



Contacts

Welcome Center.....(620) 235-6565
 Intramural Sports.....(620) 235-4955
 Fitness/Wellness.....(620) 235-4983
 Aquatic Center.....(620) 235-4914
 Administration Support.....(620) 235-6564

Facility Hours

Fall & Spring Semesters

Monday-Friday.....6am-11pm
 Saturday.....9am-7pm
 Sunday.....12pm-10pm

Summer Sessions

Monday-Friday.....8am-8pm
 Saturday.....12pm-6pm
 Sunday.....12pm-6pm



Student Recreation Center

2001 S. Rouse

Pittsburg, KS 66762

(620) 235-6564

www.pittstate.edu/recsports



Weede Swimming Pool

Hours of Operation

Monday-Thursday.....6:15am-7:30am
 Monday-Friday.....11am-7:30pm

Group Swim Lessons

Parent & Child

Tues. & Thurs.
5pm-5:30pm

Beginner

Tues. & Thurs.
5:30pm-6pm

Intermediate

Mon. & Wed.
6pm-6:30pm

Advanced

Mon. & Wed.
6:30pm-7pm

Students Faculty, Staff, & Community Dependents

\$35

\$45

\$55

Private Lessons available upon request.

Aqua Dance

M & W
5pm



Aqua Shape

T & TH
4:30pm

(620) 235-4914

ga-aquatics@pittstate.edu

www.pittstate.edu/aquatics



Fitness & Wellness

PERSONAL TRAINING • CONSULTATIONS • BODY COMPOSITIONS • PERSONALIZED WORKOUT

Location	Aero-bics Room	Gym C	Assembly Hall	Assembly Hall	Assembly Hall	Aero-bics Room
Time	6:15 am	6:30 am	11:00 am	12:00 pm	5:30 pm	6:00 pm
Mon.	x	Boot-camp	Body Blast	Yoga	x	Kettle bells
Tues.	Yoga	Cardio & Core	Hard-Core	Flex N Tone	Hard-Core	Yoga
Wed.	x	Boot-camp	Body Blast	Yoga	x	Kettle bells
Thurs.	Yoga	Cardio & Core	Hard-Core	Flex N Tone	Hard-Core	Yoga
Fri.	x	Boot-camp	x	x	x	x

(620) 235-4983

www.pittstate.edu/fitness



Intramural Sports

Fall 2017

Activity

College Pick'em
 NFL Pick Skin Pick'em
 Sand Volleyball Tournament
 3 vs. 3 Basketball Tournament
 Indoor Soccer Tournament
 Kickball Tournament
 Flag Football League
 Softball League
 Field Goal Kicking
 Table Tennis Tournament
 Indoor Volleyball League
 Co-Rec Basketball League
 Pre-Holiday Basketball Tourn.
 College Bowl Pick'em

Entry Deadline

TBD
 TBD
 Aug. 30
 Aug. 30
 Sept. 6
 Sept. 6
 Sept. 10
 Sept. 17
 TBD
 Oct. 4
 Oct. 18
 Oct. 18
 Nov. 29
 TBD

(620) 235-4955

www.pittstate.edu/intramural