



FACULTY

- Dr. John Oppliger, Chair
- Dr. Sarah Ball
- Dr. Allison Barry
- Dr. Mike Carper
- Dr. Laura Covert-Miller
- Dr. R. Scott Gorman
- Ms. Shelly Grimes
- Dr. Rick Hardy
- Dr. Janice Jewett
- Dr. Cole Shewmake
- Dr. Julia Spresser

ADMINISTRATIVE ASSISTANT

- Susan Downing

GRADUATE ASSISTANTS

- Halle Brin
- Joshua Hudiburg
- Mohan Perumal
- Abbey Sommerauer

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Pittsburg State University

Health, Human Performance, and Recreation

VOLUME 1
ISSUE 22
FALL 2020

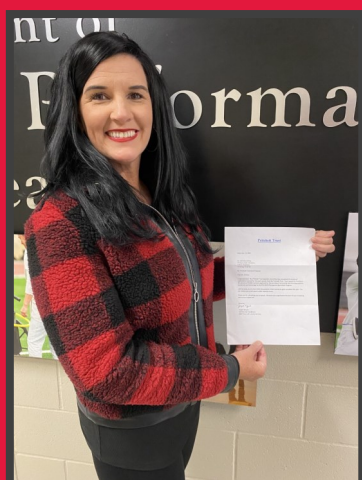
EDITED BY:
EMILY HANENBERG
SAVANNAH REINHART

HHPR Department Receives Grants

Dr. Laura Covert-Miller received a \$29,000 research grant from Special Olympics International in August of 2020. The intent of this grant is to support research relating to health and wellness programming in Special Olympics athletes. Dr. Covert-Miller is one of six faculty chosen in the United States to help assist with this research. She and Special Olympics Kansas have collaborated to collect data from athletes and implement programming across the state of Kansas for Special Olympics athletes.



The Kansas Association for Health, Physical Education, Recreation & Dance awarded \$660 to Ms. Michelle Grimes, HHPR Instructor, to fund a Fueling UP with the Chiefs Sports Lab & Mobile Unit project. Physical activity and health eating habits among school age youth are promoted through this training as well as a visit to the Arrowhead Sports Lab by Physical Education majors. This activity will then be presented to area physical education instructors at state and national conventions.



Ms. Shelly Grimes received a \$3,000 Pritchett Grant provided by BMO Bank in Pittsburg for the KC Chiefs Play 60 Program. This program is designed for school age kids, encouraging them to get 60 minutes of exercise everyday! Ms. Grimes' Theories II class of P.E. majors, will be traveling to Arrowhead Stadium in 2021 to learn more about the program, the onsite mobile fitness lab and how to share with local school districts. Pictured is Grimes with her award letter.



Chair's Message

Dr. John Oppliger

Welcome to the fall edition of the HHPR Newsletter. Despite this being the second consecutive semester of dealing with COVID-19, the department has remained strong and accomplishments continue to accumulate. The department followed university guidelines and made numerous modifications to course deliveries. We, as faculty, struggled at times to develop the best delivery, but it has been encouraging how students have seemed to accept the fact that these are extraordinary times and made the best of it.



All face-to-face courses will end Friday, November 20th. After that date, courses will be online until Friday, December 11th, which will conclude the semester. This will be another large issue and we have included quite a few photos of interest even though students and faculty did not travel to conferences and conventions. Professionally, the majority of associations either cancelled or held virtual conferences. Nevertheless, we were busy and able to host and take part in some local/area events by virtual means.

We have strong degree programs and have given updates on what is happening within them. Our enrollment has remained positive and has grown in some areas.

The Alumni Spotlight shines brightly on Beth Masters. We have kept in touch with her over the years and have always been proud of her accomplishments.

We like to point out the best thing about a department newsletter is to share with readers the accomplishments of students. Our students have received numerous awards, completed certification/licensing exams and been admitted to professional schools. They make us all look good!

ALUMNI SPOTLIGHT

Elizabeth Masters

My name is Beth Masters and I am a proud graduate of Pittsburg State University with both my Bachelor's and Masters' Degree from the Health, Human Performance and Recreation Department. From a young age, I knew that I wanted to be a teacher, work with students and help them achieve their goals. I also enjoyed sports and was very competitive so I guess becoming a PE teacher just came natural to me. Several of my cousins went to Pitt State and listening to them talk about the fun experiences they had made me want to look into going there even more. I was able to visit a few times throughout high school and fell in love with the campus and the small town. Plus it was just far enough away from home that I could be on my own, but I knew my parents could be there quickly if I needed something.

While at Pitt State for my Bachelor's degree, I quickly became involved in the campus life and the HHPR club because it was so active and fun. The professors in the HHPR Department were amazing, involved in several different programs and always willing to help when needed. The classes I had to take were just as awesome and I had so much fun playing in all of the different games and activities and learning how to break them down to teach to students. I was also able to visit several elementary and middle schools in and around Pittsburg as well to get a vision for what teaching would look like at different levels. The HHPR Club was such a fun group to be involved in as well. I was excited to serve as the Treasurer and Vice President while in school!

My professors also encouraged and were very active in attending conventions that supported our profession. I was able to attend our state KAHARD convention each year, went to our Central District convention twice where I received an award for Major of the Year at one of them and went to two National Conventions as well. While at these conventions, we were able to network with other students, professors and teachers in our profession, learn different teaching techniques and activities and see what new equipment and technology was available for us to use.

After graduating with my Bachelor's Degree, I immediately started teaching and was excited to be able to reach out to my former professors for guidance and help whenever I needed it. They have always been willing to lend a helping hand. I also appreciated being able to reach out for them to write Letters of Recommendation when applying for a new school position. When I decided to go back to school for my Masters' Degree, there was no question that I would go back to Pitt State to earn this degree. I was so excited that several of my professors were still there and I was able to take classes with them again! This program was just as amazing as my undergrad program! I was still able to attend state conventions with them, I learned several different teaching techniques, how to better incorporate technology and it rejuvenated me in my teaching career.

I am currently in my 17th year of teaching and love getting to come to work each day and teaching my students the importance of being active, taking care of ourselves and getting to participate in activities with them! I am happily married to my amazing and supportive husband, who also graduated from Pitt State and we have three awesome children. Throughout my teaching career I have been nominated and received Teacher Awards, been involved in community events, organized different programs and events through school, served on building leadership teams and am a head coach for two sports at my current school. Teaching and working with students is still my passion! The staff in the HHPR Department at Pitt State were amazing to work with for both of my degrees, are great colleagues and Pittsburg State was a wonderful college to attend! I am so proud to be a Gorilla!! Once A Gorilla, Always A Gorilla!!!



STUDENT SPOTLIGHT

JOEY ROSS



My name is Joey (Joseph) Ross, 44-year-old PSU Senior. I was raised and lived most of my life in Weir Kansas. My family and I moved to Lamar MO last year. I have a wife, Kimberly, and two children, Jesse, 23, and Alyssa, 20. I have been interested in Physical Education most of my life. It started with my elementary P.E. teacher, Larry Mosburg. He was an intense individual and always made P.E. a fun and worthwhile class. In high school I made the decision I also wanted to be a coach. My role model for that was William Mallatt. He was my baseball coach all four years of high school and whom I model my own coaching after. He taught me that coaches need to not only require hard work, respect, and a high level of ethics, but they also need to demonstrate them as well. My dad, Steve Madison, was really the driving factor for me being involved in sports.

My education did not go as planned. In 1996 I left PSU, started a family, and entered the work force. By 2017 my kids were pretty much grown, so I started back at LCC. I held over at 3.7 GPA while at LCC. In the Spring of 2019, I returned to PSU as a 42-year-old sophomore. I was immediately thrown into P.E. classes with All-American athletes of various sports. On my first day, I was expected to play tag, and my partner was a captain on the Football team, Morgan Selemaea. The sportsmanship and respect that was shown to me over my time at PSU was more than I could have ever expected. The students treated me as an equal, but also showed me the respect they would a teacher or parent. PSU HHPR has the best professors in the nation...from my advisors, Dr. Cole Shewmake and Dr. John Oppliger, to Dr. Julia Spresser, Mr. Steve Brown, and Mrs. Shelly Grimes. Mrs. Grimes was my Theories I & II professor. She pushed me to compete with high level college athletes that were half my age, and had twice my athletic ability. She did not cut me any slack and pushed me to be my best. My time at PSU is something that I will cherish my entire life. And because of professors like Mrs. Grimes, I am prepared to begin my teaching career at Galesburg Middle School, in Galesburg Kansas, on November 30th. My biggest fear going back to PSU was not being a social pariah, and not being socially accepted. That could not have been further from the truth. The staff, students, and surrounding community made me feel like family, and that is something I will take with me the rest of my life.

HHPR Graduate Assistants 2020-2021



ABBIEY SOMMERAUER
DANCE



JOSH HUDIBURG
RECREATION



HALLE BRIN
EXERCISE SCIENCE



MOHAN PERUMAL
EXERCISE SCIENCE

HHPR Happenings



Sarah Ball completed her Doctorate in Health and Kinesiology from the University of Mississippi. Over the summer of 2020, HHPR Assistant Professor, Dr. Sarah Ball successfully defended her dissertation titled, *"Leisure Boredom and Perceived Stress as Predictors of Social Distancing Among University Students"*. This cross-sectional self-reported research investigated university students' leisure boredom and perceived stress predicting ability on various social distancing measures. While neither leisure boredom or perceived stress were found to be significant predictors of social distancing, other student factors such as leisure activity were found to be significant predictors. These findings provide information for future researchers regarding predictors of university students' social distancing behaviors.

Congrats Dr. Ball!



Left: Ms. Grimes signing the banner for Run Across America! Grimes ran a 4-mile stint in OKC to hand off the baton for the next runners. The race took place throughout the months of September and October starting in Boston going to LA

Ms. Grimes competed in the Run The Rock on Sept 12th; sponsored in part by Bass Pro Shops. Photo (right) courtesy of Command Family Medical.



Morgan Selemaea (#7) was selected as a captain for the 2020 PSU Gorilla Football team.

Morgan is a Physical Education major in the HHPR Department.

Congrats Morgan!



Ms. Grimes offered a Yoga Class with the PSU football team as an alternative workout for the team due to COVID.



HHPR Happenings

This year's Service Award recipients were highlighted in the Fall Convocation video and later presented their pins and congratulatory letters. The HHPR Department would like to recognize these individuals for their years of service to Pittsburg State University. ***CONGRATULATIONS!***



Dr. Julia Spresser
30 years



Susan Downing
25 years



Shelly Grimes
10 years



DANCE PROFESSIONALS CLUB

The Department of HHPR established a new Dance Professionals Club this academic year. The club President is the Graduate Assistant in Dance, Ms. Abbey Sommerauer. Other officers include Ms. Morgan Smith (Biology Major) Vice-President; Ms. Cassidy Pankratz (Elementary Education Major); Ms. Breonna Goodwin (Recreation Services, Sport and Hospitality Major) Treasurer; and Ms. Anna Holman (Recreation Services, Sport and Hospitality Major). The club sponsor is Dr. Janice Jewett.

Since its inception this semester the club has hosted four in-person workshops (Hip Hop Master Class, Ballet Master Class, Contemporary Master Class and a joint event with Student Government Association titled Line Dancing), and three Zoom events (Improvisation Master Class, Yoga Master Class and a Stretch/Relaxation event). There have also been two community meetings where the members discussed issues such as gender in dance and cultural dance.

The club's objective is to give dance minors and, those invested in dance, opportunities to be an active advocate for the art of dance around campus and our community. The club offers the following opportunities:

Master Classes (in varying genres) that focus on building technique and learning choreography. Whether you are a beginner or have dance experience these Master Classes will have something for everyone. If students are looking for a new fun recreational fitness activity this is an experience that will challenge them and begin their dancing journey!

Improv/Choreography Building Sessions that help dancers explore their style of movement and give them a space to freely explore and create. Movement creation is typically a difficult task for anyone and challenges dancer's comfort zones. In guided improvisation sessions, the organization hopes to help dancers become more comfortable with this to further their career options in the dance world.

Mock Auditions for dancers who'd like to improve their audition skills for musicals or performances.

Performance Opportunities, the club will have its members who are interested perform in the Research and Dance Symposium in the Spring semester. There are more opportunities available depending on students' participation.

Event Coordination and Participation, for members who will be creating events for the community and Pitt State students to enjoy. Individual events are to be determined as the club will use these events to advocate for dance or teach dance to those participating.

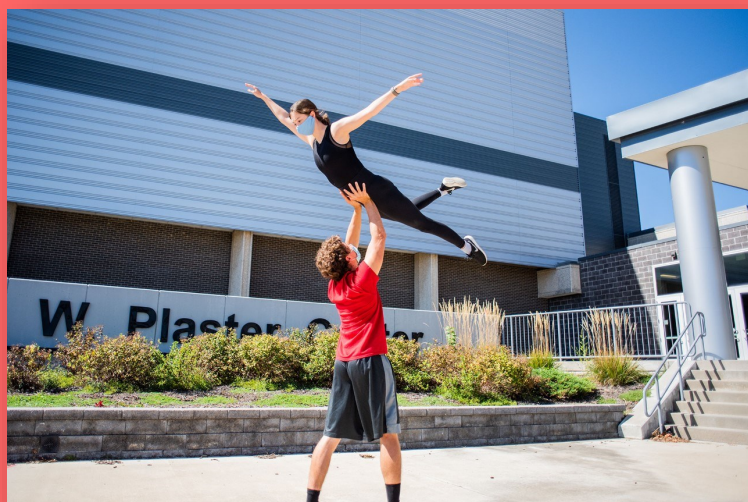


Student Government Association and Dance Professionals Club combined to host a Line Dance event...the ultimate social distancing dance experience. Student Government Representative, Noah Larson, takes a selfie with the attendees!



Above are students in Master Classes, where beginning dancers and experienced dancers come together to learn some new choreography and dance skillsets. Featured is our Ballet master class practicing balance at the barre. We've offered many classes this past semester and are looking forward to offering more to the community in the Spring.

Dance Classes at PSU



Exercise Science News

The Exercise Science program and the Applied Physiology Laboratory have adapted quite well to the COVID-19 pandemic this fall. Students in the Exercise Science program are currently completing the majority of courses face-to-face, while very few courses within the program used virtual instruction. Laboratory courses, typically taught during one scheduled block, were split into two time blocks to ensure social distancing guidelines were achieved and that a safe environment was provided for student learning. There have been many road blocks during this time, but our students have adapted and overcome them with hard work and an overt dedication to their education. If students were not able to attend either lecture or laboratory courses, because of illness or quarantine, a virtual platform was utilized to ensure continued learning was achieved.

Students in the Research Projects course are completing data collection on a piece of equipment incorporated into exercise programs for career fire fighters. This is a *culminating experience* for the students, allowing them the opportunity to utilize the knowledge and experiences gained throughout their collegiate careers, to communicate the findings to a broader audience. Once all data collection is finished, each student will compose a scientifically-formatted manuscript as their final project.

Our graduate students and undergraduate laboratory assistants continued to collaborate with the PSU's ROTC Program, measuring body composition using the DEXA scanner. This will be a continuing collaboration for the foreseeable future. They have also continued their collaboration with the Pittsburgh Fire Department. This semester the students assessed the physiological factors that contribute to acceptable performances on a fire ground fitness test. This included the students visiting the fire houses and the training tower at Station #2 for test completion.

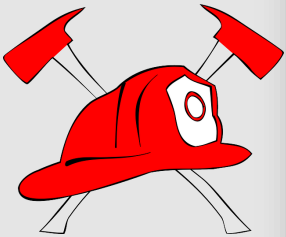
In February, both of our graduate students, Ms. Halle Brin and Mr. Mohan Perumal, successfully passed their Tactical Strength and Condition Facilitator (TSAC-F) certifications through the National Strength and Conditioning Association (NSCA). This certification allows Halle and Mohan to apply their scientific knowledge to physically train military, police, fire and rescue, law enforcement, protective services, and other emergency personnel in order to improve performance, promote wellness, and decrease injury risks. Currently, Halle is preparing a manuscript, for publication, that compares physical activity and cardiorespiratory fitness levels between two different Midwestern fire departments. She plans to submit this manuscript in the spring 2021. Mohan is in the final stages of completing his thesis project. He will begin the data collection process in January 2021 and will (hopefully) complete the project in April. Once completed, he will prepare a manuscript for submission in the summer 2021.

Professors Allison Barry and Mike Carper continue to move forward with their desire to provide an outstanding and hands-on education to the students in the Exercise Science program. With continued support from the Pittsburgh community they will be able to provide the *experiential learning* opportunities for all students and assist in preparing students for their chosen careers. Professors Barry and Carper will continue to develop human subject's research investigations to progress the knowledge in the field of exercise physiology and to provide the *culminating experience* their students' desire. They have continued to build collaborative relationships with researchers outside of PSU to ensure that students have the opportunity to grow intellectually as well as socially. They will continue to publish their research findings in scientifically and peer-reviewed journals as time permits. Currently they have three manuscripts under review for publication.



Exercise Science News

Pitt State Exercise Science students are working again in collaboration with the City of Pittsburgh Fire Department. The students are conducting fitness testing and measuring cardiovascular and pulmonary functions in high stress situations.



Pictured below are students in Techniques & Instrumentation Class conducting testing on an individual. Students are performing a maximal oxygen consumption test to determine the body's ability to utilize oxygen and produce carbon dioxide. It's a measure of the relationship between the heart, lungs, and working skeletal muscles.



Physical Education News

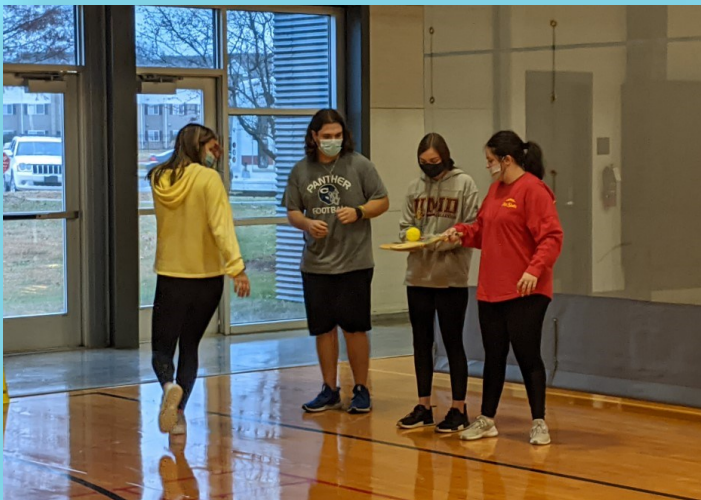


Shelly Grimes' Theories I students visited Kansas Wildlife & Parks for 3D Archery! David Jenkins & HHPR's Dr. Scott Gorman provided the demonstrations!



Physical Education News

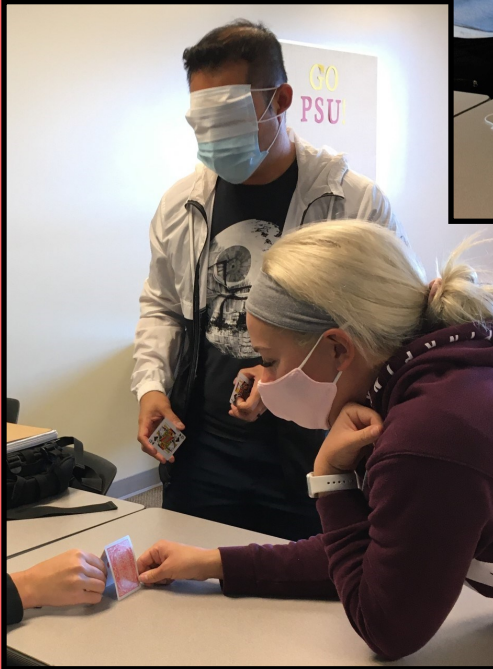
Students (pictured below) in Dr. Cole Shewmake's Elementary School Physical Education Class completed breakout boxes during class. Students were asked a trivia question in order to get the key/code to unlock the boxes. Inside of each box, students were given directions for a cooperative fitness activity to complete before moving onto the next station. At the end of the session, students were to decipher the code word from clues collected throughout the class period.



Madeline Wilson, Carl Junction State Champion Swimmer and future Gorilla, guest presents to Ms. Grimes' Swim I Class on proper stroke development. Pictured right: Ally Lusk, Junior P.E. major, Madeline Wilson, and Jamie Jackson, Freshman P.E. major.



Physical Education News



Students in Dr. Julia Spresser's Introduction to PE Class demonstrated card stacking and drum line aerobic activities.

HALLOWEEN



Dr. Julia Spresser's Zumba Class came in costume for their Halloween workout.



Camping Class Fun

Students in Camping & Outdoor Education Class practice Orienteering as one of their performance objectives. Students are also involved in community service by doing Highway Clean-up. The class is taught by Dr. R. Scott Gorman and Graduate Assistant, Joshua Hudiburg. **Great Job Camping Class!**



Right: Pre-Orienteering
Below: Post Orienteering



VOLUNTEER

More Camping fun....students in Dr. Gorman's Camping Class are concluding the in-person classes with the annual rappelling wall. This time rappelling took place in the Weede Gymnasium. Students are carefully strapped in & **off they go!**



Recreation News



Students in Dr. Covert Miller's Therapeutic Recreation classes completed virtual therapeutic interventions with older adults in the community and with Special Olympics athletes from New Hope Services. Students in her Therapeutic Interventions for Older Adults course were pen pals with residents at Gran Villas for ten weeks. Students and residents exchanged letters weekly.

Hospitality Management

In Fall 2018, Pittsburg State University's Health, Human Performance, and Recreation Department started their bachelor's degree program in Recreation Services, Sport and Hospitality Management with an emphasis in Hospitality Management as well as their certificate program in Hospitality Management. Due to high interest in a minor offering, a Minor in Hospitality Management started this 2020 fall semester. What makes these emphasis, minor, and certificate programs unique and interesting to students is the focus is on travel and tourism as well as event planning and management. Students take courses on topics which include but are not limited to event design, event entertainment and technology, as well as resort, spa, and lodging operations. Emphasis and certificate seeking students take a practicum course which allows hands-on experience working with three agencies of their choosing that fall in the area of hospitality. Students in the emphasis area will complete a 480-hour internship at an agency of their choosing as well. All hospitality management core classes are offered online making this program accessible to many students. Students completing the certificate, minor, and/or emphasis programs may find themselves working as a hotel administrator, event coordinator, or even a travel guide to name a few possible career options.



Dr. Sarah Ball attended the virtual Kansas Tourism Conference in October 2020. The conference consisted of presentations from speakers from Kansas hotels, CVB's, and other hospitality industry establishments. Presentation topics included, but were not limited to, travel research, marketing, and digital campaigns. Hospitality Management students were encouraged to attend.

Recreation News

Students in Dr. Sarah Ball's Rec Methods & Leadership Class modified their activities using social distancing, and other adaptations of familiar games.



Recreation News

Jacob Galbraith Attends NIRSA Conference



Jacob Galbraith is a Recreation and Sport Management major within the HHPR Department and a student employee with the Pittsburg State University Campus Recreation Office.

Jacob represented PSU's HHPR Department and Recreation Services, Sport and Hospitality Management major at the National Intramural Recreational Sports Association's (NIRSA) Annual Conference this semester. Jacob attended several sessions virtually and gained a great amount of information and insight as he heads into his internship next semester with PSU's Campus Recreation Office in the Student Recreation Center.

Jacob is planning on continuing with the PSU Campus Recreation Office as he begins his studies in the HHPR Master of Science Degree Program next fall. Jacob is an excellent student and a prime example of what the HHPR Department produces as a future leader in the Recreation Services, Sport and Hospitality Management field.

November 9-11, 2020 was Career Development Week at the three-day NIRSA Conference hosted by recreational professionals around the United States. Discussions were held on how COVID has changed things, how to adapt, leadership skills, and other related topics. Universities searching for campus recreation graduate assistants were also at the conference and provided information about themselves and the job details. Sessions attended included:

Kicking off your Career in a COVID World

University of Arkansas

Hiring Manager Roundtable

Sam Houston State University

Has COVID-19 Changed Management Styles and Our Hiring Processes?

Campbell University

Skills to Pay the Bills

James Madison University

University of Mississippi

Can I Do That? Charting a New Role in Campus Recreation and Student Affairs



Virtual Convention Awards



Dr. Cole Shewmake was awarded the Vicki J. Worrell Service Award from the KAHPERD Convention



Shelly Grimes was awarded the Dance Educator of the Year from the KAPHERD Convention.



Mick Tedlock, SEK Interlocal Adaptive PE Special Education Teacher, was presented the Kansas Adaptive Teacher of the Year Award from the KAHPERD Convention

Remembering Dr. Rozanne Sparks



April 13, 1946—October 7, 2020

Family and friends said good-bye to long-time educator and Director of Teacher Education, Dr. Rozanne Sparks in October. Many remember Dr. Sparks as their teacher, counselor, and friend. Below are a few notes from HHPR personnel honoring Dr. Sparks.

"I knew Rozanne a long time before she became Dr. Sparks. Her two brothers Jerry and Johnny Fite were friends of mine from high school and college days. One Sunday years ago, before a baseball game after lunch at the Fite home, one of her brothers mentioned that their younger sister Rozanne had just been awarded four "ones" at the State Music Contest. From that time, I never doubted that whatever Dr. Sparks was involved in would be carried out successfully. During her tenure at PSU, Rozanne had many achievements, none greater than her support and encouragement of the students in Teacher Education. Often, she would have study sessions for students who were having difficulty with the math section of the PPST test. She made a point to personally know all of the teacher education students and their cooperating teachers. Dr. Sparks will be greatly missed, but not forgotten by her former students and colleagues." - From Dr. Tom Bryant (retired PSU President).

"I distinctly remember at least twenty years ago driving over to a Chairs meeting for the COE. The accrediting agency NCATE was due to arrive in two days and it seemed everyone was in a tizzy about it and that included myself. As I was exiting my vehicle, I looked toward Hughes Hall. Walking into the north entrance was Dr. Rozanne Sparks. She looked as carefree and collected as if she was heading to a picnic. I left my pickup and headed that way. A feeling of great calm came over me. I asked myself these questions: Who was more prepared for this than Dr. Sparks? Who knew the process of the accreditation better than her? Who had led the months of preparing for this and dotting all the I's and crossing the T's? Yes, there were great leaders involved in the COE including Dean's, Department Chairs, faculty and staff. Of course we sailed through the accreditation. Dr. Sparks was a person that brought this kind spirit of professionalism to every aspect of her job. She loved the university, the COE and most of all cared about our student's success. Her legacy will forever be passed down and remembered." - From Dr. Robert Hefley (retired HHPR Dept Chair).

"I miss Dr. Sparks. I know how valuable she was to the College of Education and how essential her knowledge was when it came to successfully navigating the accreditation process. When some of us would be a bit worried during an accreditation year, I would always hear somebody mention Dr. Sparks and say, "Don't worry, she loves this stuff!" But most of all I miss how much she sincerely cared about our students. She never lost sight of why she did what she did. We liked to think she favored the students in our department, but I came to realize faculty in other departments thought their students were her favorites as well. Most important of all, our students knew she cared." - From Dr. John Oppliger (HHPR Dept. Chair).

"On October 20, 1995, I began working at PSU in the College of Education for Dr. Rozanne Sparks. As Director of Teacher Education, she was responsible for placing student teachers and pre-lab students in their field experiences each semester. While there were usually around 400 students each semester to be placed, I was always impressed that Dr. Sparks knew these students by name & major. She not only knew her students, but she knew well the teachers that she was requesting placements for...she knew which students would work well with certain teachers to make their professional semester the best ever. She worked tirelessly on not only placements but also the college's accreditations over several years. Dr. Sparks always had time for students and for me and my family. I enjoyed getting to know her and her family, attending weddings, and hearing of the arrival of grandchildren. I remember the day I interviewed with her...I was coming up the back door to a building I was not sure was the right one. A student was sitting on the back steps so I asked him if the building was Hughes Hall & he responded, "Yes.". Later into the interview, this same student came walking into Dr. Sparks' office...it was her nephew, David...Did I pick the right guy to ask for directions!!!! A kinder lady you'll never meet, Rest in Peace, Dr. Sparks." - Susan Downing (COE Administrative Assistant to Dr. Sparks).



Department of Health, Human Performance, & Recreation

Pittsburg State University



Include
Dance
in your Future!



A Dance Minor can lead to careers and training such as:

Studio Director

Studio Manager

Dance Team Coach

Dance Program Instructor

Stage Presence and Movement

Enhanced Use of Rhythms and Dance in the Classroom



For more information:



@pittsburgstatehhpr

Visit: <https://www.pittstate.edu/education/hhpr/index.html>

@pittstatehhpr





Department of Health, Human, Performance, & Recreation

Pittsburg State University

Interested in a Career in the Medical,
Wellness, or Athletic Fields?

Make Exercise Science your Pre-Professional Degree
for entrance to:

Physical/Occupational Therapy
School
Chiropractic College

Athletic Training Program
Medical School
Pharmacy School



@pittsburgstatehhpr

For more information:

Visit: <https://pittstate.edu/hhpr>



@pittstatehhpr



Department of Health, Human Performance, & Recreation

Pittsburg State University

Interested in Hospitality Management /
Event Planning Careers?



A degree in Hospitality Management can lead to careers such as:

Hotel/Resort Management

Wedding Coordinator

Event Planner

Regional Restaurant Managers

Cruise Director

CVB Management



@pittsburgstatehhpr

For more information:

Visit: <https://pittstate.edu/hhpr>



@pittstatehhpr

HHPR is producing Game Wardens and Park Rangers! If interested, please contact Dr. Rick Hardy 620-235-4281 or rhardy@pittstate.edu



Department of Health, Human Performance, & Recreation

Pittsburg State University

Interested in a Career as a Game Warden or Park Ranger?



Recreation and Sport Management with the Natural History Minor

can lead to careers such as:

State Park Ranger

National Park Ranger

Game Warden

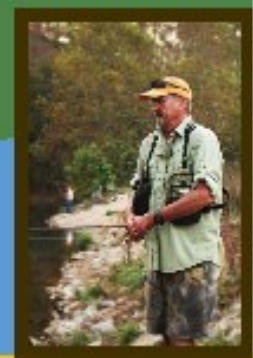
Environmental Educator

NAI Certified Interpretive Guide

Conservation Officer

Ropes Course Facilitator

Fishing/Hunting Guide



@pittsburgstatehhpr

For more information:

Visit: <https://pittstate.edu/hhpr>



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Congratulations to our Graduates!

Exercise Science

Brittany Emerson
Dominick Fonseca
Hunter Gnose
Colter Hullings
Krystal Mullin
Logan Roberts

Physical Education

Rachel Dobbs
Katrina Froebe
Matthew Lacey
Blain Ohlmeier
Greyson Pinkett
Kyler Ray
Joseph Ross
Sean Sakurai

Recreation

Mikayla Hernandez
Adrian Scroggins
Megan Spence
Katlyn Sprang

Graduate

Braleigh Bechtol
Kimberly Husley
Benjamin Ortiz
Kesley Overacker
Taylor Roberts
Lori Stoebarger

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Hospitality Management Certificate

Makenzie Al-arahshun
Seth George
Kori Weaver
Bralyn Wilson

A special THANKS to those who gifted the HHPR Endowment

Tommy & Jill Ayers
Bob Ahrens
John & Amanda Allen
Scott Barry
Michael & Jeanna Church
Dr. Mary Coplen
Ron & Susan Downing
Kylie Edgecomb
Steve & Lori Erwin
Patrick & Stephanie Forbes
Stephen Foster
Scott & Beth Gorman
Michelle Grimes
Richard & Stephanie Grinage
Robert Hefley
Clark Howard
Deborah Newkirk
John & Kathy Oppliger
Matthew & Stacy Osterthun
Pamela & Guy Owings
Duane & Sheryl Rankin
Cole & Jennifer Shewmake
Marian Simpson
Michael & Jo Slaughter
Gary Thompson

Scott Dorman

Josh
Huskins

Mama
Dun

Abbey
Sommerauer

Julie Grosser

Shelley
James

Swannak
Reinhart

Hallmark

RH

Emily
Hansenberg

John
Oppeliger

Laura Cox Miller

Wren
Barnard

Janice
Grewett

Cole
Gale

Sarah Ball

Susan
Downing

Happy Holidays from HHPR
Puffin