



FACULTY

- Dr. John Oppliger, Chair
- Dr. Sarah Ball
- Dr. Allison Barry
- Dr. Mike Carper
- Dr. Laura Covert-Miller
- Dr. Scott Gorman
- Ms. Shelly Grimes
- Dr. Rick Hardy
- Dr. Janice Jewett
- Dr. Cole Shewmake
- Dr. Julia Spresser

ADMINISTRATIVE ASSISTANT

- Susan Downing

GRADUATE ASSISTANTS

- Halle Brin
- Joshua Hudiburg
- Mohan Perumal
- Abbey Sommerauer

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Pittsburg State University

Health, Human Performance, and Recreation

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EDITED BY:
ALYX VANRHEEN
HALEE HARPENAU

On With The Show!!!

The PSU Dance Minor Program was able to perform their Inaugural Dance Research Symposium on April 14th after being shutdown last year due to COVID. A wonderful program featuring various dance styles, including choreography by the students and faculty, had a common theme of *A Light on the Horizon*. Many more pictures of the Dance Symposium are featured on pages 10-13.



Students rehearsed for several hours for nearly seven weeks last spring and were unable to perform due to the "shutdown". Some of those students were able to return but others graduated and moved on. Some of the students and faculty choreographed their own work for this production! The show represented the preparation, cancellation & disappointment of last year while bringing this year's show to life.



Chair's Message

Dr. John Oppliger

Welcome to the Spring 2021 edition of the HHPR Newsletter. This has been the second semester of dealing with COVID and both students and faculty are ready for a break. Many students will take on-line summer school classes but a few weeks of doing something else will be good for everybody.

This is another large issue and, as usual, we have included many photos. Dance is receiving a lot of coverage and it has been remarkable how Dr. Janice Jewett, Graduate Assistant, Abbey Sommerauer, adjunct instructor, Elizabeth Hayes, along with other students have adapted/modified classes and events to comply with COVID restrictions. The Dance Symposium held in the Linda and Lee Scott Performance Hall of the Bicknell Family Center for the Arts was extremely entertaining. If you have not had a chance to visit this facility – you need to do so. Check it out at <http://www.bicknellcenter.com/>.



The Alumni Spotlight shines brightly on Melissa Martinez! We've also included various accomplishments involving students and faculty. We started stories on different faculty a couple of issues back and this issue features Graduate Coordinator, Dr. R. Scott Gorman. Updates on each degree program, and other recognitions are also featured.

Once again, February was scholarship selection month and we want to extend a very special thank you to the **scholarship families** who are listed in this publication. We have also gained another scholarship, the O'Neil Legacy Scholarship, courtesy of Solomon & Amanda O'Neil and Walter O'Neil. Solomon O'Neil was a Summer 2007 department graduate and has been teaching in Las Vegas, Nevada, for several years. The generosity of all scholarship families has helped so many students stay in college and finish their degrees. The number of scholarships has risen from three just a few years ago to as many as 12 in certain years! In these economically challenging times, this is amazing!

Finally, always remember we welcome visits from our alumni family. We would appreciate hearing from them and, with their permission, be able to include them in some manner in future issues of this newsletter. We thank our alumni and current students because they make us all look good!

ALUMNI SPOTLIGHT

Melissa Martinez



My name is Melissa Martinez, and I am a graduate of Pittsburg State with my Bachelor of Science in Recreation Therapy and I am currently working on my master's from the Health, Human Performance and Recreation Department. Growing up I was always involved in sports, outdoor activities and I loved camping and fishing with my family. As I grew older my love for those things only deepened and when I thought about what degree or career that I wanted to pursue all I could think about was the fun stuff I liked to do. I chose to go for a degree in nursing because I love helping other people. I was not aware of Recreation Therapy until I discovered it while I was in nursing school. So, I made the switch, and it was one of the best decisions that I could have made. I immediately felt at home within the program. The classes were a blast, the professors were so engaged and passionate about what they were teaching, and I was presented with so many options as far as where I could work as a Recreation Therapist. It was wonderful to find out

that I could have a career helping others create healthy leisure lifestyles for themselves since my leisure lifestyle was so important to me.

When it came to choosing an internship, I have always had a strong passion to work with Veterans because they gave so much for the freedom of Americans. After researching, I discovered there was a VA Medical Center in Leavenworth, KS, so I made the call, and obtained my internship with them. It was an amazing experience and I found what I wanted to do in life. I luckily was hired at the VA within a year of completing my internship. It was easy to say that I got my dream job.

The knowledge that I gained from Pitt State and the experience I got from my internship really helped my start go exceptionally smooth at the VA. Shortly after starting my job, I obtained my certification as a Certified Therapeutic Recreation Specialist (CTRS). I have worked at the VA now for 13 years. During these wonderful years I have worked within many areas of the VA including the Domiciliary (Dom) that houses homeless Veterans with most having dual diagnosis of addiction and mental health. At the Dom, I led groups that focused on leisure education and leisure skills. I started a gardening program for the Veterans. I would take them on community awareness trips and of course my favorite trips were fly fishing, kayaking, baseball games and hiking. I currently work mainly on the Community Living Center (CLC) which is an inpatient rehabilitation unit and consists of mostly geriatric Veterans. I focus my groups and one to-one visits around the person-centered approach and individualize each Veteran's care plan to meet their specific goals. I do a lot of cognitive stimulation activities and physical activities to help increase or maintain range of motion.

ALUMNI SPOTLIGHT

Melissa Martinez

Alongside my duties on the CLC, I also assist with programming for Whole Health at the VA. Whole Health is an approach at the VA that empowers the Veterans to take charge of their health and well-being so they can live their life to the fullest. Whole Health helps promote self-care, person-centered professional care, and several holistic interventions like tai chi, yoga, mindfulness and meditation, healthy foods and so much more. My passion of this program led me to get certified as a Meditation and Mindfulness Teacher.



I now lead a mindfulness and meditation group weekly for Veterans to increase their self-awareness and help train their brains to remain focused and grounded while gaining inner peace. It is especially important to me to remain teachable; to grow in knowledge and skills to be able to continue to provide good quality care to the Veterans. That is why I wanted to complete my Master's in Health, Human Performance, and Recreation with an emphasis of Health and Wellness. I want to be able to provide as much education as possible to the Veterans on how they can achieve wellness and have an overall better quality of life. Lastly, I have also had the pleasure to serve as the student intern coordinator who supervises the students that are pursuing their bachelor's in Recreation Therapy.

Outside of my career working I stay busy with my beautiful family at home. Having three daughters we stay busy with going to and from gymnastics and dance class, keeping track of recitals, and introducing them to as many sports and fun activities as possible to help promote their little leisure interests. My husband, Danny, is my biggest support in helping me balance all of life's adventures and our team work really does make our dream work and my dream started at Pitt State!!!

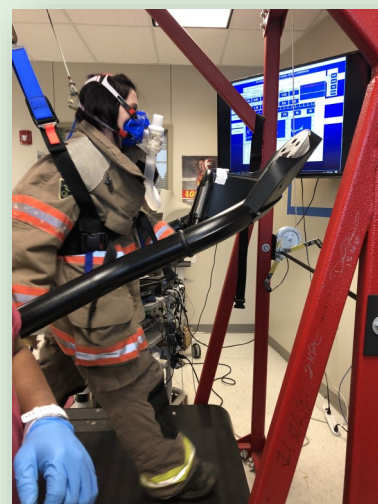
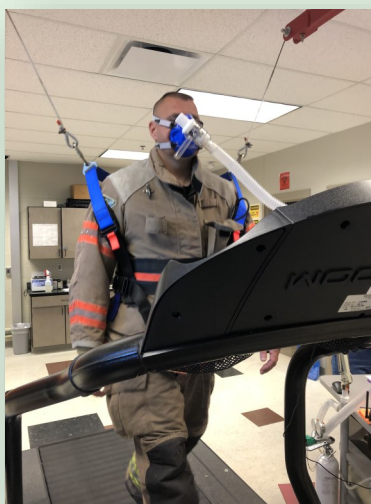
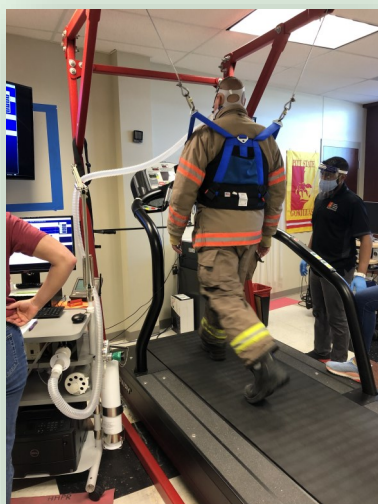


Exercise Science News



It was a pleasure to have Chief Dennis Reilly, (left) from the Pittsburg Fire Department speak to Dr. Allison Barry's Pre-Internship Class about professionalism, internship expectations, and future career options!

Thank you Chief Reilly!



In the Exercise Science program we have been conducting research on firefighters from a fire department near Joplin, Missouri. The purpose of this research is to examine relationships among device-measured physical activity intensities using accelerometers, muscular strength, percent body fat, percent fat-free mass, cardiovascular fitness, and fire ground tasks.

To assess cardiovascular fitness, students are completing VO₂max testing on the firefighters. This test is a stage-graded treadmill test completed in firefighter bunker gear. For muscular strength testing, the firefighters will do handgrip testing and max out on bench and deadlift.

Lastly, students will conduct a fireground fitness assessment where the firefighters, in their gear with a breathing apparatus, will do a ladder set-up and three-story climb, hotel hose pack carry up and down five flights of stairs, hose hoist, farmer's carry with fifty-pound water canisters, pike pulls, and rescue drag with a 160# dummy. Our goal for all the research conducted on the firefighters is to find what physiological factors best predict on-duty tasks' efficiency to mitigate potential injury.

The Exercise Science department appreciates the firefighters allowing us to learn from them during this testing and hopes our research will in turn help them.

Physical Education News



Mrs. Grimes' Swimming Class students canoeing at the University Lake!



Mrs. Grimes' Theories II Class playing Sand Volleyball after reviewing their volleyball unit .



Mrs. Grimes held a Yoga Class for the PSU Football team.

Physical Education News



Mrs. Grimes' Theories I Class covered their unit on Tennis and had games with their international student from Paraguay, Fatima Estigarribia Benitez.



Physical Education News



Tristan Gegg, Physical Education major from Altamont, KS, and a member of the PSU women's basketball team, eclipsed the 1,000 point mark this past February in a game against Lincoln. She is the 23rd player in Pitt State history to score 1,000 points. She led the conference in free-throw percentage and received All-MIAA honors in March.

CONGRATS TRISTAN!!!

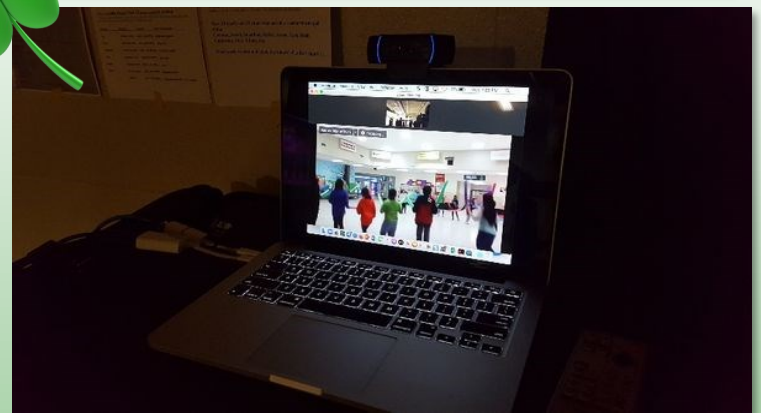
Mrs. Grimes' Lifeguarding Class using COVID safety precautions in class with clear plastic face shields.



Dance News



Dance Appreciation students started the first day of class learning dance routines via social distancing and mini pool noodles. Dr. Janice Jewett was very creative in her approach to teaching dance during the pandemic.



Meadowlark Elementary students who reached their reading goals for the quarter received a Zoom dance lesson from Dr. Janice Jewett's Dance Appreciation students on St. Patrick's Day! Dr. Jewett's students would model the dance via Zoom, and then watch elementary students recreate the dance on the projector screen. Some students sported green attire while teaching an Irish Dance.

Dance News



Arm bouquets were given to dance instructors, Elizabeth Hayes, Dr. Janice Jewett, and GA, Abbey Sommerauer following the Dance Symposium. Dr. Jewett was also presented an award for her hard work and dedication to the dance program. Thank you ladies!!!

The Dance Professionals Club received an award for Program of the Year at the Leadership Awards Banquet in April. They were picked for this award out of 150 other clubs on campus. Accepting the award is Grad Assistant, Abbey Sommerauer.

Congrats Dance Professionals Club!

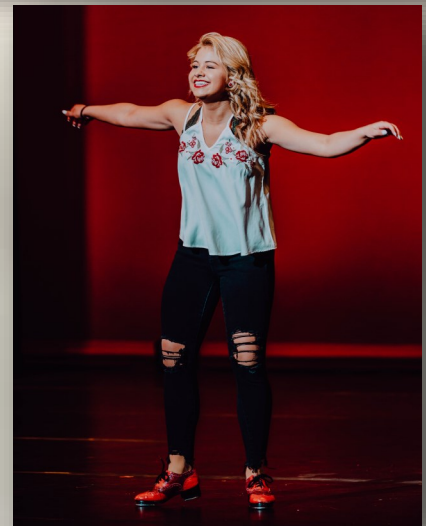


Dance Symposium

Performers:

Annika Anzjon
Taylor Butcher
Gracie Butler
Tabitha Carothers
Olivia Cassell
Mackenzie Coester
Tricia Combs
Alexis Daniels
Hayden Foster
Breonna Goodwin
Morgan Grotheer
Quintin Hanna
Halee Harpenau
Audrey Hartwell
Jazmin Havens
Elizabeth Hayes
Michaela Henningsen
Kaylee Hicks
Alexia Jimenez
Cameron Johnson
Amber Kennebeck
Leila Lesme
Sarah Linville
Roberta Lorenz
Mackenzie Mansel
Kalynn Marrs

Foster Martin
Tayler Matthews
Alissa Mae McCarter
Sara Minton
Hayley Monday
Mitzy Navarro
Jolene Nirschl
Sebastian Ortiz
Cassidy Pankratz
Juan Rojas
Luciah Shelby
Danielle Sisk
Morgan Smith
Emma Snider
Abbey Sommerauer
Megan Spiers
Rraine Talmage
Hunter Thompson
Dani Torgler
Amanda Trowbridge
Tatianna Tucker
Abby Van Hercke
Karlie Vaters
Akash Verma
Klair Vogel
Ethan Wagner
Ellie Wheeler
Kaci White
Allea Younggren



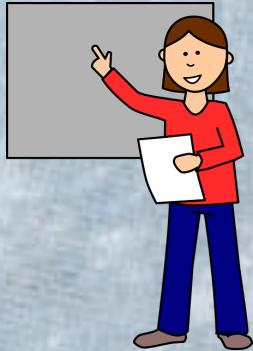


Dance Symposium Photos





Dance Symposium Poster Presentations



Camping Class Activity



With Dr. Scott Gorman being on sabbatical this semester, Graduate Assistant, Josh Hudiburg, is teaching the Camping and Outdoor Education Class. Rappelling is one of the skills students learn!

Recreation Services, Sport, & Hospitality Management COAPRT Accreditation

The Recreation Services, Sport and Hospitality Management Program underwent renewal for the program's accreditation through the Council on Accreditation for Parks, Recreation, Tourism, and Other Related Services (COAPRT). This process, which occurs every seven years, included the completion of a self-study review of the program and a site visit. Visits are typically held in-person, but was virtual this year due to COVID. The virtual site visit occurred March 15-17, 2021, and included meetings with campus administration, community partners and alumni, RSSHM faculty, and students.

Overall, the accreditation team was impressed with the RSSHM Program, faculty, and students. The outcome of the accreditation will be decided at the NRPA Convention in September 2021; at which time the COAPRT Accreditation Council makes their final decision. The faculty are confident accreditation will be granted for another seven years.



Recreation News



Students in Dr. Covert Miller's Adapted Physical Education Class completed four weeks of virtual activities and four weeks of in-person activities with athletes from New Hope Services in Pittsburg. Students were responsible for planning and implementing fitness-based activities with the participants. The students and athletes also competed in a Unified Fitness MOVE Challenge sponsored by Special Olympics North America. Both groups tracked and entered their minutes of exercise each week for six weeks. Teams across the nation competed, along with university teams from the state of Kansas. (Pictured above are PSU students and athletes working out together).

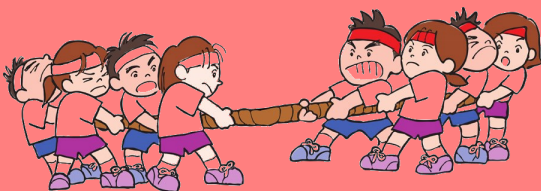
Dr. Covert Miller's Therapeutic Recreation Class designed and implemented therapeutic-based virtual activities for four weeks with the Pittsburg Community Middle School's Autism Spectrum Disorder classroom. The Pitt State students led the interventions virtually with the students. Interventions ranged from art-based to physical activity-based activities.

Therapeutic Recreation classes had a variety of virtual guest-speakers during the semester. All guest speakers were former graduates of the TR program. The speakers discussed the field of TR, their job experiences, and provided advice for the soon to be graduates. Guest speakers included Peyton Cravens, Chelsea Montgomery, and Makenzie Cantwell.

Dr. Covert Miller, her student research assistants (Hannah Carr, Brenna Schroeder, and Libby Van Rheen), and Special Olympics Kansas received accolades from Special Olympics International (SOI) for their dedication and hard work completed this year with the University Evaluation Grant. Dr. Covert Miller's program was one of six programs in the nation selected for the grant. SOI commended them on their ability to maintain high numbers of participants throughout the entire 16-week study, being one of the higher performing universities and programs.

Recreation News

Outdoor Kansas Kids Day took place on Saturday, May 1st. Students in Dr. Covert Miller's Program and Design Class collaborated with Pittsburg Parks and Recreation to help plan and implement the event. The event was cancelled last year due to COVID, but was successfully held this year at Lakeside Park and Lincoln Park in Pittsburg. Activities included a fishing derby, relay races, ladder golf, bocce ball, sensory station, and archery. Thank you to those students who helped plan, prepare, and implement the day.



HHPR Happenings

Congratulations to Dr. Scott Gorman for receiving the *Professor Beyond the Classroom Grant*! The grant will be used to fund student expenses for an end of semester overnight camping trip to Roaring River State Park near Cassville, MO. Students are taught how to fly fish, set up tents, and orienteering among other safety skills which they will use on this trip.



Aaron Ritchhart, PE Major, works with a student at Joplin High School during his Practicum. Thanks to Coach Lawrence at JHS for working with our majors!

Sisters Alyx & Libby VanRheen attended a formal for their sorority in March. Alyx is a student secretary for HHPR & Libby is a Recreation Major and student research assistant. They had a blast!



Congratulations to Dr. Cole Shewmake for serving as Faculty Senate President this past academic year!

HHPR Happenings

SHELLY GRIMES

Health, Human Performance, and Recreation
Instructor



My Favorite Things

Pitt State College of Education Edition

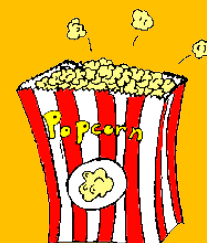
GO-TO-DRINK Dr. Pepper

FOOD Pizza

VACATION White Sandy Beaches & Sunshine

ANIMAL Dachshund Dog - Trixie

CLASS Swimming & Any Workout Class



Dr. John Oppliger and Mrs. Shelly Grimes were featured on the College of Education Facebook page *My Favorite Things*.



PITT STATE MEMORY

Hosting Kansas Kids

Fitness Day

Eighteen alumni joined Dr. John Oppliger and Dr. Scott Gorman for the Health, Human Performance and Recreation Services Virtual Gorilla Gathering with Pitt State Alumni & Constituent Relations in February.

DR. JOHN OPPLIGER

HHPR

Dept. Chair/ University Professor



PITT STATE MEMORY #2

The year HHPR had Dr. Bryant, Dr. Dickey, Al Ortolani, and Bob Johnson as adjuncts and part-time faculty. Those four individuals, with their combined knowledge and experience, had a lasting impact on our already strong faculty.

My Favorite Things

Pitt State College of Education Edition

FOODS Hamburgers & Kraft Mac & Cheese (Original Blue Box)

GO-TO-DRINK Whole Milk

MOVIE The Outlaw Josey Wales

PITT STATE MEMORY #1 The day we hired Susan Downing as our Admin. Specialist!



Virtual > > > > >
Gorilla Gathering

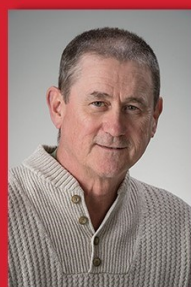
with

*Dr. John Oppliger &
Dr. Scott Gorman*

Health, Human Performance,
and Recreation



Pittsburg State University
ALUMNI & CONSTITUENT RELATIONS



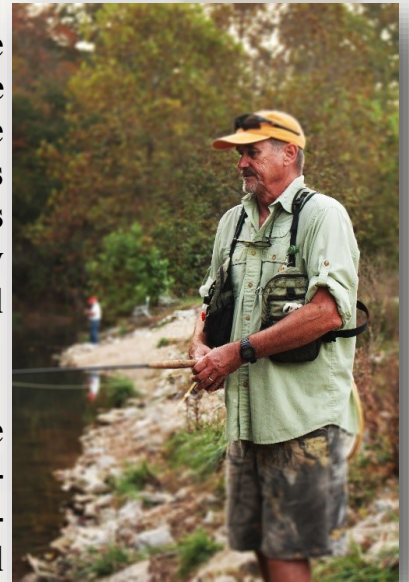
Alumni from Georgia, Alabama, Colorado, Wyoming, Kansas, Oklahoma, Texas, and California tuned in for the departmental update. In addition to the 18 alumni who joined us live, we had another 16 view the recording on YouTube.

Graduate Coordinator

Dr. R. Scott Gorman

In this issue of the HHPR Newsletter, we would like to recognize the department's Graduate Coordinator, Dr. R. Scott Gorman. The recognition is easy but where to begin is difficult. The accolades are many and more will surely come. However, his greatest strength is being the most student-oriented professor one will ever know. His commitment to students, the discipline, and tireless service not only makes him an outstanding professional, but makes us all look good in the Department of Health, Human Performance, and Recreation.

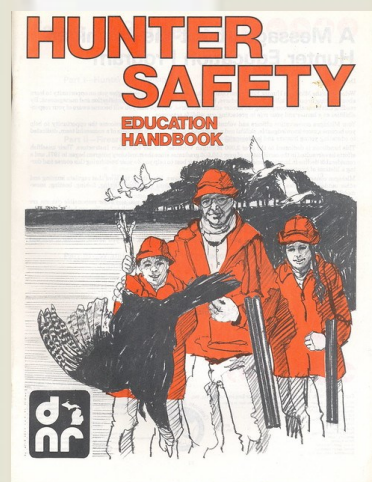
Dr. Gorman has been a valuable member of the department since 1988. During this period, he has been a popular and effective teacher as well as the Graduate Coordinator. The rigor involved in advising and monitoring a large number of graduate students located across the country requires not only dedication and a strong work ethic, but the joy of seeing students be successful. Despite being an online degree program, he gets to know all students, even those living great distances from PSU in a personal and caring way. Before admittance to the program, he finds out what they are currently doing as well as their career goals. He is able to place students in the emphasis area and the courses best fitting their needs. While there is often a missing human factor in online education, it is refreshing to know how many students have stopped by Pittsburg while on summer vacations from as far away as the east and west coasts to meet Dr. Gorman in person!



In addition to teaching graduate courses, Dr. Gorman has been the department's Camping and Outdoor Education Instructor since arriving at PSU. When needed, he has taught undergraduate courses in Kinesiology and Physiology of Exercise, among others. He has received the University's Teacher of the Year Award and one of the comments made by the selection committee was *"Dr. Gorman's classes are those students hate to miss, if you're gong to skip, don't skip his!"* This demonstrates his popularity with students.

Dr. Gorman has been active in scholarship. In addition to publications, he usually gives presentations at the numerous professional conferences he attends, and has been invited to present on several occasions, often getting students on the programs as co-presenters. He instills in his students the value of professional involvement. The department could put together an impressive list of alumni holding enviable positions across the country and virtually all of them would substantiate the fact that Dr. Gorman's requirement that they become professionally active during their time in our program can never be over-valued. In addition to completing an internship, all of his students must attend a professional conference – or they don't get the degree. Remarkably, there has never been a single complaint!

Dr. Gorman has brought the department and university much attention due to his service activities. One would be challenged to find another member of the Pittsburg State University faculty who could equal his record of professional, university, and community service involvement. For those of us in the department comprising this list means we are forgetting half of them. Briefly, he maintains membership in five organizations, one of which, the Society of Health and Physical Educators (SHAPE) America, has benefited by him serving on 12 of its committees. He has served on ten committees of the Central District Association of the American Alliance for Health, Physical Education, Recreation and Dance and ten on the Kansas Association of Health, Physical Education, Recreation and Dance. Dr. Gorman's institutional and community service activities comprise a list of over 30 endeavors. He is recognized professionally at the national, district, and state level. In addition, due to his professional certifications and training through six organizations, he is continuously in the community teaching Hunter Safety Training, Canoeing, Archery, Project Adventure ropes course activities, and umpiring local and baseball games, just to name a few.



STUDENT EMPLOYEE OF THE YEAR



Sarah Linville was nominated by Mrs. Shelly Grimes as an Aerobics student instructor and was chosen the PSU Student Employee of the Year! Sarah will graduate with a Bachelor's Degree in Recreation in May.

Pictured above: Second Runner-Up, Grace Haworth, Sarah Linville, and President Steve Scott.

Congratulations Sarah!



Bralyn Wilson
Student Success Programs



Bralyn Wilson, Recreation major, was nominated for Student Employee of the Year by the Student Success Office and was named First Runner-Up.

Congratulations Bralyn!

HHPR STUDENT EMPLOYEES



The HHPR Department is honored to have two student secretaries, Halee Harpenau and Alyx VanRheen working in our main office! Thank you ladies for all you do!



HHPR APPRECIATES OUR STUDENT EMPLOYEES!

Hanah Carr
Emily Hanenberg
Halee Harpenau
Sarah Linville
Savannah Reinhart
Lauren Roberts

Camilla Roy
Ben Saint
Brenna Schroeder
Kayleigh Smith
Alyx VanRheen
Libby VanRheen

Major of the Year



Exercise Science
Camilla Roy



Exercise Science
Grace Herren



Exercise Science
Kelsey Kinkade

Students pictured were nominated by HHPR faculty and awarded as Majors of the Year for their outstanding performances.

Major of the Year



Physical Education
Chase Johnson



Recreation
Libby VanRheen



Recreation
Sarah Linville



Physical Education
SHAPE America Award
Trey Mooney

Congratulations!

Graduate School & Research Awards

The HHPR Department would like to recognize the following graduate students for their outstanding contributions.

Teaching

Josh Hudiburg

Scholarship

Kori Dodson

Nick Zafuta

Marilyn (Katie) Jones

Kevin Hass

Service

Abbey Sommerauer

Brett McMakin

Tandi Cox

Research

Halle Brin

Scholarship Recipients

PAGE 27

The following students will receive scholarships for the 2021-2022 school year.

CONGRATULATIONS!!!!

Amelia Mallat

Evelyn Triplett Scholarship

Ashleigh Grimes

Shelly Grimes Fitness Scholarship

Helen Messenger Scholarship

Kelaah Griffith

Nadine Sheffield Scholarship

Sydney Krull

Karl B. Larson & Rowena Sohosky Larson Scholarship

Emily Hanenburg

Weickert & Cichowski Endowed Scholarship

Brianna Mayfield

Weickert & Cichowski Endowed Scholarship

Bailey Sigmund

Weickert & Cichowski Endowed Scholarship

Chandler Wortman

Weickert & Cichowski Endowed Scholarship

Jessica Jones

Matthew Nutter Memorial Scholarship

Emma Martin

Pepsi Scholarship

Anna Holman

Pepsi Scholarship

Dakota Lloyd

Philip Lusebrink Scholarship

Track & Field Champions



Trey Mooney (above) is the national champion in Heptathlon, which includes a 60 meter dash, long jump, shot put, high jump, 60 meter hurdles, pole vault, & a 1000 meter run. Connor Southard (below 2nd from left) is part of the Distance Medley Relay that also took first at this competition, making him a national champion! Both competed in March at the NCAA Division II Indoor Track & Field Championship in Birmingham Alabama. Josh Hudiburg (below on right), HHPR Graduate Assistant, had an amazing throw of 69.17 meters at the Pitt State Invitational Meet in April. This ranked him #4 at Pitt State and 4th in the nation for DII.

Congratulations Trey, Connor & Josh!



NATIONAL CHAMPIONS



DMR TEAM - 9:46.68

CONNAR SOUTHARD

GRAHAM HUDELSON

MATTHEW WILSON

MASON STRADER








DANCE

A Dance Minor can lead to careers & training such as:

*Studio Director
Studio Manager
Dance Team Coach*

*Dance Program Instructor
Improved Stage Presence & Movement
Enhanced Use of Rhythms & Dance in
the Classroom*



**Health, Human Performance, & Recreation Department
Pittsburg State University**



@pittsburgstatehhpr

For more information:

Visit: <https://pittstate.edu/hhpr>



@pittstatehhpr

EXERCISE SCIENCE

Interested in a Career in the Medical,
Wellness, or Athletic Fields?

Exercise Science is your Pre-Professional Degree for
entrance to:

Physical Therapy School
Occupational Therapy School
Chiropractic College
Athletic Training Program

Medical School
Pharmacy School



Health, Human Performance, & Recreation Department
Pittsburg State University

For more information:

Visit: <https://pittstate.edu/hhpr>



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Hospitality Management



Hotel/Resort Management

Wedding Coordinator

Event Planner

Regional Restaurant Managers

Cruise Director

CVB Management



**Health, Human Performance, & Recreation Department
Pittsburg State University**



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For more information:
Visit: <https://pittstate.edu/hhpr>



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Congratulations to our Graduates!



Graduate

Sara Anderson
 Joshua Baker
 Allison Boltjes
 Tandi Cox
 Kori Dodson
 Daniel Fitts
 Braden Gililland
 Carissa Gosvenor
 Jordan Griem
 Kevin Haas
 Joshua Hudiburg
 Marilyn Jones
 Brett McMakin
 Lindsey Mitchell
 Nicole Moore
 Jason Patterson
 Mohan Perumal
 John Petrie
 Robert Benjamin Saint
 Abbey Sommerauer
 Nicholas Zafuta

Dance

Rylie Kirch
 Sarah Linville
 Morgan Smith



Exercise Science

Katherine Crawford
 Patrick Guerra
 Grace Herren
 Kelsey Kinkade
 Tyler Metcalf
 Joseph Mitchell
 Lindzi Pellock
 Mckenzie Penne
 Jordan Phillips
 Creighton Sanders
 Brenna Schroeder
 Brooke Wentworth
 Riley Zerr

Recreation

Marcus Alexander
 Rabecca Bales
 Kerestin Beaty
 Austin Bonnel
 Nicholas Cook
 Kersee Cumiskey
 Reese Dalton
 Davida Fontelroy
 Seth George
 Haven Gilker
 Makenzie Goswick
 Sarah Linville
 Caleb Rogge
 Samantha Ruvalcaba
 Adrian Scroggins
 Karlee Stanley
 Libby VanRheen
 Bralyn Wilson

Physical Education

Jonathon Dykstal
 Alexandra Grimes
 Page Hiebert
 Madison Morgan
 Cassidy Westhoff

Hospitality Management

Rabecca Bales
 Seth George
 Collin Senf

Commissioned 2nd Lieutenant/US Army—Tyler Metcalf

**A special THANKS to those who gifted the
HHPR Endowment**

**Bob Ahrens
Andrew and Shawna Albright
John and Amanda Allen
Tommy and Jill Ayers
Michael and Jeanna Church
Mary Coplen
Ron and Susan Downing
Kylie Edgecomb
Stephen Foster
Scott and Beth Gorman
Michelle Grimes
Richard and Stephanie Grinage
Robert Hefley
Jerrod Murphy
Deborah Newkirk
Solomon and Amanda O'Neil
Walter O'Neil
John and Kathy Oppliger
Duane and Sheryl Rankin
Marian Simpson
Gary Thompson
Randall and Kathleen Wensch**

Summer Classes

All classes will be held online:

Lifetime Fitness Concepts
Scientific Foundations of Coaching
Elementary School Physical Education & Health
Practicum in Human Health Performance
Health Movement/Physical Activity K-6 Workshop
(Online Workshop Undergrad & Graduate)
Kinesiology
Adapted Physical Education
Physiology of Exercise
Intro to Therapeutic Recreation
Personal Training & Fitness Management
Practicum in Adapted Physical Education
Scientific Principles/Strength & Conditioning
Foundations of Human Performance & Wellness
Foundations of Recreation & Leisure
Finance & Marketing Sport & Leisure Service
Sport/Leisure Facility Development & Operations
Seminar: Trends & Issues
Advanced Exercise Physiology
Social-Psychology of Sport & Recreation
Research & Thesis
Internship

