

# PSU Recreation Advisory Board Meeting Friday, April 28, 2023

11:30 a.m.

SRC 215

The meeting was called to order by Dr. Laura Covert-Miller. Members present included: Sara Vacca, Michelle Alexander, Emily Gronau, Vince Daino, Dave Looby, Marissa Poppe, Amber Fox, Steven Lilly, Josie Maples, Regi Casner, Chelsey Montgomery, Laura Covert-Miller, Janice Jewett, & John Oppliger. Students: Hallee Harpenau, Madi Steed, Chandler Wortman.

Unable to attend: Matt Neal, Darian Westerfield, Jayna Guerra, Damian Smithhisler, Lucas Arnold, Brad Stroud, Shelby Hutchens, Rick Hardy. Students: Madison Kirch, Shayla Kohler, Riley Tuetsch, Camryn Williams.

Guests: Dr. Jim Truelove, Dean, College of Education

**Welcome** –Dr. Covert-Miller introduced Dr. Jim Truelove, who welcomed all. He thanked board members for their time and noted that the Rec program is advancing in their field; tied to professional practice which ties in to their training here @ PSU. The group then enjoyed a slide show of the year in review & lunch provided by the Mall Deli.

Dr. Covert-Miller introduced Dr. John Oppliger, HHPR Chair who also thanked & welcomed the board; he's always open to suggestions and meetings so our students can stay current.

## Review

- **Student Numbers in Recreation** program (94 majors)
  - TR Emphasis – 18
  - Hospitality – 15
  - Rec & Sport Management – 57
  - Community, Corporate, & Hospital Wellness – 3
  - Hospitality Minor – 11
  - Hospitality Certificate – 2
- **Change to Internship**–offered to Juniors after successful completion of Intro & Professional Development coursework + 15 hours. Students must come back to complete degree after Internship.
- **Highlights** – Lots of student-led projects in community (YMCA-Older Adult Activity Class; New Hope – TR activities). Other sites include: George Nettles (Autism interventions) & Highland Meadows Dr. Janice Jewett's Group Fitness Class-projects at Pinamonti Fitness and observing Physical Therapy at Via Christi PT. Adapted PE and Ability Lab students conducting Peer Fitness Evaluations. Several students attended Mid-West Therapeutic Recreation Symposium in KCMO; GA Libby Rohr presented. KRPA Student Summit also well attended by students
- **Dance Symposium** – April 12<sup>th</sup> Bicknell Center; 450-550 attended; Seventy students involved in 20 dance numbers. program. Twenty students did research poster presentation prior to performance. Several students able to attend American College of Dance Association meeting in March -Edmond OK with help from grant. GA Elizabeth Hayes choreographed routine students performed before a panel of judges.
- **TR-Iffic Events** – Students designed stations/activities for individuals of all ages with disabilities. Held in fall & spring-100 volunteers (students/staff); 140 participated this past spring.
- **Social Media** – Dr. Shelby Hutchens oversees Instagram and Facebook accounts. These areas have grown & now TR and Dance have their own accounts.
- **Promotions**-Dr. Janice Jewett promoted to University Professor; Dr. Laura Covert-Miller promoted to Professor.
- **Dr. Rick Hardy** is leaving the university to join family in North Carolina; an Assistant Professor search is ongoing.

## **Key Takeaways from Breakout Groups**

### Trends:

Staffing challenges with applications, qualifications, showing up, background checks

Entry level salary challenges

Facility Usage in Fitness: trending to Crossfit-style and Peleton. People preferring to workout in small groups and outdoor training becoming more popular.

Participation in programs for older adults continues to grow.

### Students Need:

Resumé Writing skills that align with job description.

They need the ability to do both creative writing and technical writing: write a program description and write a grant narrative.

Customer Service and Conflict Resolution Training is also needed.

Software usage of programs is a plus.

Speed (dating) interviews would be good practice for students.

### Students are:

Well-rounded and exposed to a lot in our curriculum.

Having to balance work with outside of class opportunities (conferences, workshops, volunteer events, etc) and make choices can be stressful.

### Marketing:

Continue social media exposure. Advisory Board members as well as current students can help promote the recreation major and profession.

**Adjournment** - Dr. Covert-Miller thanked all for coming and asked anyone to contact her if they had any questions or suggestions. The meeting adjourned at 1:10 P.M.

Respectfully Submitted,

Susan Downing