectual and/or developmental disabilities. Lab assistants led various physical activities with New Hope for six weeks. The goal was to promote exercise with these individuals in a setting where they could work out with each other and college students at the same time.





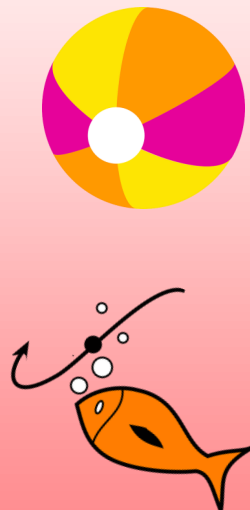
# TR-Iffic Day of Play

Each semester, students in Therapeutic Recreation host TR-iffic Day. TR-iffic Day was designed to be a day where individuals with differing ages and ability levels can come and have fun in a safe environment with their peers and college students who volunteered. This year, there was over 300 people in attendance including participants, volunteers, and staff. Stations at this event included noodle foosball, a parachute, corn hole, crafts, face painting, and more! It was a great time! More pictures on the next page.





# TR-Iffic Day Pictures





# OK Kids Day



Students in Dr. Laura Covert Miller's Program and Design Class collaborated with Pittsburg Parks and Recreation to implement Outdoor Kansas Kids Day. Students spent the entire semester planning and preparing for the event. OK Kids Day was held at Lakeside Park.





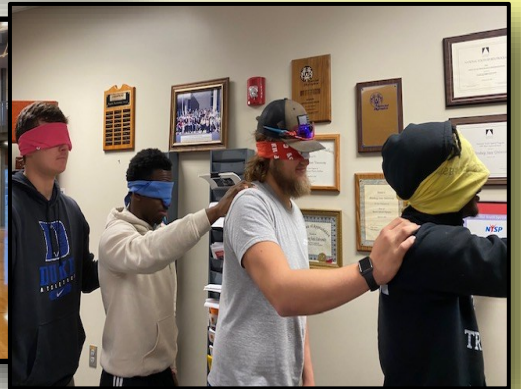
# OK Kids Day

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# Dr. Gorman's Camping & Outdoor Education Class



Camping class students enjoyed adventure activities including Sherpa wack, group skis, trust levitation, repelling, and highway cleanup.



# Camping Class at Roaring River

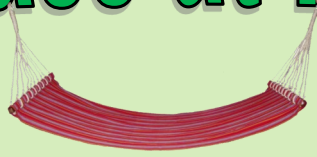


Dr. Scott Gorman's Camping & Outdoor Education Class stayed overnight at the Roaring River State Park, in Missouri, as their end of semester field trip. Activities included primitive camping, cooking, hiking, fishing, and sharing stories around the campfire.





# Camping Class at Roaring River





# Camping Class at Roaring River





# HHPR Student Employees



Halee Harpenau & Alyx VanRheen have been student secretaries in HHPR for two years. They are a valuable part of our department. **Thank you Halee & Alyx!**

## HHPR appreciates our student employees!

*Avery Altman*

*Chloe DeYoung*

*Jordan Diehl*

*Halee Harpenau*

*Zoey Harvey*

*Jessica Jones*

*Brenna Lavender*

*Kamryn O'Dell*

*Makayla Pilcher*

*Libby Rohr*

*Madeline Steed*

*Natalie Turner*

*Zachary Vance*

*Alyx VanRheen*

*Chandler Wortman*

*Danielle Wensch*



# Scholarship Recipients

The following students will receive scholarships for the 2023-2024 school year.

**CONGRATULATIONS!!!!**

Julia Robertson

*Matthew Nutter Memorial Scholarship*

Loryn Moser

*Karl B. Larson & Rowena Sohosky Larson Scholarship*

Amber Walbeck

*Nadine Sheffield Scholarship*

Elanor Hendrickson

*Dr. Evelyn Triplett Scholarship*

*Helen Messenger Scholarship*

*Shelly Grimes Fitness Scholarship*



Kate Tyree

Lindsay Shippy

Isabelle Peters

*Weickert & Cichowski Endowed Scholarship*

Amelia Mallatt

*Tom & Koeta Bryant Putting Students First Scholarship*

Natalie Goebel

*Pepsi Scholarship*

Lane McNeley

*O'Neil Legacy Scholarship*



# HHPR Majors of the Year!



## Outstanding Exercise Science Award

Dani Wrench with Dr. Mike Carper



## Outstanding Exercise Science Award

Amber Walbeck with Dr. David Boffey



## Outstanding Physical Education Award

Jacob Ewer with Dr. Julia Spresser



## Outstanding Physical Education Award

Brandon Sigmon with Dr. Cole Shewmake



## Outstanding Recreation Award

Shayla Kohler with Dr. Shelby Hutchens



## Outstanding Recreation Award

Zoey Harvey with Dr. Laura Miller



# Graduate School & Research Awards

The HHPR Department would like to recognize the following graduate students for their outstanding contributions.

## Service

**Caden Springer**

## Scholarship

**Dana Amato**

**David Kuhlen**

**Jonathan Moran**

**Camilla Roy**

## Teaching

**Breonna Goodwin**

**Sarah Linville**

**Karissa Winkel**

## Research

**Elizabeth Hayes**

**Libby Rohr**



# Congratulations to our Graduates!

## Exercise Science

Lauren Alexander  
Jocie Allen  
Hannah Chastain  
Brett Daley  
Garret Elder  
Mia Fredricks  
Sydney Krull  
Lauren Lillis  
Kamryn O'Dell  
Arin Pitcher  
Payton Shurley  
Morgan Ward  
Danielle Wrensch



## Physical Education

Brayden Gage  
Landon Kehl  
Ally Lusk  
Jerry Pitts  
Evan Troike  
Zachary Vance

## Dance Minor

Neal Zoglmann

## Graduate

Dana Amato  
Chandler Baldwin  
Sarah Dement  
Dominique Duff  
Cadin Gustafson  
Elizabeth Hayes  
David Kuhlen  
Jonathan Moran  
Lee Pippins  
Victoria Reaves  
Lauren Roberts  
Libby Rohr  
Camilla Roy  
Caden Springer  
Rebecca Wiley  
Karissa Winkel  
Jackson Woodruff



Photo by Kayla Guilfoyle

## Commissioned 2nd

### Lieutenant

Evan Sigg

## Recreation

Nizar Alarahshun  
Rhett Allen  
Jerek Butcher  
Christian Guzman Chavez  
Quentin Hardrict, Jr.  
Zoey Harvey  
Julia Johnson  
Allie Johnston  
Karrington Kadel  
Shayla Kohler  
Alexis Krist  
Abigail Madsen  
Brian Pinkston  
Drew Roelfs  
Evan Sigg  
Brady Tourtillott  
Josephine Weilemann  
Camryn Williams  
Chandler Wortman



# A Special THANKS to Those Who Gifted The HHPR Endowment

Andrew & Shanna Albright  
John & Amanda Allen  
Tommy & Jill Ayers  
Bob Ahrens  
Dr. David Boffey  
Michael & Jeanna Church  
Missy Clark  
Dr. Mary Coplen  
Ron & Susan Downing  
Kylie Edgecomb  
Patrick & Stephanie Forbes  
Stephen Foster  
Bob Gibson  
Dr. Scott & Beth Gorman  
Michelle Grimes  
Richard & Stephanie Grinage  
Lisa Gunya  
Dr. Robert Hefley  
Clark Howard  
Gerald & Elizabeth Masters  
Deborah Newkirk  
Solomon & Amanda O'Neil  
Dr. John & Kathy Oppliger  
Matthew & Stacy Osterthun  
Pamela & Guy Owings  
Duane & Sheryl Rankin  
Dr. Cole & Jennifer Shewmake  
Marian Simpson  
Michael & Jo Slaughter  
Gary Thompson  
Kevin Woods  
Randall & Kathleen Wrench



## Easy Dance and Rhythms Workshop



**Date:** Tuesday, June 20 & Wednesday, June 21-Online

**Thursday, June 22- In-person**

**Location:** Pittsburg State University Student Recreation Center

Rm 215 & 212

2001 S. Rouse St. Pittsburg, KS

Learn simple ways in which you can use rhythm and dance in your classroom or in a recreational setting or other location. Connect the history of simple dances with your heritage including immigrants that settled in Kansas (or the four-state area) in the early 1900s.

Come prepared to view dances, participate in rhythmical activities, learn simple dances and apply them to your profession or personal life!

Instructed by Dr. Janice Jewett, University Professor in PSU's Health, Human Performance, and Recreation Department.

For questions please contact:

Dr. Janice Jewett, [jjewett@pittstate.edu](mailto:jjewett@pittstate.edu) , 620-235-4669



***\*MUST BE ENROLLED\****

*\*Offered for both undergraduate and graduate credit.\**

*For 2 hour graduate or undergraduate credit register online at [www.pittstate.edu](http://www.pittstate.edu)*

*Undergraduate Course: HHP 440-93*

*Graduate Course: HHPR 704-93*



# Summer Online Classes

**Lifetime Fitness Concepts**  
**Scientific Foundation of Coaching**  
**Elementary School Physical Education & Health**  
**Practicum in Human Health Performance**  
**Easy Dance & Rhythms Workshop**  
**Health Movement/Physical Activity K-6 Workshop**  
**Kinesiology**  
**Adapted Physical Education**  
**Physiology of Exercise**  
**Motor Development**  
**Professional Development in RSSHM**  
**Professional Conference**  
**Internship**  
**Scientific Principles/Strength & Conditioning**  
**Foundations of Human Performance & Wellness**  
**Foundations of Recreation & Leisure**  
**Finance & Marketing Sport & Leisure Service**  
**Sport/Leisure Facility Development & Operations**  
**Seminar: Trends & Issues**  
**Biomechanics**  
**Advanced Exercise Physiology**  
**Research & Thesis**  
**Methods of Research**





**OAGAAG**