

R. Scott Gorman

Ed.D. – UGA 1983

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Formal Education

Ed.D. in Physical Education, University of Georgia, GA. -1983
M. A. in Health and Physical Education, Western Carolina University, NC. -1976
B.A. in Health and Physical Education, Elon College, NC -1975

Dissertation

Fitness Program Variables Associated with Adherence to a Personalized Fitness Program, UGA (1983)

Professional Experience

- * University Professor 2003/2009/2019/2026, Graduate Coordinator 1994-present, PSU
- * Full Professor/Graduate Coordinator, 1994-2002, Pittsburg State, KS.
- * Associate Professor, 1988-1993, Pittsburg State, KS.
- * Assistant Professor/Baseball Coach, 1983-1988, Berry College, GA.
- * Graduate Assistant- 1979-1983, University of Georgia, GA.
- * Health/Physical Education Instructor/Coach, 1976-1979, Raleigh, NC.
- * Graduate Teaching Assistant, 1975-1976, Western Carolina, NC.

Professional Service and Involvement

Professional Certifications and Training

- National Archery in Schools (NASP) Instructor (2011, 2019, 2023, 2025)
- National Flyfishing in Schools Instructor (2010)
- Bio-Pod, Inc. - Body Composition Assessment Certification (2009)
- KDWP - Hunter Education Safety Instructor (1991- present)
- American Red Cross - First Aid/CPR Instructor (1988- 1998)
- American Red Cross - Canoeing Instructor (1988- present)
- KDHE - Playground Safety Consultant- (1989-1992)
- Project Adventure Ropes Course Instructor (1985)

Organization Memberships

- Society for Health and Physical Education (SHAPE) America
- SHAPE America Central District Association
- Kansas Association of Health, Physical Education, Recreation and Dance
- Kansas Hunter Education Association
- International Hunter Education Association

SHAPE America

- SHAPE America Student Services SIG Leadership Team- Member 2017-2020
- SHAPE America Service & Lifetime Achievement Awards Committee- Member 2015-18, Chair 2016-2018
- SHAPE America Bylaws Committee- Member 2011-2017, Chair 2011,2013, 2014, 2015, 2016, 2017
- AAHPERD Student Services Committee/Co-Chair (2005- 2008)
- NASPE Middle School (2004)/Elementary (2005) TOY Evaluation Committee
- NASPE Finance Committee (2002-2004)
- NASPE Parliamentarian to Associate Delegate Assembly (2002-2012)
- NASPE National "PEP" Rally Representative (2000)
- AAHPERD Board of Governors (1998-1999)
- Alliance Assembly Restructuring Review Committee (1998-1999)
- NASPE Cabinet-District Coordinator (1997-1999)
- Recognition Awards Committee-NASPE Representative (1996-1999)
- CDAAHPERD Representative to NASPE Cabinet (1994-96)
- Physical Best State Coordinator representing KAHPERD (1989-1994)
- ARAPCS (AAALF) Skills Test Committee(1984) Chairperson(1986-88)

SHAPE America- Central District (CD)

- Central District College/University Representative (2021-2025)
- Central District Future Professional & Higher Education Committee (2018-2021)
- Central District Collaboration (Backpack) Committee (2014-2018)
- Central District State Advisory Committee (2014-2015)
- SHAPE CD Nominations Committee Member (2012-2015)
- Parliamentarian (1997-1998) (2007-2009) (2013-2015)
- Chair of Recognition Awards Committee (2012-2018)
- Chair of the District Scholar Committee (2009-2012)
- VP Physical Activity and Recreation Division (2012-2014)
- Co-Advisor of the Council of Future Professional (2006- 2015)
- Vice-President of General Division (2002-2004)
- President (1999-2001)
- Executive Council (1992-1996, 1999-2001, 2003-2005 & 2007-2008)
- North American Society of HPERD & S Awards Committee CDA-Chair (2000)
- VP of Sport and Physical Education Division (1992-1996)
- Chair of Sport and Physical Education: Sport Section (1990-1992)
- Recognition Awards Committee/Chair (2013-2018)

Kansas Association of Health, Physical Education, Recreation and Dance

- College/University Rep to Central District (2021- 2025)
- Structure and Function Committee (2019 – 2024)
- Future Professionals Chair (2020- 2024)
- Journal Co-Editor (2013- 2016)
- KAHPERD President (1993-1995)
- Executive Council (1993- 2014)
- Awards Committees Chair (2000-05)
- Convention Manager ('04, '09, '14, '22)
- Parliamentarian (1998-2014)
- Past-Advocacy & ASP Chair
- Past-Research Section Chair
- Past-Grants Committees Chair
- Past-Structure & Function Chair
- Past-Physical Best Coordinator

National Parks and Recreation Association

- Pittsburg Parks and Recreation Advisory Committee/Chair (1991-20)

A. Publications and Papers Submitted

B. Presentations, Performances and Creative Endeavors

PSU, KAHPERD, Central District & SHAPE America Publications

Gorman, S, Grimes, “PSU- HHP 150- Lifetime Fitness Concepts- Student Supplement- In-house HHPR publication. Updated Spring 2021.

Gorman, S. “Lifetime Fitness Concepts Program Development.” Sabbatical Showcase, PSU, Oct. 28, 2022.

Gorman, S, Grimes, S, Ball, S, Hardy, R. “2020 SHAPE America Professional Recognition Awards.” KAHPERD Journal, Vol. 92, No. 1, Spring, 2020.

Gorman, S, Ball, S, Grimes, S, Shewmake, C. “2019 Professional Recognition Awards.” KAHPERD Journal, Vol. 91, No. 1, Spring, 2019.

Gorman, R. Scott, “2018 – Central District- SHAPE America Awards.” KAHPERD Journal, Vol. 90, No. 1, Spring, 2018.

Gorman, R. Scott, Freisberg, Molly. Koshersperger, Kathy. “KAHPERD- Central District & SHAPE America Awards” KAHPERD Journal, Vol. 89, No. 1, Spring, 2017.

Strand, B., Brotherson, S., Docheff, D., & Gorman, S. “Athletes¹ Recollection of Inappropriate Behaviors by Their High School Sport Coaches. The International Journal of Sport and Society. Volume 8. Issue 4. (2017)

Gorman, R. Scott, Freisberg, Molly. “Recognition Awards- Spring Update.” KAHPERD Journal, Vol. 88, No. 1, Spring, 2016.

Gorman, R. Scott, Covert, Laura, Shewmake, Cole. “KAHPERD/Central District/SHAPE America Recognition Awards.” KAHPERD Journal, Vol. 87, No. 2, Fall. 2015.

Gorman, R. Scott. “Snack Food Fat Content Demonstration,” KAHPERD Journal. Vol. 87, No. 2, Fall. 2015.

Gorman, R. Scott, Bowman, Brenda. “KAHPERD/Central District/SHAPE America Recognition Awards.” KAHPERD Journal, Vol. 87, No. 1, Spring 20015.

Gorman, R. Scott, Bullis, Kari, Meyers, Mike. "SHAPE America Central District Future Professionals Leadership Opportunities," CDAAHPERD Momentum, August, 2014.

Gorman, R. Scott, "SHAPE America Central District Recognition Awards, " CDAAHPERD Momentum, April, 2014.

Gorman, R. Scott, "KAHPERD, Central District & SHAPE America Recognition Awards" KAHPERD Journal, Fall, 2014.

Gorman, R. Scott, Worrell, Vicki & Meyers, Mike, "Central District Future Professionals, " CDAAHPERD Momentum, September, 2013.

Gorman, R. Scott, "Recognition Awards Update, " CDAAHPERD Momentum, September, 2013.

Gorman, R. Scott and Parker, Missy "Central District Future Professionals," AAHPERD Update, August, 2012.

Gorman, R. Scott, "CDAAHPERD Recognition Awards- A Labor of Love in Progress", " CDAAHPERD Update, September, 2012.

Gorman, R. Scott and Parker, Missy "Central District Future Professionals," CDAAHPERD Update, September, 2011.

Gorman, R. Scott. "Central District Future Professionals." AAHPERD Update, Spring, 2009.

Gorman, R. Scott. "Central District Future Professionals Committee," CDAAHPERD Update, Spring, 2009.

Gorman, R. Scott. "AAHPERD Student Leadership Forum." AAHPERD Update, Spring, 2008.

Gorman, R. Scott "Future Professionals Take on Central District CDAAHPERD Update, Spring, 2008.

Gorman, R. Scott. "Student Services Committee Board of Governor's Report." AAHPERD National Convention BOG Meeting, Dallas-Fort Worth, Texas, Spring, 2008.

Gorman, R. Scott. "AAHPERD Student LDC Update." Central District AAHPERD Update, Volume II, Spring 2007.

Gorman, R. Scott. "Mentoring AAHPERD Future Professionals." AAHPERD Update, Spring, p. 17, 2007.

Gorman, R. Scott. "AAHPERD Dual State and National Membership Benefits." AAHPERD Update, Spring, p. 17, 2007.

Gorman, R. Scott. "Future Professional Leadership Opportunities Abound." AAHPERD UpdatePlus, September/October, Fall 2007.

Gorman, R. Scott. "AAHPERD Student LDC Update." Central District AAHPERD Update, Volume II, Spring 2006.

Gorman, R. Scott. "KAHPERD Executive Director's Message." KAHPERD Journal, Volume 78, No. 2, Fall 2006.

KAHPERD, Central District & SHAPE America Presentations

Hutchens, S, Carper, M, Oppliger, J, Gorman, S, Jessip, E, Owens, I, Moore, E, "Fly-Fishing Basics- Trout Don't Live in Ugly Places!" KAHPERD Conference, FHSU, Hays, KS, Nov. 6, 2025.

Hutchens, S, Gorman, S, Carper, M, Moore, E, J, Jessip, E, Owens, I, "3D Archery & Bowhunting Basics!" KAHPERD Conference, FHSU, Hays, KS, Nov. 6, 2025.

Pino, J, Moser, L, Jessip, E, Moore, E, J, Jessip, E, Owens, I, Shewmake, C, "Juggling Basics- As Easy as 1-2-3!" KAHPERD Conference, FHSU, Hays, KS, Nov. 6, 2025. Program Coordinator.

Moser, L, Jessip, E, Moore, E, J, Jessip, E, Owens, I, Hutchens, S, "Knots- Knots and More Knots!" KAHPERD Conference, FHSU, Hays, KS, Nov. 6, 2025. Program Coordinator.

Gorman, S, Hutchens, S, Zody, J, Welcher, J, "Adventure Craziiness I & II" (double session) KAHPERD Conference, Emporia, KS, Nov. 8, 2024.

Grimes, M. Gorman, S., Hutchens, S., Oppliger, J., Shewmake, C., Spresser, J. "NFL Flag in Schools". KAHPERD Conference, Wichita, KS, Nov. 10, 2023.

Gorman, S, Hutchens, S, Oppliger, J, Grimes, S, Goodwin, B, "Fly-Fishing Basics" KAHPERD Conference, Wichita, KS, Nov. 10, 2023.

Gorman, S, Hutchens, S, Oppliger, J, Goodwin, B, "Orienteering" KAHPERD Conference, Wichita, KS, Nov. 10, 2023.

Gorman, Scott, Pappas, Rick, "Future Professionals Extravaganza" KAHPERD Conference, Wichita, KS, Nov. 10, 2023.

Gorman, Scott, Pappas, Rick, "Future Professionals College Bowl" KAHPERD Conference, Wichita, KS, Nov. 10, 2023.

Gorman, S, Hutchens, S, Winkel, K, Goodwin, B, Rohr, L. "Adventure Curricular Activities." KAHPERD Future Professionals Conference, Pittsburg, KS, Oct. 13, 2022.

Gorman, S, Hutchens, S, Winkel, K, Oppliger, J. "Yabadabadoo Adventure Activities." KAHPERD Summer Conference, HyVee Center, KC, KS, June 22, 2022.

Gorman, S, Hutchens, S, Winkel, K, Grimes, S, Hardy, R. "Juggling Basics: As Easy as 1-2-3- Oops, Lets Try Again!" KAHPERD Summer Conference, HyVee Center, KC, KS, June 22, 2022.

Gorman, S, Hutchens, S, Winkel, K, Shewmake, C. "Knots, Knots and More Knots." KAHPERD Conference, HyVee Center, KC, KS, June 22, 2022.

Gorman, R. Scott, Zody, J, "Yabadabadoo Adventure Activities." MN SHAPE Conference, Minneapolis, MN. Nov. 1, 2021.

Gorman, R. Scott, Zody, J, "Knots, Knots & Even More Knots." MN SHAPE Conference, Minneapolis, MN. Nov. 1, 2021.

Gorman, S, Worell, V, Zody, J, "Future Professiona/Emerging Leaders: Leadership Development Conference (LDC) Workshop" MN SHAPE Conference, Minneapolis, MN. Nov. 1, 2021.

Gorman, S, Hardy, R, Jenkins, D, Grimes, A. "3D Archery & Bowhunting Basics." KAHPERD Conference, Pittsburg, KS Oct. 2019.

Gorman, S, Hardy, R, Grimes, S. "Flyfishing Basics." KAHPERD Conference Pittsburg, KS Oct. 2019.

Shewmake, C, Gorman, R. Scott, Oppliger, J. "Trends & Issues in HPERD." KAHPERD Conference, Pittsburg, KS Oct. 2019.

Gorman, S, Cuevas, C, Pinto, K, Way, S, White, D, "Knots, Knots and Even More Knots." KAHPERD Conference, Emporia, KS Oct. 25, 2018.

Gorman, S, Ball, S, Grimes, S, Hardy, R, " Yabadabadoo Adventure Activities" KAHPERD Conference, Emporia, KS Oct. 26, 2018.

Gorman, S, Barry A, Shewmake, C, Miller, L, Oppliger, J, " Secrets of the KAHPERD, Central District and SHAPE America Recognition Awards Unveiled: The Mystery is Solved," KAHPERD Conference, Emporia, KS Oct. 26, 2018.

Adkins, Megan, Deutsch, Joe, Gorman, Scott, Mahoney, Chris, Wheeling, Leah, "Leadership Opportunities for Young Professionals," Student Leadership Workshop, SHAPE America- Central District Conference, Sioux Falls, SD, Jan. 25-27, 2018.

Gorman, R. Scott, Gorman, John. "Fly Fishing Basics- Because Trout Do Not

Live in Ugly Places.” KAHPERD Conference, Washburn, KS, Oct. 26, 2017.

Gorman, R, Grimes, S, Ball, S, White, D. “Juggling Basic- As Easy As 1-2-3!” KAHPERD Conference, Washburn, KS, Oct. 26, 2017.

Gorman, R. Scott. “Boy Scouts of America: National Archery In Schools (NASP) Range Safety Officer Training.” Pittsburg State University, Pittsburg, KS. April 29, 2017.

Gorman, R. Scott, Zody, John. “Yabadabadoo Adventure Activities.” SHAPE America- Central District Conference, Cedar Falls, IA, Jan. 26-28, 2017.

Gorman, R. Scott. “Knots- Knots and Even More Knots.” SHAPE America- Central District Conference, Cedar Falls, IA, Jan. 26-28, 2017.

Strand, Brad, Gorman, R. Scott, Docheff, Dennis,. “Bullying Behaviors by High School Coaches toward High School Athletes.” SHAPE America National Convention, Minneapolis, MN. 2016.

Gorman, Docheff, DeMoss. “Coaches Who Are Bullie- No More!” KAHPERD Convention, FHSU, Hays, KS, Nov. 3, 2016.

Gorman, Buche, Carper. “3D Archery and Bowhunting Basics.” KAHPERD Convention, FHSU, Hays, KS, Nov. 4, 2016.

Gorman, Buche, Ellis. “Archery- It’s More Than Bows and Arrows: National Archery In Schools Program. ” KAHPERD Convention, FHSU, Hays, KS, Nov. 4, 2016.

Gorman, R. Scott, Friesberg, Molly, Metcalf, Ryan. “Yabadabadoo Adventure Activities.” KAHPERD Conference, WSU, KS, Oct. 30th, 2015

Gorman, R. Scott, Covert, Laura, Shewmake, Cole.” KAHPERD, Central District and SHAPE America Recognition Awards Extravaganza.” KAHPERD Conference, WSU, KS, Oct. 30th, 2015

Gorman, R. Scott, et al. “Speed Interviewing,” SHAPE America Undergraduate Student Leadership Forum. SHAPE America National Convention, Seattle, WA, March 20, 2015.

Gorman, R. Scott, et al. “I’m Graduating! *Now What?*,” SHAPE America Undergraduate Student Leadership Forum. SHAPE America National Convention, Seattle, WA, March 19, 2015.

Gorman, R. Scott, Docheff, D. and Worrell, Vicki, “Future Professionals LDC.”

Full day professional development program, SHAPE America Central District Conference, Moorhead, MN, February 4, 2015.

Gorman, R. Scott, "Knots, Knots and More Knots." SHAPE America Central District Conference, Moorhead, MN, February 7, 2015.

Gorman, R. Scott, et al. "Knots, Knots and More Knots." KAHPERD Conference, Pittsburg, KS, Oct 20-31, 2014.

Gorman, R. Scott, et al. "Mentoring Future Professionals," AAHPERD Undergraduate Student Leadership Forum. AAHPERD National Convention, St. Louis, MO, April 1-5, 2014.

Gorman, R. Scott, Grimes, Shelly "Yabadabadoo Adventure Activities." KAHPERD Conference, Emporia, KS, Nov 26-8, 2013.

Gorman, R. Scott. Parker, Missy. "Future Professional Leadership Extravaganza." CDAAHPERD, Jackson Hole, WY. Feb. 21-23, 2013.

Gorman, R. Scott, et al. "Mentoring Future Professionals," AAHPERD Undergraduate Student Leadership Forum Part II. AAHPERD National Convention, Charlotte, NC, April 23-27, 2013.

Gorman, R. Scott, Grimes, Shelly "KNOTS- Knots- and Even More KNOTS," CDAAHPERD Conference, Colorado Springs, Co. February 2-4, 2012.

Gorman, R. Scott, et al. "Mentoring AAHPERD Future Professionals," 2012 Undergraduate Student Leadership Forum. AAHPERD National Convention, Boston, MA. March, 2012.

Gorman, R. Scott. et al. "Secrets of KAHPERD, CDAAHPERD and AAHPERD Recognition Awards Programs Unveiled: The Mystery is Solved!" KAHPERD Conference, Lawrence, KS. 2012.

Gorman, R. Scott, Sinclair, Christina, Parker, Missy "Interviewing to Get the Job," CDAAHPERD Conference, Colorado Springs, Co. February 2-4, 2012.

Gorman, R. Scott, Grimes, Shelly "KNOTS- Knots- and Even More KNOTS," CDAAHPERD Conference, Colorado Springs, Co. February 2-4, 2012.

Gorman, R. Scott. "Yabadabadoo Adventure Activities." KAHPERD Conference, Fort Hays, KS, Nov 2-4, 2011.

Gorman, R. Scott, Grimes, Shelly "KNOTS- Knots- and Even More KNOTS," KAHPERD Conference, Fort Hays, KS, Nov 2-4, 2011.

Gorman, R. Scott. "Fly Fishing Basics." KAHPERD Conference, Fort Hays, KS, Nov 2-4, 2011.

Gorman, R. Scott. Kathy Wagner. "Secrets of KAHPERD, CDAAHPERD and AAHPERD Recognition Awards Programs Unveiled: The Mystery is Solved!" KAHPERD Conference, Wichita, October, 2011.

Gorman, R. Scott, et. al, Workshop Coordinator, "Major League Leadership Session for Future Professionals," MOAHPERD (Missouri) Conference, November 12, 2011.

Gorman, R. Scott. Parker, Missy. "Student Leadership Conference: Part I & II." CDAAHPERD Conference, Rapid City, SD, February 2011.

Gorman, R. Scott. Parker, Missy. "Interviewing to Get the Job: Part I & II." CDAAHPERD Conference, Rapid City, SD, February 2011.

Gorman, R. Scott. Parker, Missy. "Future Directions: Future Professionals." CDAAHPERD Conference, Rapid City, SD, February 2011.

Gorman, R. Scott, et al. "Professionalism, Getting Involved in Activities Outside of Your Job Assignment," 2011 Undergraduate Student Forum. AAHPERD National Convention, San Diego, CA. March 30, 2011.

Gorman, R. Scott, et al. "Speed Interviewing," 2011 Undergraduate Student Forum. AAHPERD National Convention, San Diego, CA. March 30, 2011.

Gorman, R. Scott, et al. "Majors Clubs, How Students Work in State Organizations & Association Participation," 2011 Undergraduate Student Forum. AAHPERD National Convention, San Diego, CA. March 30, 2011.

Gorman, R. Scott. NASPE: Association Delegate Assembly Parliamentarian. AAHPERD National Convention, San Diego, CA. May 1, 2011.

Gorman, R. Scott. Bylaws Committee Report. Presented to the Alliance Assembly, AAHPERD National Convention, San Diego, CA. May 2, 2011.

Gorman, R. Scott. Parker, Missy. "Future Professional Leadership Development." CDAAHPERD Conference, Fargo, ND. February 4-6, 2010.

Gorman, R. Scott. "Adventure Activities: Fun Activities for Sunny Fargo." CDAAHPERD Conference, Fargo, ND. February 4-6, 2010.

Gorman, R. Scott. Parker, Missy. "Interviewing to Get the Job." CDAAHPERD

Conference, Fargo, ND. February 4-6, 2010.

Gorman, R. Scott and et al. "Student Leadership Development Seminar." AAHPERD National Convention, Indianapolis, IN. March 17, 2010.

Gorman, R. Scott. NASPE: Association Delegate Assembly Parliamentarian. AAHPERD National Convention, Indianapolis, IN. March, 2010.

Gorman, R. Scott. Parker, Missy. "Future Professional Leadership Development." CDAAHPERD Conference, Fargo, ND. February 4-6, 2010.

Gorman, R. Scott. Parker, Missy. "Interviewing to Get the Job." CDAAHPERD Conference, Fargo, ND. February 4-6, 2010.

Gorman, R. Scott. , PSU HHPR Club, "Yabadabadoo Adventure Activities Galore." KAHPERD Conference, PSU, Pittsburg, KS, October, 2009.

Gorman, R. Scott. "Yabadabadoo Adventure Activities." MOAHPERD Conference, Lake of the Ozarks , MO. November, 2009.

Gorman, R. Scott. "Fly Fishing Basics." MOAHPERD Conference, Lake of the Ozarks , MO. November, 2009.

Gorman, R. Scott, "Healthy Nutrition Requirements." South East Kansas Counseling Association Annual Meeting, PSU, Pittsburg, KS, Jan, 2009.

Gorman, R. Scott. Parker, Missy. "Interviewing to Get the Job." CDAAHPERD Conference, Rochester, MN. March, 2009.

Gorman, R. Scott. et. al. "Future Professional "Survivors" Celebration of Life." CDAAHPERD Conference, Rochester, MN. March, 2009.

Gorman, R. Scott. "NASPE: Association Delegate Assembly Parliamentarian." AAHPERD Convention, Tampa, Florida, March, 2009.

Gorman, R. Scott, Oppliger, J. and Sedbrook, S. "Stump the Olympic Panel." KAHPERD Convention, Emporia, KS. October, 2008.

Gorman, R. Scott. Parker, Missy. "Student Leadership Development Mini-Conference." CDAAHPERD Conference, Omaha, Nebraska. April, 2008.

Gorman, R. Scott. et. al. "AAHPERD Future Professional National Leadership Development Workshop." AAHPERD National Convention, Dallas-Fort Worth, Texas, April, 2008.

Gorman, R. Scott. "Student Leadership: Building Our HPERD Future." CDAAAHPERD District Student Leadership Development Conference (LDC), Overland Park, KS. April, 2007.

Gorman, R. Scott. "Yabadabadoo Adventure Activities." CDAAAHPERD Conference, Overland Park, KS. April, 2007.

Miller, Mike and Gorman, R. Scott. "Fly Fishing" CDAAAHPERD Conference, Overland Park, KS. April, 2007.

Gorman, R. Scott. "Adventure Energizers." CAHPERD (Canada) Student LDC. Ontario, Canada, September, 2007.

Gorman, R. Scott. "Leadership Development Activities for Future Professionals." AAHPERD Student Services LDC, Estes Park, Colorado, October, 2007.

Gorman, R. Scott. "Archery Basics." KAHPERD Conference, Emporia, KS. November, 2007.

Gorman, R. Scott. "Adventure Curricular Activities for Student Majors and Oldtimers Too." MOAHPERD Conference, Lake of Ozarks, MO. Nov, 2007.

Gorman, R. Scott. "Student Leadership: Looking Forward to Building Our Future." CDAAAHPERD District Student Leadership Development Conference (LDC), Broomfield, CO, March, 2006.

Gorman, R. Scott. "Juggling: As Easy as 1-2-3." CDAAAHPERD Conference, Broomfield, CO, March, 2006.

Gorman, R. Scott. "Fly Fishing Basics: Because Trout Don't Live in Ugly Places," KAHPERD Conference, Emporia, Kansas, November, 2006.

Gorman, R. Scott. "Orienteering: Know Where You Are, Where You Are Going and How to Return Safely." KAHPERD Conference, Emporia, Kansas, November, 2006.

Gorman, R. S and B. Clocksin, "Getting Acquainted: The First Step Towards Leadership," AAHPERD National Student Leadership Development Conference (LDC), Ripley, West Virginia, October, 2005.

Gorman, R. Scott, "Adventure Activities Leadership Training," AAHPERD National Student Leadership Development Conference (LDC), Ripley, West Virginia, October, 2005.

Akin, Ellis, Gorman, Moeckel & Schneider, "Future Professionals Panel Q & A

Session," KAAHPERD Convention, Washburn Univ, Topeka KS. November, 2005.

Miller, Mike and Gorman, R. Scott, Pre-Convention Workshop "Outdoor Education - Choice Based Physical Education," CDAAHPERD Convention, Cheyenne, Wyoming, May, 2005.

Gorman, R. S., Bolt, Deines, Juggling Basics- Brain Based Fun for the Kid In All Of Us, CDAAHPERD Convention, Cheyenne, Wyoming, May, 2005.

Gorman R. S. (Workshop coordinator), Combs, Donaldson, Gorman, J.H., Oppliger and Scherrer. "Fly-Fishing, Adapted Fishing and Plain Old Fun Fishing: Equipment and Techniques for Kids of All Ages," Pre-Convention Workshop, KAAHPERD Convention, PSU, Pittsburg, KS. October, 2004.

Bauchmoyer, S., Gorman, R.S. and Gorman, J.H., "Incorporating Archery Into Your Program," KAAHPERD Convention, PSU, Pittsburg, KS. October, 2004.

Gorman, R. S., Zody, J. "Yabadabadoo Adventure Curricular Activities." NDAHPERD Convention, Bismark, ND. July, 2004.

Gorman, R. S. "Orienteering." NDAHPERD Convention, Bismark, ND. July, 2004.

Oppliger, Gorman, and Stobart, "State-Wide Physical Activity Day: Physical Advocacy Session," AAHPERD Convention, New Orleans, LA., April, 2004.

Gorman, Sedbrook and Zody, "Out of This World Adventure Activities for Central District Future Professionals," CDAAHPERD Convention, Duluth, MN. February, 2004.

Gorman, Oppliger and Jewett. "Juggling Basics for Everyone," KAAHPERD Convention, Wichita, Kansas, February, 2002.

Gorman, R. S. "Fly Fishing as a Leisure Activity," CDAAHPERD Convention, Rapid City, SD, February 2002.

Gorman, R. S. Nutrition for Teenagers, "How to talk to Your Teens About Important Issues." Parents University Conference, Kansas State University-Cooperative Extension Office of Crawford County, Pittsburg, KS, Sept. 2001.

Gorman, R. S. Yabadabadoo- \$400 Million for You," CDAAHPERD Convention, Omaha, NE, February, 2000.

Gorman, R. S. "NASPE PEP Act Proclamation," Presented to the AAHPERD Alliance Assembly, AAHPERD Convention, Orlando Florida. March, 2000.

Gorman, R. S. Yabadabadoo Adventure Curricular Activities, SDAAHPERD Annual Convention, Black Hills State University, Spearfish, SD, Nov., 1999.

Gorman, R., S. Scherrer, S. "Flyfishing: Because Trout Don't Live in Ugly Places," SDAAHPERD Annual Convention, Black Hills State University, Spearfish, South Dakota, November, 1999.

Gorman, R. S., CDAAHPERD Presidents Welcome, KAHPERD Convention General Session, KAHPERD Annual Convention, Hays, KS, November, 1999.

Gorman, R. S., "Yabadabadoo Adventure Curricular Activities," KAHPERD Annual Convention, Hays, Kansas, November, 1999.

Gorman, R. S. "Yabadabadoo Adventure Curricular Activities," MOAHPERD Convention General Session, MAHPERD Convention, MO, October, 1999.

Gorman, R. S. "Yabadabadoo Adventure Curricular Activities I," CAHPERD Annual Convention, Denver, Colorado, October 8, 1999.

Gorman, R. S. "Yabadabadoo Adventure Curricular Activities II," CAHPERD Annual Convention, Denver, Colorado, October, 1999.

Gorman, R. S. Scherrer, S. "Flyfishing: Because Trout Don't Live in Ugly Places," CAHPERD Annual Convention, Denver, Colorado, October, 1999.

Gorman, R. S. "Adventure Challenge Activities," PSU 4th Annual Tri-State Student Advance. PSU Campus, September, 1999.

Gorman, R. S. "Youth Fitness: Opportunities for a Lifetime, Pittsburg Kiwanis, Pittsburg, Kansas. August, 1999.

Oppliger, J. and Gorman, R.S. "Anabolic Steroid Use & Knowledge Among Students at a Rural University," National Strength and Conditioning Association National Conference, Kansas City, MO. June, 1999.

Gorman, R. S. "NASPE District Coordinator Update," NASPE Cabinet, AAHPERD National Convention, Boston, Massachusetts, April, 1999.

Gorman, R. S. "NASPE District Leader's Update Meeting," NASPE Coordinator, AAHPERD National Convention, Boston, MA, April, 1999.

Gorman, R. S. "Advocacy Workshop," KAHPERD Annual Convention, PSU Campus, Pittsburg, KS, November, 1998.

Gorman, R. S. "NASPE District Coordinator Update," NASPE Cabinet, AAHPERD National Convention, Reno, Nevada, April, 1998.

Gorman, R. S. "NASPE District Leader's Meeting," NASPE Coordinator, AAHPERD National Convention, Reno, Nevada, April, 1998.

Gorman, R. S. "Successful Teachers SHAPE the Future," CDAAAPERD/KAHPERD Convention (co-presenter), Wichita, KS, Feb., 1998.

Gorman, R. S. "Stay Active with Physical Best," CDAAAPERD/KAHPERD Convention (co-presenter), Wichita, KS, February, 1998.

Gorman, R. S. "Variations of a Theme: Lifetime Wellness at Four Kansas Universities," CDAAAPERD/KAHPERD Convention, Wichita, KS, Feb., 1998.

Gorman, R. S. "NASPE District Coordinator Report," NASPE Cabinet, AAHPERD/CDA National Convention, St. Louis, April, 1997.

Gorman, R. S. "Active-Older Adults," Pittsburg YMCA, Pittsburg, KS, May, 1997.

Gorman, R. S. "Physical Best/Fitnessgram 6-12 Workshop," AAHPERD 1995 National Convention, Seattle, Washington, April, 1995.

Gorman, R. S. "Juggling is Catching," (co-presented with Terry Todd), CDAAAPERD Convention, Fargo, North Dakota, April, 1995.

Gorman, R. S. "Future Directions in Sport and PE," CDAAAPERD Convention, Fargo, North Dakota, April, 1995.

Gorman, R. S., "Nutrition for Today's Adolescents," Summer Program, Pittsburg Middle School Students at Risk Program, Pittsburg, KS, July, 1995.

Gorman, R. S. "PA Cooperative & Initiative Games," Professional In-service Program, Wichita Public Schools- USD 259, Wichita, KS, February, 1995.

Gorman, R. S. "Physical Best/FitnessGram PE Workshop," Pittsburg Middle School In-Service, Pittsburg, KS, January, 1995.

Gorman, R. S. "A Fitness Potpourri: 6-12 Workshop," AAHPERD 1994 National Convention, Denver, Colorado, April, 1994.

Gorman, R. S. "Organizing and Administrating Kansas Fitness Day," KAHPERD Convention, Liberal, KS, November, 1993.

Gorman, R. S. "Physical Best Activities - Secondary," Central District AAHPERD, Omaha, Nebraska, April, 1993.

Gorman, R. S. "Future Directions for Physical Education and Sport," Central District AAHPERD, Omaha, Nebraska, April, 1993.

Gorman, R. S. "Basic Nutrition and Cholesterol Education Workshop," Coffeyville Community College Coffeyville, KS, March, 1993.

Gorman, R. S. "NASPE: How to Integrate Physical Best Into Your Program,"

AAHPERD 1993 National Convention, Washington, D.C., March, 1993.

Gorman, R. S. "A Model Cholesterol Education Program for Children, KAHPERD Convention, Hutchinson, KS, Nov, 1992.

Gorman, R. S. "Healthy Lifestyles: Cooperative Fitness Activities," Future Educators of America: Third Annual Conference, PSU Campus, Pittsburg, KS, November, 1992.

Gorman, R. S. "Cholesterol Awareness for Elementary School Children," Arma School District, Arma, KS, October, 1992.

Gorman, R. S. "Physical Best K-6: Activities and Concepts That Work," Olathe School District Workshop, Olathe, KS, September, 1992.

Gorman, R. S. "K-8 Physical Best Activities and Concepts at Work," CDA-AAHPERD, Des Moines, Iowa, May, 1992.

Gorman, R. S. "Incorporating Angling Into Your Education Program." Workshop Coordinator and Presenter. CDA-AAHPERD. Des Moines, Iowa, May, 1992.

Gorman, R. S. "Nutrition Education for Adults with CHD Risk Factors," Mount Carmel Hospital Working Women and Friends" Education Program, Pittsburg, KS, April, 1992.

Gorman, R. S. "Body Composition Assessment and Associated CHD Risk Factors," Walking Kansas Program, Baxter Springs, KS, March, 1992.

Gorman, R. S. "A Model Nutrition/Cholesterol Education Program," National Symposium on Adolescent Health. Kansas City, KS, February, 1992.

Gorman, R. S. "Cholesterol: The Good, The Bad and The Ugly," Coffeyville Community College, Coffeyville, KS, February, 1992.

Gorman, R. S. "Importance of Physical Activity for the Age 50+," Healthy Aging Seminar. Kansas Department of Health and Environment, Hutchinson, KS, Feb, 1992.

Gorman, R. S. "Elementary School Playground Safety Concerns and Legal Liability," USD-247 Cherokee School District, Cherokee, KS, January, 1992.

Gorman, R. S. "Physical Best: Activity Program for K-6," KAHPERD Convention. Emporia, KS, November 1991.

Gorman, R. S. "A Model Cholesterol and Nutrition Education Program." Workshop at Heartland Health Conference. Washburn University, Topeka, KS, June 1991._

Gorman, R. S. "A Model Cholesterol Education Program for Elementary

Students," George Nettels Elementary School: Parent-Teacher Organization, Pittsburg, KS, Spring 1991.

Gorman, R. S. "Cholesterol Awareness for Elementary School Children," International Association of Physical Education Schools in Higher Education and National Association for Physical Education in Higher Education World Congress, Atlanta, Georgia, Spring 1991.

Gorman, R. S. "Cholesterol: The Good, The Bad and The Ugly," KAHPERD Convention, Emporia, KS, November 1990.

Gorman, R. S. "Physical Best: A Hands On Workshop," KAHPERD Convention, Emporia, Kansas, November 1990.

Gorman, R. S. "The Role of Exercise in Weight Loss Programs." American Dietetic Association, Parsons, Kansas, September 1990.

Gorman, R. S. "Cholesterol: The Good, The Bad and The Ugly," Heartland Health Conference, Washburn University, Topeka, KS, June 1990.

Gorman, R. S. "Cholesterol: The Good, The Bad and The Ugly," Lakeshore Wellness Conference, Buena Vista College, Lakeshore, Iowa, June 1990.

Gorman, R. S. "Cholesterol and Fats In The Foods We Eat," Nutrition Class, Coffeyville Community College, Coffeyville, KS, June 1990.

Gorman, R. S. "Physical Best: Fitness Testing Ideas for the Practitioner," KAHPERD Sharing Day, Olathe, KS, February 1990.

Gorman, R. S. "Physical Best Workshop for the Practitioner, Grades K-12," KAHPERD Convention, Pittsburg, KS, November 1989.

Gorman, R. S. "Cholesterol and Fats in The Foods We Eat," Freeman Hospital Opti-Fast Program, Joplin, Missouri, October 1989.

Gorman, R. S. "Cholesterol: The Good, The Bad and The Ugly." Lakeshore Wellness Conference, Buena Vista College, Lakeshore, Iowa, June 1989.

Gorman, R. S. "Cholesterol: The Good, The Bad and The Ugly," Good Life Conference VIII, University of Nebraska, Lincoln, Nebraska, June 1989.

Gorman, R. S. "Soccer Skills Test Development," AAHPERD Sports Skills Test Development Committee (ARAPCS), AAHPERD National Convention, Boston, Massachusetts, June 1989.

Gorman, R. S. "Soccer Skill Testing - Past and Present Assessment of Soccer Skills Using Standardized Tests," Southern District AAHPERD Convention, Little Rock, Arkansas, March 1988.

C. Doctoral Dissertation Committees Served

Ms. Amy Butler- Nursing/Doctoral Committee Step it Up Mack's Creek,
MO: A community Walking Program, Fall 2019.

Professional Honors and Awards

2025 University Professor (4th) promotion
2019 University Professor (third) promotion
2018 KAHPERD Presidential Appreciation Award (President Gwaltney)
2018 Juliette Gordon Community Partnership Award- Heartland Girl Scouts
2018 SHAPE America-Central District Presidential Appreciation Award
2017 PSU Outstanding Graduate Program Coordinator
2016 KAHPERD Presidential Appreciation Award (ESU Faculty)
2015 North American Society for Health, PE, Recreation Sport & Dance (NAS)
2015 SHAPE America Central District Presidential Citation
2014 KAHPERD Presidential Appreciation Award (President Scholten)
2013 PSU Outstanding Graduate Program Coordinator
2013 AAHPERD NASPE National Mentor of the Year
2013 KAHPERD Recreation Educator of the Year
2013 KAHPERD Presidential Appreciation Award (KAHPERD Family)
2012 CDAAHPERD Mark Harvey Legacy Award
2012 KAHPERD Presidential Appreciation Award (John Oppliger- HHPR)
2011 PSU Outstanding Faculty Award
2011 PSU College of Education Excellence in Teaching Award
2010 MOAHPERD Presidential Recognition Award
2009 AAHPERD Julian Smith (National Recreation) Award Nominee
2004 NASPE Joy of Effort Award
2004 AAHPERD Honor Award
2002 NASPE President-Elect Final Candidate
1998 KAHPERD Honor Award
1996 AAHPERD Presidential Certificate of Appreciation
1996 CDAAHPERD Honor Award
1995 CDAAHPERD Sport & Physical Education Division Merit Award
1993 Kansas Governor's Council On Fitness and AHA "Heartiest Five"
1990 Outstanding Faculty Member- School of Education
1984 Phi Delta Kappa , University of Georgia
1982 Program Director's Teaching Excellence Award- UGA
1976 Phi Delta Kappa, Western Carolina University
1975 NAIA Academic All-American Baseball Player- Elon College

Scholarly Activities

Teaching

My major areas of expertise include: exercise physiology, health related physical fitness, pedagogy, camping, outdoor education and adventure education. I have

extensive experience in ropes course programming and have facilitated on both low and high elements courses. PSU has a rappelling tower with both a wall and helicopter skid we use in my Camping and Outdoor Education classes. Our Student Rec Center just added an indoor climbing wall that will also be utilized in class starting Spring 2026.

Teaching

103	Weight Training
119	Racquetball
150	*Lifetime Fitness Concepts
200	LS: Tennis, Weight Training, and Racquetball
266	First Aid and CPR
317	Camping and Outdoor Education
361	Theory and Fundamentals of Activities II
440	Topics in HHPR
461	Recreation Professional Conference
467	Adaptive Physical Education
469	Exercise Physiology
499	Report
704	Physical Education Workshop
806	Special Investigations
825	Leadership and Legal Issues in Sport & Leisure
840	Graduate Seminar in Physical Education
850	Mechanical Kinesiology
866	Advanced Exercise Physiology

** Taught Lifetime Fitness Concepts in Paraguay Spring of 2006*

Advisement

I serve as the Graduate Coordinator for the HHPR Department. I presently have 60-70 part-time or full-time graduate students in our Master of Science Degree Program.

Grants

Professors Beyond the Classroom SGA Grants were awarded in 2021 (\$385.00) and 2024 (\$675.00) to take REC 317- Camping & Outdoor Education students on our semester trip to Roaring River State Park. PSU Sustainability Grant was awarded in 2019 for \$500.00. The grant is for teaching sustainability materials in both HHP- 150- LFC and REC 317- Camping & Outdoor Education. KAHPERD Incentive Grant (\$1,000.00) awarded a 2012 in to teach a Flyfishing Workshop based upon the National Fishing in Schools Program model. The PSU summer workshop was conducted over two days. Day 1 focused on learning the basic equipment and motor-skills. Day 2 involved a field trip to Roaring River State Park (MO) to catch trout using the flyfishing skills acquired.

Institutional and Community Service

Dr. Gorman serves on the following: University Promotion Committee, HHPR Promotion Committee, HHPR Scholarship Committee, HHPR

Search Committee, College of Education Promotion Committee and is Member and Past-Chair of the University Professor Promotion Committee. Additional PSU service includes: Graduation Marshal and is the Past-PSU Soccer, Lacrosse, Badminton, Duck's Unlimited and Fishing Clubs Adviser. Dr. Gorman's past Athletic Department experience includes: being recruited to umpire both PSU scrimmages as well as varsity baseball and softball games. He also has volunteered at home cross-country and track and field meets and also has served as official scorekeeper for the Gorilla Volleyball team. Additional HHPR department and PSU service includes: President's Society Dinner Activities Co-coordinator, President's Summer Advisory Committee Picnic Volunteer, Graduate Faculty, HHPR Major's Club Advisor, Kansas Kids Fitness Day, Outdoor Kansas Day, Special Olympics, Rumble in the Jungle, HHPR Day and Adopt a Highway HHPR/Camping Class Coordinator.

Additional Pittsburg community service includes:

- Albers Marine Annual Show (Pittsburg)- Archery
- Kansas Wildlife and Parks Hunter Safety Education Instructor (35 years)
- Girl Scouts – Achery Instructor at annual summer camp (33+ years)
- Pittsburg Post 64 American Legion Baseball General Manager (9 years)
Head Coach (5 years)
- Pittsburg Parks and Recreation Advisory Committee/Chair (10 Years)
- American Heart Association: Kansas Affiliate Board of Directors (6 years)
- Crawford County American Heart Association President (10 Years)
- Crawford County AHA Telepledge Committee Chair (6 years)
- Crawford County AHA HeartWalk Committee (9 years)
- NFSHSAA, American Legion, NCAA Baseball and Softball Umpire (29 years)
- Kansas Babe Ruth 14's Mid-West Regional Champion Baseball Coach (1997)
- Little Balkans Wood Bat Baseball Tournament Director (9 years)
- Pittsburg YMCA Soccer Clinic Coordinator (5 Years)
- J.L. Hutchinson Youth Baseball Coach (9 years)

Recreation Activities and Service

My service to the recreation profession included teaching the Adventure Sports class at Berry College for five years. I also received high and low elements ropes course training at Berry from Project Adventure, Inc. In 1988 when I moved to PSU, I was offered the opportunity to teach Camping and Outdoor Education. We constructed our first low elements ropes course, modified and included adventure and outdoor education the curriculum and let the fun begin. I teach one class in the fall, two every spring. Educational units include adventure education with ropes course activities, camping & outdoor education, orienteering, canoeing/kayaking, fishing/fly fishing, archery (3-D target & clout) and rappelling.

I also have 35 years of volunteer service as a Kansas Department of Wildlife and Parks Hunter Education Safety Instructor. My PSU, KDWPPT colleagues

and I teach two-three certification programs every year to the Pittsburg community. I teach the First Aid along with Archery (live fire) and Tree Stand Safety units. I've also worked very closely with the Pittsburg Recreation Department and served on their Advisory Board for 10 years as a member and twice as Chair. I established and served as the Director of the Little Balkins Days - Old Timers Baseball Tournament. More recently, we have HPR Department annual Outdoor Kansas (OK) Day programs for local children that I help coordinate utilizing the students from my Camping & Outdoor Education classes. PHS also hosts NASP Bullseye and 3D archery tournaments that use our Rec majors as volunteers. That's all Folks!