DEPARTMENT OF HEALTH, HUMAN PERFORMANCE, AND RECREATION

COLLEGE OF EDUCATION

PITTSBURG STATE UNIVERSITY

RECREATION PROGRAM DESIGN AND LEADERSHIP

SPRING 2014

Course Number: REC 311 Course Title: Recreation Program Design &

Credit Hours: 3 Leadership

Office: 102 Student Rec Center Office Phone: 235-4670

Instructor: Ms. Laura Covert Office Hours: M & W: 9 – 12, T & TR: 9:30 – 11:30

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1. **Catalog Description**

An application of leadership principles to the unique problems encountered by physical education and recreation personnel.

1. **Course Description**

This course will focus on organization, planning and development of recreation programs as well as leadership, communication, and further developing critical thinking skills. An in-depth examination into the organization, content, process, and evaluation of recreation programs will be included.

1. **Course Objectives**
2. Understand the need for program planning and evaluation. *(7.02.01)*
3. Become aware of the elements involved in program planning. *(7.02.01)*
4. Become aware of social/cultural and behavioral factors that impact program planning. *(7.02.01)*
5. Become aware of evaluation techniques and theories in program planning. *(7.02.01)*
6. Develop an understanding of leadership and leadership techniques. *(7.01.01)*
7. Students will be able to identify the purpose and components of a recreation philosophy. *(7.01.01)*
8. Students will be able to identify the benefits of recreation programs. *(7.02.01)*
9. Students will be able to understand the benefit of forming partnerships with businesses and other agencies. *(7.03.02)*
10. Students will develop an understanding of the various program theories. *(7.01.01)*

10. The students will be able to write participant and program objectives. *(7.02.02)*

11. The students will be able to identify barriers to participation and what can be done to eliminate them. *(7.01.01)*

12. Students will be able to relate Maslow’s Theory and Flow Theory to recreation programming. *(7.01.01)*

13. Students will be able to graph and explain the Program Life Cycle.

14. Students will be able to assess participant and non-participant needs and interests. *(7.03.01)*

15. Students will learn where to access relevant demographic information and apply this to the success of recreation programs. *(7.03.01)*

16. Students will identify the labels used in recreation programs and services. *(7.02.01)*

1. **Instructional Resources**

Textbook: Programming For Parks, Recreation and Leisure Services: A Servant Leadership Approach. Other resources will be used including the Instructional Resource Center, labs, various website tools and Canvas.

**COURSE DELIVERY METHOD**: Face to face. Attendance and participation points during class and class projects are important to your grade and your learning.

1. **Requirements**
2. Complete all exams and assignments. Grading based upon:

A= 100-90% B= 89-80% C=79-70% D=69-60% F=59% & Below

1. Develop two recreation programs:
   1. OK KIDS DAYS: This program will be a class special event, which the students will plan, carry out, and evaluate. **This event will be held Saturday May 3rd**. Students who do not attend the event will have half the possible points for OK Kids Day deducted from the OK Kids Day point total. If the student is unable to attend OK Kids Day, the individual will be responsible for making up those hours volunteering at activities of the instructor’s choice. Students will also earn points for in class participation. Duties will include planning activities, collecting donations and prizes, and finding volunteers. **This is worth 100 points.** *(7.02.01 & 7.03.01)*
   2. The second will be an individually designed hypothetical program and will be **due the last day of class (THURSDAY, MAY 1ST)**. **This project is worth 100 points.** Refer to the handout distributed in class for more details. Items included in the program include but not limited to:

Type of Program: wellness, educational, monthly, weekly, special event, etc.

Detailed Description of Program

Philosophical Statement

Goals and Objectives/List of Benefits

Survey to Assess the Interests of the Participants in this Program

Budget, Flyer & Poster, Evaluations: In House and Participants

*(7.02.01 & 7.03.01)*

1. Program labs: Will be conducted throughout the semester. Students will be divided into groups. Each group will plan and conduct a recreational program within the Pittsburg Community. Students are responsible for contacting the organization and implementing the program at the organization. Students who are not in the leading group are required to participate in the program. Dates will be set during the semester. Each group will evaluate all students in the class and each other during the day of leading. **150 points total are possible for this project. Points include participation in ALL group labs. STUDENTS MISSING A LAB WLL NOT MAKE UP THE MISSED DAY.** *(7.02.03 & 7.03.01)*
2. Participate in community service in the recreation field. **Ten hours** of participation are required & **worth 60pts**. The student may participate in two additional hours to earn extra credit of 5 points/hour. Students will turn in a log of their community service hours. Opportunities to earn community service hours will be given in class. Other opportunities, other than those given in class, must be pre-approved by the instructor and accompanied by a one-page summary of each volunteer opportunity. **No more than four hours of community service should be obtained at any one event or program. DUE THURSDAY MAY 1ST.**
3. Observe at least two quality recreation programs and complete an observation sheet. One recreation program must be from the list provided in class. The second program, if not on the sheet must be pre-approved by the instructor PRIOR to attending. Both sheets will be handed out in class. **ASSIGNMENT IS WORTH 50 POINTS. FIRST OBSERVATION IS DUE THURSDAY MARCH 14TH. SECOND OBSERVATION DUE THURSDAY MAY 8TH. For ONE of the programs you observe, you must create a participant OR volunteer evaluation survey. This is a hypothetical survey, but it is to based upon the program you attend. Turn this survey in with the observation sheet. YOU MAY NOT USE A VOLUNTEER OPPORTUNITY AS AN OBSERVATION PROGRAM.**
4. Complete homework as assigned and demonstrate organization and progress toward hypothetical program project. These activities will vary in points. Various in-class assignments will occur during the semester. **IF YOU MISS YOU CLASS, YOU CANNOT MAKE UP THE ASSIGNMENT. LATE ASSIGNMENTS (TURNED IN AFTER THE TIME AND DATE DUE) WILL HAVE FIVE POINTS DEDUCTED EACH DAY LATE UNTIL SUBMITTED**.
5. **Attend Class.** Students will lose one letter grade after their fourth unexcused absence. Two letter grades will be deducted after the student’s fifth unexcused absence. After six absences, the student may be dropped from the course.

Cell phone policy:

1. Do not have them out during class.
2. If I see them, give one warning/reminder to put them away.
3. If I have to remind a second time, I will take the cell phone until the end of class.

For more information about important dates, academic dishonesty, and attendance policies, refer to the

Following link: <http://www.pittstate.edu/dotAsset/9e421c72-1f34-441c-8c7f-2f68fd510e80.pdf>

Recreation Program Design & Leadership

Tentative Schedule: Assignments and Due Dates are Subject to Change!

Spring 2014

Week of January 13 Overview of Class

Distribution of Course Syllabus

Getting to know your Classmates

**Syllabus Quiz (Canvas): No class Thursday**

Week of January 20 Intro to Recreation Programming (Chapter 1) *(7.02.01)*

Characteristics of Servant Leaders

The Profession of Leisure Programming (Chapter 1); Sara Mitchell PPRD

Week of January 27 NRPA: Assignments on Canvas, There WILL BE Class on Thursday 1/30

Week of February 3 Focus on Quality (and other programming principles) Overview of the Program Planning Process (Chapters 2 and 3)

Group Lab Planning,*(7.02.01)* Risk Management and Safety Issues (Chapters 6 and 10)*(7.03.01)*; OK KIDS DAY PLANNING *(7.02.01 & 7.03.01)*

Week of February 10 Program Philosophy (Chapter 3) *(7.01.01)* Who, What, When, Where and Why? Or Understanding your organization and community (Chapters 4 & 5) *Hypothetical Project Development (7.02.01)* **Exam #1**

Week of February 17 Needs Assessment (Chapter 5)*(7.03.01)*; OK KIDS DAYS PLANNING *(7.02.01 & 7.03.01)*

Week of February 24 Program Goals and Objectives (Chapter 6)*(7.03.01)*, *Hypothetical Project Work*, *(7.02.01 & 7.03.01)*

Week of March 3 The Program Plan/Design (Chapters 6 & 7)*(7.02.01)*, Barriers to Participation, Customer Labels; OK KIDS DAY site visit

Week of March 10 *Hypothetical Project Work*: Pricing, Budgeting, time line (Chapter 9)*(7.03.01)* **Program observation #1 due Thursday**

Week of March 17 SPRING BREAK! HAVE FUN, BE SAFE! ☺

Week of March 24 Program Promotion (Chapter 8)*(7.03.01)* **Exam #2; OK Kids Day Planning***(7.02.01 & 7.03.01)*

Week of March 31 Program Promotion, Facilitating the Program Experience (Chapters 8 & 10); *(7.02.01)*

Week of April 7 Facilitating the Program Experience (Chapter 10); Ok Kids Day planning *(7.03.01 & 7.02.01)*

Week of April 14 **Midwest TR Symposium, no class Tuesday**; Monitoring and Evaluating Programs, (Chapter 12) *(7.03.01)*

Week of April 21 **Exam #3 (tentative)**, *Hypothetical Project*, OK Kids Day planning *(7.03.01)*

Week of April 28 Special Event Planning, Trends, ***Hypothetical Project due Thursday***, Course Wrap-up

Week of May 5 Finals; **SECOND OBSERVATION PROGRAM DUE day of Final**

\***MAJOR CLASS PROGRAM, OK KIDS DAY, WILL BE HELD SATURDAY, MAY 3rd.**