

*Pittsburg State University*

**Policy on Prevention  
Of Alcohol Abuse and Drug Use  
August 2007**

*Drug Free Schools & Communities Act Amendment, 1989*

## **Policy on Prevention of Alcohol Abuse & Drug Use On Campus & In the Workplace**

Pittsburg State University  
August 21, 1990

(Revised August 1991, August 1992, August 1993, August 1994, August 1995, August 1996, August 1997, August 1998, August 1999, August 2000, August 2001, August 2002, August 2003, August 2004, August 2005, August 2006, August 2007)

The following policies are effective August 21, 1990, and are adopted pursuant to the requirements of the Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Communities Act Amendments of 1989. A copy of this policy will be distributed annually to each student and employee of Pittsburg State University (copies are also available at the following campus locations: Human Resource Services Office, P.S.U. departmental offices, Campus Life and Auxiliary Services Office, Student Center, Student Health Center, University Police).

1. Pittsburg State University prohibits the unlawful possession, use, manufacture, or distribution of alcohol or controlled substances by students and employees in buildings, facilities, grounds or property controlled by the University, or as part of University activities. The University is committed to a program to prevent the abuse of alcohol and the illegal use of controlled substances and/or alcohol by students and employees. Any student or employee of the University found to be abusing alcohol or using, possessing, manufacturing, or distributing controlled substances or alcohol in violation of the law, on University property, or at University events shall be subject to disciplinary action in accordance with applicable policies of the State of Kansas, the Board of Regents, and Pittsburg State University. Students who violate this policy will be subject to sanctions including, but not necessarily limited to, expulsion and suspension from the University, referral for prosecution and/or the completion, at the individual's expense, of an appropriate substance abuse assistance or rehabilitation program. For employees, the University will take appropriate personnel action for such infractions, up to and including termination.
2. As a condition of employment, all employees of Pittsburg State University, including student employees, shall abide by the terms of this policy statement and will notify Pittsburg State University of any criminal drug statute conviction for a violation occurring in buildings, facilities, grounds or property controlled by the University, no later than five (5) days after such conviction. Pittsburg State University will, in turn, notify as appropriate, the applicable federal agency of the conviction within ten (10) days of its receipt of notification of the conviction. For purposes of this policy, "conviction" means a finding of guilt (including a plea of nolo contendere) or imposition of sentence, or both, by any judicial body charged with the responsibility to determine violations of the Federal or State criminal drug statutes.
3. The term "controlled substances" as used in this policy means those substances included in Schedules I through V of section 202 of the Controlled Substances Act and as further defined by regulation at 21 CFR 1300.11 through 1300.15 (a listing of controlled substances will be maintained in the campus Human Resource Services Office, Campus Life and Auxiliary Services Office, Student Health Center, and University Police Office). The term does not include the use of a controlled substance pursuant to a valid prescription or other uses authorized by law.

The term "alcohol" as used in this policy means any product of distillation or a fermented liquid which is intended for human consumption and which is more than 3.2% alcohol by weight as defined in Chapter 41 of the Kansas Statutes.

4. Students and employees are reminded that local, state and federal laws provide for a variety of legal sanctions and penalties for the unlawful possession or distribution of illicit drugs and alcohol. These sanctions include, but are not limited to, incarceration and monetary fines.

The Federal Controlled Substances Act provides penalties of up to 15 years imprisonment and fines of up to \$25,000 for unlawful distribution or possession with intent to distribute narcotics. For unlawful possession of a controlled substance, a person is subject to up to one year of imprisonment and fines up to \$5,000. Any

person who unlawfully distributes a controlled substance to a person under twenty-one years of age may be punished by up to twice the term of imprisonment and fine otherwise authorized by law.

Kansas law provides that any person who violates the criminal statutes on controlled substances by possessing, offering for sale, distributing, or manufacturing opiates and narcotics, such as cocaine and heroin, shall be guilty of a Class C felony. For a conviction of a Class C felony, the court may sentence a person to a term of imprisonment of a minimum of three to five years, a maximum of 10 to 20 years, and a fine of up to \$15,000. Unlawful possession of a depressant, stimulant or hallucinogenic drug is punishable as a Class A misdemeanor, with a penalty of up to a year in jail and a fine of \$2,500. Depressants include barbiturates, Valium, and barbital. Hallucinogens include LSD, marijuana, and psilocybin. State law classifies amphetamines and methamphetamines as stimulants. Article 7 of the Kansas Liquor Control Act provides for punishments ranging from up to six months imprisonment and fines of up to \$1,000 for violation of the statutes relating to the possession and distribution of alcohol.

The local ordinances of Pittsburg also provide for prohibitions relating to illicit drugs and alcohol. Generally, these local ordinances are similar in content to state law.

Further information on these local, state and federal ordinances and statutes will be maintained in the Human Resource Services Office and University Police and will be available to students and employees. Students and employees are encouraged to obtain copies of this information.

5. Students and employees of Pittsburg State University should be aware and informed that although not inclusive the following health risks have been associated with the use of illicit drugs and the abuse of alcohol:

Accidents and injuries are more likely to occur if alcohol and drugs are used on University property or as part of University activities. Every year in the United States, over 200,000 people are treated in hospitals for drug-related accidents and mental and physical illness; another 25,000 die every year from drug-related accidents or health problems. Drug users can lose resistance to disease and destroy their health. Drug tolerance and psychological dependence can develop after sustained use of drugs. More specifically, physical dependency, heart problems, infections, malnutrition, and death may result from continued high doses of amphetamines. Chronic use of narcotics can cause lung damage, convulsions, respiratory paralysis and death. Depressants, such as tranquilizers and alcohol, can produce slowed reactions, slowed heart rate, damage to liver and heart, respiratory arrest, convulsions, and accidental overdoses, because the abuser is unaware of how much of the drug or alcohol has been taken. Use of hallucinogens may cause psychosis, convulsions, coma and psychological dependency.

Alcoholism is the number one drug problem in the United States. Alcoholism takes a toll on personal lives by affecting finances, health, social relationships, and families. It can have significant legal consequences. Abuse of alcohol or use of drugs may cause an individual driving a motor vehicle to injure others and may subject the abuser to criminal prosecution. Drunk drivers are responsible for more than half of all traffic fatalities.

6. Students and employees of Pittsburg State University should be aware and informed that the following drug or alcohol counseling, treatment or re-entry programs are available to students or employees on a national, statewide, local and campus basis. Alcohol and drug counseling and treatment are available for students at the University Counseling Center. This office is an excellent resource for information about community resources for counseling and treatment, and can provide further information about health problems and treatment related to alcohol and drug problems. Faculty and staff members may contact the State Lifeline, a 24-hour toll free assistance line (1-800-284-7575) for a referral. If referred through the Lifeline program, the first counseling session is paid by the State. Further resources are presented in Appendix I, Listing of Resources. Pittsburg State University will also present educational programs on substance abuse on a periodic basis to inform employees and students of the dangers of substance abuse.

## On Campus Resources

### **Student Health Services**, 1801 S. Joplin, Ext. 4452

Donald Holsinger, Medical Director

Rita Girth, Operational Director

Services/Programs

X Medical consultation

X Physical exams

### **University Counseling Services**, 225 Whitesitt Hall, Ext. 4044

Steven Mayhew, Director

Services/Programs

X Assessment, evaluation, individual, couple and group counseling

X Referrals for inpatient or outpatient treatment

### **Student Prevention & Wellness**, 105 Lower Level, Overman Student Center, Ext. 4062

J.T. Knoll, Coordinator

Services/Programs

X Alcohol / Drug Education - Presentations

X Referral for inpatient or outpatient treatment

X Peer Health Education providing programming on drug and alcohol use/abuse; date rape; sexually transmitted diseases; AIDS; and contraception

X Co-dependents Anonymous meeting, Mondays at 12:00 Noon, Newman Center (OSC Summer)

X Advisement of BACCHUS (Boost Alcohol Consciousness Concerning the Health of University Students) and GAMMA (Greeks Advocating the Mature Management of Alcohol)

X Brochures/pamphlets/videos

X Educational Programming: NCAAW (National Collegiate Alcohol Awareness Week), NCHWW (National Collegiate Health and Wellness Week), Safe Spring Break, etc.

X Webpage: <http://www.pittstate.edu/union/wellness>

## Community Substance Abuse Resource Guide - Students & Employees

### **Community Mental Health Center of Crawford County**

30<sup>th</sup> & Michigan, Pittsburg Kansas, 66762

Telephone: (620) 231-5141 Stacey Hauck, Coordinator

Services/Programs:

X Evaluation / Assessment / Referral to inpatient or outpatient treatment

X Individual Counseling

X Aftercare

X State Funding for low income clients

X **24-Hour Helpline - (620) 232-SAVE**

X Reintegration services for women

### **Elm Acres Recovery Services**

1002 E. Madison, Pittsburg Kansas, 66762

Telephone: (620) 231-6129

Janet Snyder, Clinical Director

Services/Programs:

X Adolescent Inpatient Alcohol & Drug Treatment Age 13-18

### **Addiction Treatment Center of Southeast Kansas**

810 W. Cedar, Girard, Kansas 66743

Telephone (620) 724-8806

David Boyd, Director

### **Addiction Treatment Center of Southeast Kansas (cont.)**

Services/Programs

X 30 to 45 day inpatient treatment facility with a total of 24 beds. ATC of SEK is a state funded facility, which means its primary focus is for Kansas residents. Clients participate in group and individual therapy, focus groups, videos, and lectures.

#### National Programs

National Drug & Alcohol Treatment Referral Service 1-800-662-HELP

Schools Without Drugs 1-800-624-0100

Mothers Against Drunk Driving Central Office 1-800-228-6233

Treatment Locator Website: <http://findtreatment.samhsa.gov>

Narcotics Anonymous: <http://www.na.org/>

Alcoholics Anonymous: <http://www.aa.org/?Media=PlayFlash>

#### State of Kansas Employee Assistance

State Lifeline - State Employees 1-800-284-7575

(If referred through Lifeline, the first counseling session is paid by the State.)

#### Self Help Groups

##### Alcoholics Anonymous

**10<sup>th</sup> & Fairview, Pittsburg**

**Monday** 7:00 am open

12:15 pm open

8:00 pm closed, except open

on birthdays, last Monday

of the month

**Tuesday** 7:00 am open

12:15 pm open

6:30 pm Men's Mtg. closed

**Wednesday** 7:00 am open

12:15 pm open

8:00 pm closed

**Thursday** 7:00 am open

12:15 pm open

8:00 pm closed

**Friday** 7:00 am open

12:15 pm open

8:00 pm open-Newcomer's Mtg.

**Saturday** 7:00 am open

12:15 pm open

8:00 pm open, Speaker's Mtg.

**Sunday** 7:00 am open

12:15 pm open

8:00 pm closed

##### The Believers AA Group

**Salvation Army Bldg.**

**307 E. 5<sup>th</sup>, Pittsburg**

Thu-Sun 8:00 p.m.

##### Alcoholics Anonymous

**Girard Presbyterian Church, S. Summit**

Tue-Thu-Fri 8:00 pm

##### Narcotics Anonymous

**Your Own Place**

**308 E, 7th, Pittsburg**

**Sun.** 6:30 pm open

*Birthdays/Speaker - last Sunday of the month*

**Mon.** Noon open, 6:30 pm open

**Tue.** Noon open, 6:30 pm closed book study

**Wed.** 12 Noon open, 6:30 pm open

**Thu.** 6:30 pm closed - It Works: How & Why

**Fri.** 6:30 open

**Sat.** 9:30 pm candlelight/open chair

*Non-Smoking Sunday, Tuesday, Thursday*

*Smoking Mon., Wed., Fri., Sat.*

[www.jftareana.net](http://www.jftareana.net) for SE KS area mtgs.

##### Al-Anon

**10<sup>th</sup> & Fairview, Pittsburg**

Tuesday 8:00 pm

##### CODA (Co-Dependents Anonymous)

**Mt. Carmel Medical Center, Sheraton Rm.**

**1102 E. Centennial, Pittsburg**

Sunday 8:00 pm

**Newman Center, PSU**

**301-A E. Cleveland, Pittsburg**

Monday 12:00 noon

For information call 620-249-6800