

## List of Play/Work Ideas To Do At Home

If you like:

1. Gardening
2. Reading
3. Exercising
4. Stenciling/Painting
5. Your Job
6. Water Activities
7. Going to the Beach
8. Hiking
9. Organizing
10. Music
11. Playing Basketball
12. Build Things
13. Play Cards
14. Play Games
15. Doing Handcrafts
16. Building
17. Paint
18. Exercise/Dramatize

Then do this with your child:

1. Create a sand or rice table or two.
2. Read to/with your child. Listen to tapes and follow along in books.
3. Go to the park or out in the yard and run and play with your child. Take walks.
4. Paint with water on the sidewalk or fingerpaint.
5. Give your child props (clothes, hats, shoes, purses, briefcase, etc...) and encourage them to play "When I grow up".
6. Fill tub with bubbles and food coloring and let the fun begin.
7. Fill sugar shaker with sand and let the child sprinkle on a page and make a picture.
8. Go on a scavenger hunt.
9. Go to a museum and talk about how it is organized.
10. Get a tape recorder and listen with double earphones. Rent *Fantasia*, watch it with your child, and talk about the different music and dances.
11. Sort socks, then have the child roll them up and throw/toss them into the laundry basket.
12. Design and build a blind house with your child.
13. Play *Go Fish*, *Old Maid*, or *Concentration*.
14. Adult games such as *Yahtzee* can be played with children to reinforce addition.
15. Save odds and ends items and let your child create a piece of Art.
16. Construct things with your child using blocks.
17. Paint clothes with your favorite storybook characters on it. Let the child add accessories, landscapes, and their name.
18. Act out or exercise to your favorite storybook or music. Walt Disney stories are especially good because they usually have good sound tracks.