



Pittsburg State University

College of Education Program Guide

Degree: Bachelor of Science in Education
 Major: Physical Education
 Emphasis/Option: Coaching; Group Fitness, Dance and Rhythms; Strength and Conditioning
 Minor (if required):

As of Fall 2016

Core (40-41 hours)

HHP 195: Introduction to Physical Education	2
BIOL 257: Anatomy and Physiology	3
and BIOL 258: Anatomy and Physiology Laboratory	2
HHP 260: First Aid and CPR	2
HHP 262: Care and Prevention of Athletic Injuries	2
HHP 341: Elementary School Physical Education and Health	3
HHP 345: Measurement and Evaluation I	2
HHP 360: Theory and Fundamentals of Activities I	2
HHP 361: Theory and Fundamentals of Activities II	2
HHP 362: Theory and Fundamentals of Activities III	2
HHP 460: Kinesiology	3
HHP 462: Adapted Physical Education	2
HHP 464: Physiology of Exercise	3
HHP 466: Motor Development	3
HHP 468: Principles of Administration in Health and Physical Education	3
HHP 479: Techniques for Teaching Physical Education	3

Must be admitted to Teacher Education to enroll in HHP 479.

Swimming (according to ability) select from (1-2 hours)

HHP 120: Swimming I	1
HHP 220: Lifeguarding	2
HHP 222: Water Safety Instructor	2

Areas of Emphases

Students must complete the core and either an emphasis or minor.

Coaching Emphasis

HHP 320: Rules and Officiating	2
HHP 340: Scientific Foundations of Coaching	2
HHP 385: Practicum in Health and Human Performance	2

HHP 385 must be taken as Coaching (by advisement)

Coaching Theory Courses

Select three courses from the following

HHP 321: Coaching Softball and Baseball	2
HHP 322: Coaching Track and Field	2
HHP 323: Coaching Football	2
HHP 324: Coaching Basketball	2
HHP 325: Coaching Volleyball	2
HHP 326: Coaching Swimming	2

Group Fitness, Dance and Rhythms Emphasis

HHP 151: Dance Appreciation	3
HHP 200: Lifetime Sports: (____)	1-3
HHP 347: Elementary Games and Rhythms for K-6	2
HHP 349: Group Fitness Instruction	2
HHP 385: Practicum in Health and Human Performance	2
HHP 440: Topics in Health, Human Performance and Recreation (____)	1-3

HHP 151 Dance Appreciation will satisfy the general education Fine Arts and Aesthetic Studies area.

*HHP 200 must be taken as a Dance Related course. Two hours maximum may be used.
 *HHP 385 must be taken as Group Fitness, Dance and Rhythms (by advisement).
 *HHP 440 must be taken as Dance Workshops. Two hours maximum may be used
 *For a total of 3 hours.

Strength and Conditioning Emphasis

HHP 101: Weight Training	1
HHP 200: Lifetime Sports: (____)	1-3
HHP 385: Practicum in Health and Human Performance	2
HHP 440: Topics in Health, Human Performance and Recreation (____)	1-3
HHPR 760: Technology and Instrumentation in Human Performance	3
HHPR 763: Scientific Principles of Strength and Conditioning	3

HHP 200 must be taken as Advanced Weight Training. Two hours are required.

HHP 385 must be taken as Strength and Conditioning and Program Design (by advisement).

HHP 440 must be taken as Nutrition

Workshops/Professional Development (by advisement). Only 1 hour needed.

Admission to Teacher Education and Professional Semester

Application for the professional semester must be made by February 15th for the fall semester; September 15th for the spring semester.

Professional Education

EDUC 261: Explorations in Education	3
EDUC 307: Clinical Experience	1
EDUC 520: Methods and Materials for Academic Literacy	3
PSYCH 263: Developmental Psychology	3
PSYCH 357: Educational Psychology	3
SPED 510: Overview of Special Education	3

Must be admitted to Teacher Education to enroll in EDUC 520 and PSYCH 357.

Professional Semester

EDUC 458: Methods and Curriculum	3
EDUC 462: Secondary and Middle Level Education	2
EDUC 464: Foundations of Measurement and Evaluation	2
EDUC 475: Supervised Teaching in the Elementary School	3
EDUC 482: Supervised Teaching in the Secondary School	5
HHP 579: Supervised Student Teaching and Follow-Up of Teachers	2

GENERAL EDUCATION REQUIREMENTS

(47-51 hrs.)

Basic Skills		12-13 hours
COMM	207	Speech Communication 3
ENGL	101	English Composition.....3
ENGL	190	Honors English Composition3
OR ENGL	299	Introduction to Research Writing 3
Mathematics (Select one)		
MATH	110	College Algebra with Review 5
MATH	113	College Algebra 3
MATH	126	Pre-Calculus 4
MATH	133	Quantitative Reasoning.....3
MATH	143	Elementary Statistics.....3
Must have a "C" or better in each of these Basic Skill courses.		
Sciences		8-9 hours
Natural Sciences (Select one)		
BIOL	111/112	General Biology and Laboratory*..... 5
BIOL	113	Environmental Life Science 4
BIOL	211	Principles of Biology I..... 4
Physical Sciences (Select one)		
CHEM	105/106	Introductory Chemistry and Laboratory..... 4
CHEM	107/108	Chemistry for Life Sciences and Laboratory 4
PHYS	160/165	Physical Geology and Laboratory..... 4
PHYS	166/167	Meteorology and Laboratory..... 4
PHYS	171/172	Physical Science and Laboratory 4
PHYS	175/176	Descriptive Astronomy and Laboratory..... 4
PHYS	375/176	Solar System Astronomy and Laboratory 4
Social Studies (Select one)		3 hours
SOC	100	Introduction to Sociology 3
WGS	200	Introduction to Women's Studies 3
Political Studies (Select one)		3 hours
POLS	101	U.S. Politics 3
POLS	103	Comparative Political Institutions..... 3
Producing and Consuming		5-6 hours
(Select one from two of the following three categories)		
Economy		
ECON	191	Issues in Today's Economy 3
FCS	230	Consumer Ed. and Personal Finance 3
Technology		
EET	247	Computer Programming for Electronic Sys. 3
GT	190	Introduction to Technological Systems 2
GT	350	Technology and Civilization..... 3
EDTH	330	Technology for the Classroom..... 3
TE	551	Integrated Technology for Educators..... 3
TM	350	Societal Influence of Technology..... 3
Business		
ACCTG	201	Financial Accounting 3
CIS	130	Computer Information Systems 3
MGMKT	101	Introduction to Business 3
Fine Arts and Aesthetic Studies (Select one)		2-3 hours
ART	155	Printmaking and Paper Arts..... 3
ART	178	Introduction to the Visual Arts..... 3
ART	188	The Designed World 3
ART	217	Crafts I 3
ART	222	Jewelry Design I..... 3
ART	233	Drawing I 3
ART	244	Ceramics I..... 3
ART	266	Sculpture I..... 3

ART	277	Painting I..... 3
ART	288	Introduction to Art History I..... 3
ART	289	Introduction to Art History II 3
ART	311	Art Education 3
ART	351	Printmaking, Papermaking, Bookarts and the Letterpress..... 3
ART	430	Automotive: Art and Design..... 3
COMM	105	Performance Appreciation..... 3
COMM	205	Performance Studies..... 3
COMM	295	Theatre History 3
ENGL	250	Introduction to Creative Writing 3
HHP	151	Dance Appreciation..... 3
MUSIC	120	Music Appreciation..... 3
MUSIC	121	Introduction to Music Literature 2

Cultural Studies (Select one)		3 hours
ANTH	101	Introduction to Cultural Anthropology..... 3
MLL	114	Chinese Language and Culture I 3
MLL	124	French Language and Culture I 3
MLL	154	Spanish Language and Culture I 3
MLL	184	Russian Language and Culture I 3
MLL	194	Korean Language and Culture I..... 3
GEOG	106	World Regional Geography 3
GEOG	300	Elements of Geography..... 3
GEOG	304	Human Geography..... 3
WGS	399	Global Women's Issues..... 3

Health and Well Being		4-6 hours
Psychological		
PSYCH	155	General Psychology 3
Physical (Select one)		
FCS	203	Nutrition and Health. 3
FCS	301	Nutrition 3
HHP	150	Lifetime Fitness Concepts..... 1
NURS	303	Introduction to Public Health..... 3

Human Heritage		6 hours
(Select one from two of the following three categories)		
History		
HIST	101	World History to 1500..... 3
HIST	102	World History from 1500..... 3
HIST	201	American History to 1865..... 3
HIST	202	American History from 1865..... 3
Literature		
ENGL	113	General Literature..... 3
ENGL	114	General Literature (Genre)..... 3
ENGL	116	General Literature (Theme)..... 3
ENGL	120	Literature and Film 3
ENGL	315	Mythology 3
ENGL	320	Literature and Film 3
Philosophy		
PHIL	103	Introduction to Philosophy..... 3
PHIL	105	Ethics..... 3
PHIL	111	Ethics: Applied Emphasis (____)..... 3
PHIL	112	Biomedical Ethics..... 3
PHIL	113	Business Ethics..... 3
PHIL	114	Environmental Ethics..... 3
PHIL	207	Critical Thinking 3
PHIL	208	Logic..... 3
PHIL	231	World Religions..... 3

Notes *BIOL 111/112 General Biology and Laboratory required.

NOTE: The information contained herein is intended to be used for the planning of a student's academic program and does not constitute a contract. While this guide was prepared with the latest information, courses, graduation requirements, and curricula are subject to change.

When a student attains 85 semester hours of credit (including current enrollment) the student must apply for a degree check in the Office of the Registrar (Degree Checking Section), Room 102 Russ Hall.

MINIMUM GENERAL REQUIREMENTS: The minimum requirements for graduation include 124 semester hours of which 60 hours must be from a four year university. In addition, 45 semester hours must be upper division and 30 hours in residence at PSU (including 24 of the last 30). Minimum GPA for non-education degree is 2.0 overall [2.0 in major], secondary education degree is 2.5 overall [2.75 in major], and early/late childhood/unified degree is 2.80 overall [3.0 in major]. A minimum GPA of 2.0 in any minor and in residence coursework is required. General Education and all degree requirements are provided in the online catalog. Refer to individual departments for specific requirements.