

Pittsburg State University

**Policy on Prevention
Of Alcohol Abuse and Drug Use
August 2017**

Drug Free Schools & Communities Act Amendment, 1989

Policy on Prevention of Alcohol Abuse & Drug Use On Campus & In the Workplace

Pittsburg State University

August 21, 1990

(Revised August 1991, August 1992, August 1993, August 1994, August 1995, August 1996, August 1997, August 1998, August 1999, August 2000, August 2001, August 2002, August 2003, August 2004, August 2005, August 2006, August 2007, August 2008, August 2009, August 2011, August 2012, June 2015, October 2016, August 2017)

The following policies are effective August 21, 1990, and are adopted pursuant to the requirements of the Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Communities Act Amendments of 1989. A copy of this policy will be distributed annually to each student and employee of Pittsburg State University (copies are also available at the following campus locations: Human Resource Services Office, P.S.U. departmental offices, Student Life Office, Student Center, Student Health Center, University Police).

1. Pittsburg State University prohibits the unlawful possession, use, manufacture, or distribution of alcohol or controlled substances by students and employees in buildings, facilities, grounds or property controlled by the University, or as part of University activities. The University is committed to a program to prevent the abuse of alcohol and the illegal use of controlled substances and/or alcohol by students and employees. Any student or employee of the University found to be abusing alcohol or using, possessing, manufacturing, or distributing controlled substances or alcohol in violation of the law, on University property, or at University events shall be subject to disciplinary action in accordance with applicable policies of the State of Kansas, the Board of Regents, and Pittsburg State University. Students who violate this policy will be subject to sanctions including, but not necessarily limited to, expulsion and suspension from the University, referral for prosecution and/or the completion, at the individual's expense, of an appropriate substance abuse assistance or rehabilitation program. For employees, the University will take appropriate personnel action for such infractions, up to and including termination.
2. As a condition of employment, all employees of Pittsburg State University, including student employees, shall abide by the terms of this policy statement and will notify Pittsburg State University of any criminal drug statute conviction for a violation occurring in buildings, facilities, grounds or property controlled by the University, no later than five (5) days after such conviction. Pittsburg State University will, in turn, notify as appropriate, the applicable federal agency of the conviction within ten (10) days of its receipt of notification of the conviction. For purposes of this policy, "conviction" means a finding of guilt (including a plea of nolo contendere) or imposition of sentence, or both, by any judicial body charged with the responsibility to determine violations of the Federal or State criminal drug statutes.
3. The term "controlled substances" as used in this policy means those substances included in Schedules I through V of section 202 of the Controlled Substances Act and as further defined by regulation at 21 CFR 1300.11 through 1300.15 (a listing of controlled substances will be maintained in the campus Human Resource Services Office, Student Life Office, Student Health Center, and University Police Office). The term does not include the use of a controlled substance pursuant to a valid prescription or other uses authorized by law.

The term "alcohol" as used in this policy means any product of distillation or a fermented liquid which is intended for human consumption and which is more than 3.2% alcohol by weight, as defined in Chapter 41 of the Kansas Statutes.

4. Students and employees are reminded that local, state and federal laws provide for a variety of legal sanctions and penalties for the unlawful possession or distribution of illicit drugs and alcohol. These sanctions include, but are not limited to, incarceration and monetary fines.

Penalties under Kansas law for the unlawful possession or distribution of drugs are based on the quantity of drug, type of drug, and criminal history of the defendant. See K.S.A. 2012 Supp. 21-5706. Maximum

penalties range from fines of \$100,000 to \$500,000 and imprisonment from 10 months to 17 years.

The Federal Controlled Substances Act provides penalties of up to 15 years' imprisonment and fines of up to \$25,000 for unlawful distribution or possession with the intent to distribute narcotics. For unlawful possession of a controlled substance, a person is subject to up to one year of imprisonment and fines up to \$5,000. Any person who unlawfully distributes a controlled substance to a person under twenty-one years of age may be punished by up to twice the term of imprisonment and fine otherwise authorized by law.

Local city ordinances for drug and alcohol offenses impose sanctions similar in severity to state law.

5. Students and employees of Pittsburg State University should be aware and informed that although not inclusive the following health risks have been associated with the use of illicit drugs and the abuse of alcohol:

Accidents and injuries are more likely to occur if alcohol and drugs are used on University property or as part of University activities. Approximately 32 percent (658,263) of all drug abuse Emergency Department visits involve the use of alcohol, either alone or in combination with another drug. In 2014, 9,967 people were killed in alcohol-impaired driving crashes, accounting for nearly one-third (31%) of all traffic-related deaths in the United States. Alcohol and other drug (AOD) users can lose resistance to disease and destroy their health. Drug tolerance and psychological dependence can develop after sustained use of AOD. Drug users can lose resistance to disease and destroy their health. Drug tolerance and psychological dependence can develop after sustained use of drugs. More specifically, physical dependency, heart problems, infections, malnutrition, and death may result from continued high doses of amphetamines. Chronic use of narcotics can cause lung damage, convulsions, respiratory paralysis and death. Depressants, such as tranquilizers and alcohol, can produce slowed reactions, slowed heart rate, damage to liver and heart, respiratory arrest, convulsions, and accidental overdoses, because the abuser is unaware of how much of the drug or alcohol has been taken. Use of hallucinogens may cause psychosis, convulsions, coma and psychological dependency.

Alcoholism is the number one drug problem in the United States. Alcoholism takes a toll on personal lives by affecting finances, health, social relationships, and families. It can have significant legal consequences. Abuse of alcohol or use of drugs may cause an individual driving a motor vehicle to injure others and may subject the abuser to criminal prosecution. Drunk drivers are responsible for more than half of all traffic fatalities.

6. Students and employees of Pittsburg State University should be aware and informed that the following drug or alcohol counseling, treatment or re-entry programs are available to students or employees on a national, statewide, local and campus basis. Substance abuse consultation and initial assessment is available from University Counseling Services for students of Pittsburg State University. For ongoing substance abuse counseling, students are referred to off-campus healthcare providers and other area community resources as appropriate. Faculty and staff members may contact the State Employee Assistance Program (EAP), a 24-hour toll free assistance line (1-888-275-1205 option 7) for a referral. If referred through EAP, the first counseling session is paid by the State. Further resources are presented in Appendix I, Listing of Resources. Pittsburg State University will also present educational programs on substance abuse on a periodic basis to inform employees and students of the dangers of substance abuse.

On Campus Resources

Student Health Services, 1801 S. Broadway, Ext. 4452

Kathleen Sandness, MD, Medical Director

Rita Girth, Operations Director

Services/Programs

- Medical consultation
- Physical exams

University Counseling Services, 1801 S. Broadway, Ext. 4452
Steven Mayhew, PhD, ABPP, Director
Services/Programs

- Assessment, evaluation, individual, couple and group counseling
- Referrals for inpatient or outpatient treatment

Student Prevention & Wellness, Campus Activities Office, Overman Student Center, Ext. 4062
Taylor Panczer, MPH, Program Coordinator
Services/Programs

- Alcohol / Drug Education - Presentations
- Peer Health Education providing programming on drug and alcohol use/abuse; date rape; sexually transmitted diseases; AIDS; and contraception
- Advisement and training of Gorillas In Your Midst – Peer Education
- Brochures/pamphlets/videos
- Educational Programming: NCAAW (National Collegiate Alcohol Awareness Week), NCHWW (National Collegiate Health and Wellness Week), Safe Spring Break, etc.
- Webpage: <http://www.pittstate.edu/office/activities/programs/student-wellness/>

Community Mental Health and Substance Abuse Resource Guide - Students & Employees

Crawford County Mental Health

Must be Crawford Co. resident
(620) 231-5130
911 E. Centennial
Pittsburg, KS 66762

Via Christi Behavioral Health

(620) 231-1068
200 Centennial Drive
Pittsburg, KS 66762

Community Health Center of Southeast Kansas (CHC-SEK)

(620) 231-9873
3011 N Michigan St
Pittsburg, KS 66762

Bryant Student Health Center

Students of PSU only
(620) 235-4452
1801 S Broadway St
Pittsburg, KS 66762

Girard Medical Center

Senior Behavioral Health Age 55+
Outpatient: (620) 724-7288
804 Saint John
Girard, KS
Inpatient: (620) 724-7399
302 N. Hospital Dr.
Girard, KS

Noble Clinic, LLC

(620) 682-0113

DCCCA

(620) 231-5310
1102 S. Rouse
Pittsburg, KS 66762

Crawford County Adult Drug & Alcohol Treatment Options

Crawford County Mental Health

Social Detox, Outpatient, Intensive Outpatient, Reintegration, & Intermediate

For assessment and referral, go to 911 E. Centennial Pittsburg, KS with proof of residence and proof of income.

DCCCA- Outpatient & Intensive Outpatient

Elm Acres Recovery Services

(620)231-5310

1102 S. Rouse

Pittsburg, KS 66762

Community Health Center of Southeast Kansas (CHC-SEK)

Outpatient & Medication Assisted Treatment

(620) 231-9873

3011 N. Michigan

National Programs

National Drug & Alcohol Treatment Referral Service 1-800-662-HELP

Treatment Locator Website: <http://findtreatment.samhsa.gov>

Narcotics Anonymous: <http://www.na.org/>

Alcoholics Anonymous: <http://www.aa.org/>

State of Kansas Employee Assistance

Employee Assistance Program (EAP) - State Employees

1-888-275-1205 (option 7)

Self Help and Support Groups

Some of these groups sometimes periodically change their dates, times, and locations.

It is recommended to call to verify the information in case of changes.

Last updated July 2017. Contact CMHCCC 231-5130 for changes.

Alcoholics Anonymous

For Information – (785) 823-3058

(620) 232-4627

10th & Fairview

Pittsburg, KS 66762

Monday 7:00 am & 12:15 pm
8:00 pm, except open
on birthdays, last Monday
of the month

Tuesday 6:30 pm Men's Mtg.

Wednesday 7:00 am & 12:15 pm
6:30 pm women's Mtg.
8:00 pm

Thursday 7:00 am & 12:15 pm
8:00 pm

Friday 7:00 am & 12:15 pm
8:00 pm Newcomer's Mtg.

Saturday 7:00 am & 12:15 pm

8:00 pm Speaker's Mtg.

Sunday 7:00 am & 12:15 pm

8:00 pm

Girard AA Group

Presbyterian Church

S. Summit

Girard, KS

Tue-Thu-Fri 8:00 pm

Sun 2:00 pm

Narcotics Anonymous

Against All Odds NA Group

Contact Karen Hall 620-224-6754

Homer Cole Senior Center

3003 N. Joplin St.

Pittsburg, KS 66762

Thursday 6:30 pm

Sunday 6:30 pm

Living Clean Group**Oak Place**

3111 N. Michigan
 Pittsburg, KS 66762
 Monday and Wednesday 6:30 pm
 Saturday 9:30 am

ACOA (Adult Children of Alcoholics)**Via Christi - Sheraton Rm.**

Wed 5:00 pm

Codependency Anonymous**St. Peter's Episcopal Church**

306 W. Euclid
 Pittsburg, KS 66762
 Mondays 12:00 pm

Women's Recovery House

606 E Atkinson
 Pittsburg, KS 66762
 Thursdays' 6:30 pm open to men and women

AL ANON**Hope Abounds Al Anon Family Group**

(530) 376-0159
 St. Peter's Episcopal Church
 306 West Euclid St.
 Pittsburg, KS 66762
 Thursdays at 7:00 pm

1st Presbyterian Church

Summit and Walnut
 Girard, KS
 Thursday 6:30 pm

Hope for Today Al Anon Family Group

Addiction Treatment Center of Southeast Kansas
 Conference Room
 810 W. Cedar
 Girard, KS
 Thursdays 2:00 pm

Grief Support Groups**Crawford County Mental Health**

Contact Victoria 620-231-5130
 3101 N Michigan
 Pittsburg Board Room
 Last Thursday of the month 2:00 pm

Public Library

Contact 866-584-5498 for information.
 308 N. Walnut
 Pittsburg, KS 66762
 2nd Tuesday of the month 2:00 pm -3:30 p.m.

Carrington Place

Claudia 620-423-3863
 1909 E. 4th
 Pittsburg, KS 66762
 2nd Saturday of month 10:00 am-11:30 am

Countryside Christian Church

Gayle 620-687-1257.
 1901 E. 4th
 Pittsburg, KS 66762
 Meets weekly Wednesdays 9:00 am

Breathe EZ (COPD)**First Church of the Nazarene**

Pot luck. 620-704-8822
 816 E. Quincy
 Pittsburg, KS 66762
 11:30 am-12:30 pm 4th Thursday of the month.

Via Christi Hospital Support Groups**Cancer Support Group- Cancer Center Conference Room**

(620) 235-7900
 2nd Monday of the Month 3:30 pm

SEK NAMI (Southwest Kansas National Alliance on

Mental Illness) www.namiKansas.org
seksnamigmail.com (620) 240-3740

Presbyterian Church

520 Pine (6th and Pine)
 Pittsburg, KS 66762
 2nd Monday of every month at 6:30-8:30pm & last Thurs
 6:30-8pm unless holiday then week before

Breakfast Club for Caregivers of**Dementia/Alzheimer's Patients****United Methodist Church**

415 N. Pine
 Pittsburg, KS 66762
 3rd Thursday of the month at 9 am- 10:30 am

Domestic Violence and Sexual Assault Survivors**Support Group****Safehouse Crisis Center, Inc.**

(620) 231-8692
 409 N. Walnut
 Pittsburg, KS 66762
 Tuesdays 4 pm – 5 pm

Survivors of Sexual Assault, Domestic Violence, Sexual
 Trafficking **PSU Students ONLY- Contact Ali Smith
 620-235-4831 for confidential registration and
 location.**