



# Pittsburg State University College of Education Program Guide

Degree: Bachelor of Science  
 Major: Recreation  
 Emphasis/Option: Recreation Admin; Therapeutic Recreation; Community, Corporate & Hospital Wellness  
 Minor (if required):

As of Fall 2017

## Core (39 hours)

REC 160: Introduction to Recreation and Leisure .....	3
REC 240: Introduction to Therapeutic Recreation .....	3
HHP 260: First Aid and CPR .....	2
REC 270: Field Study in Recreation Leisure and Fitness .....	2
or REC 275: Recreation Practicum .....	2
REC 280: Recreation Methods and Leadership .....	3
REC 311: Recreation Program Design and Leadership .....	3
REC 317: Camping and Outdoor Education .....	3
REC 320: Management Strategies and Financing in Recreation .....	3
REC 461: Professional Conference .....	1
REC 462: Pre-Internship Seminar .....	1
REC 470: Administration of Recreation .....	3
or REC 770: Administration of Recreation .....	3
REC 498: Internship in Recreation .....	12

## Areas of Emphases

An emphasis must be completed in either Recreation Administration, Therapeutic Recreation or Community, Corporate and Hospital Wellness. A select minor relative to the emphasis area is required. \*\*\*

### Recreation Administration Emphasis

The Recreation Administration emphasis provides students with the skills needed to serve leadership, supervisory, and management roles in city park and recreation capacities and other leisure service agencies. Upon completion of the program, students are encouraged to take the Certified Park and Recreation Professional (CPRP) Exam offered by the National Recreation and Park Association.

COMM 277: Introduction to Public Relations .....	3
REC 419: Survey Research Techniques in Recreation .....	3
REC 430: Commercial Recreation .....	3
REC 435: Design and Maintenance of Recreation/Leisure Facilities .....	3
REC 438: Issues in Recreation .....	3
HRD 706: Personnel Development in Business and Industry .....	3
or PSYCH 575: Industrial and Organizational Psychology .....	3

\*\*\*Recreation Administration Emphasis requires a minor in Business Administration, Dance, Marketing, or Natural History (21 hours).

HRD 706 to be taken during senior year.

### Therapeutic Recreation Emphasis

This emphasis prepares students for supervisory and leadership positions in various private and community-

based health care facilities delivering care to individuals with various disabilities. Students completing the Therapeutic Recreation emphasis qualifies them to sit for the National Council on Therapeutic Recreation

Certification (NCTRC) Exam.

BIOL 257: Anatomy and Physiology .....	3
and BIOL 258: Anatomy and Physiology Laboratory .....	2
PSYCH 263: Developmental Psychology .....	3
REC 419: Survey Research Techniques in Recreation .....	3
HHP 462: Adapted Physical Education .....	2
REC 465: Assessment and Documentation in Therapeutic Recreation .....	3
REC 469: Intervention in Therapeutic Recreation .....	3
REC 471: Theory of Therapeutic Recreation Program Service and Development .....	3
REC 480: Professional Trends and Issues in Therapeutic Recreation Services .....	3
PSYCH 571: Abnormal Psychology .....	3

\*\*\*Therapeutic Recreation Emphasis requires a minor in Psychology, Interdisciplinary Gerontology, or Public Health (21 hours).

PSYCH 263 and PSYCH 571 can be counted toward Psychology Minor.

### Community, Corporate and Hospital Wellness Emphasis

This emphasis prepares students for supervisory and leadership positions in the wellness field in community, corporate (private), and hospital-based settings. Students completing the emphasis will be encouraged to take the Certified Personal Trainer & Group Fitness Exams offered by ACE, NSCA, ACSM or a similar agency.

FCS 203: Nutrition and Health .....	3
or FCS 301: Nutrition .....	3
BIOL 257: Anatomy and Physiology .....	3
and BIOL 258: Anatomy and Physiology Laboratory .....	2
HHP 349: Group Fitness Instruction.....	2
REC 425: Personal Training and Fitness Management .....	3
REC 430: Commercial Recreation .....	3
HHP 460: Kinesiology .....	3
HHP 464: Physiology of Exercise .....	3

\*\*\*Community, Corporate and Hospital Wellness Emphasis requires a minor in Business Administration, Dance, Marketing, Public Health, or Exercise Science (21 hours).

FCS 203 Nutrition and Health will satisfy a portion of the general education Health and Well-Being area.

# GENERAL EDUCATION REQUIREMENTS

(46-51 hrs.)

<b>Basic Skills</b>		<b>12-13 hours</b>
COMM	207 Speech Communication .....	3
ENGL	101 English Composition.....	3
ENGL	190 Honors English Composition .....	3
OR ENGL	299 Introduction to Research Writing .....	3
<b>Mathematics (Select one)</b>		
MATH	110 College Algebra with Review .....	5
MATH	113 College Algebra .....	3
MATH	126 Pre-Calculus .....	4
MATH	133 Quantitative Reasoning.....	3
MATH	143 Elementary Statistics.....	3
<b>Sciences</b>		<b>8-9 hours</b>
Natural Sciences (Select one)		
BIOL	111/112 General Biology and Laboratory .....	5
BIOL	113 Environmental Life Science .....	4
BIOL	211 Principles of Biology I.....	4
Physical Sciences (Select one)		
CHEM	105/106 Introductory Chemistry and Laboratory.....	4
CHEM	107/108 Chemistry for Life Sciences and Laboratory ....	4
PHYS	160/165 Physical Geology and Laboratory.....	4
PHYS	166/167 Meteorology and Laboratory.....	4
PHYS	171/172 Physical Science and Laboratory .....	4
PHYS	175/176 Descriptive Astronomy and Laboratory.....	4
PHYS	375/176 Solar System Astronomy and Laboratory .....	4
<b>Social Studies</b>		<b>3 hours</b>
SOC	100 Introduction to Sociology .....	3
WGS	200 Introduction to Women's Studies .....	3
<b>Political Studies (Select one)</b>		<b>3 hours</b>
POLS	101 U.S. Politics .....	3
POLS	103 Comparative Political Institutions.....	3
<b>Producing and Consuming</b>		<b>5-6 hours</b>
<i>(Select one from two of the following three categories)</i>		
Economy		
ECON	191 Issues in Today's Economy.....	3
FCS	230 Consumer Ed. and Personal Finance .....	3
Technology		
EET	247 Computer Programming for Electronic Sys. ....	3
GT	190 Introduction to Technological Systems .....	2
GT	350 Technology and Civilization.....	3
EDTH	330 Technology for the Classroom.....	3
TE	551 Integrated Technology for Educators.....	3
TM	350 Societal Influence of Technology.....	3
Business		
ACCTG	201 Financial Accounting .....	3
CIS	130 Computer Information Systems .....	3
MGT	101 Introduction to Business .....	3
MGT	105 Introduction to Entrepreneurship.....	3
<b>Fine Arts and Aesthetic Studies (Select one)</b>		<b>2-3 hours</b>
ART	155 Printmaking and Paper Arts.....	3
ART	178 Introduction to the Visual Arts.....	3
ART	188 The Designed World .....	3
ART	217 Crafts I.....	3
ART	222 Jewelry Design I.....	3
ART	233 Drawing I .....	3
ART	244 Ceramics I.....	3
ART	266 Sculpture I.....	3
ART	277 Painting I.....	3

ART	288 Introduction to Art History I.....	3
ART	289 Introduction to Art History II.....	3
ART	311 Art Education.....	3
ART	351 Printmaking, Papermaking, Bookarts and the Letterpress.....	3
ART	430 Automotive: Art and Design.....	3
COMM	105 Performance Appreciation.....	3
COMM	205 Performance Studies.....	3
COMM	295 Theatre History .....	3
ENGL	250 Introduction to Creative Writing .....	3
HHP	151 Dance Appreciation.....	3
MUSIC	120 Music Appreciation.....	3
MUSIC	121 Introduction to Music Literature .....	2

<b>Cultural Studies (Select one)</b>		<b>3 hours</b>
ANTH	101 Introduction to Cultural Anthropology.....	3
MLL	114 Chinese Language and Culture I.....	3
MLL	124 French Language and Culture I.....	3
MLL	154 Spanish Language and Culture I.....	3
MLL	184 Russian Language and Culture I.....	3
MLL	194 Korean Language and Culture I.....	3
GEOG	106 World Regional Geography .....	3
GEOG	300 Elements of Geography.....	3
GEOG	304 Human Geography.....	3
WGS	399 Global Women's Issues.....	3

<b>Health and Well Being</b>		<b>4-6 hours</b>
Psychological		
PSYCH	155 General Psychology .....	3
Physical (Select one)		
FCS	203 Nutrition and Health.....	3
FCS	301 Nutrition .....	3
HHP	150 Lifetime Fitness Concepts.....	1
NURS	303 Introduction to Public Health.....	3

<b>Human Heritage</b>		<b>6 hours</b>
<i>(Select one from two of the following three categories)</i>		
History		
HIST	101 World History to 1500.....	3
HIST	102 World History from 1500.....	3
HIST	201 American History to 1865.....	3
HIST	202 American History from 1865.....	3
Literature		
ENGL	113 General Literature.....	3
ENGL	114 General Literature (Genre).....	3
ENGL	116 General Literature (Theme).....	3
ENGL	120 Literature and Film.....	3
ENGL	315 Mythology .....	3
ENGL	320 Literature and Film .....	3
Philosophy		
PHIL	103 Introduction to Philosophy.....	3
PHIL	105 Ethics.....	3
PHIL	112 Biomedical Ethics.....	3
PHIL	113 Business Ethics.....	3
PHIL	114 Environmental Ethics.....	3
PHIL	207 Critical Thinking .....	3
PHIL	208 Logic.....	3
PHIL	231 World Religions.....	3

Notes

NOTE: The information contained herein is intended to be used for the planning of a student's academic program and does not constitute a contract. While this guide was prepared with the latest information, courses, graduation requirements, and curricula are subject to change.

When a student attains 85 semester hours of credit (including current enrollment) the student must apply for a degree check in the Office of the Registrar (Degree Checking Section), Room 102 Russ Hall.

**MINIMUM GENERAL REQUIREMENTS:** The minimum requirements for graduation include 124 semester hours of which 60 hours must be from a four year university. In addition, 45 semester hours must be upper division and 30 hours in residence at PSU (including 24 of the last 30). Minimum GPA for non-education degree is 2.0 overall [2.0 in major], secondary education degree is 2.5 overall [2.75 in major], and early/late childhood/unified degree is 2.80 overall [3.0 in major]. A minimum GPA of 2.0 in any minor and in residence coursework is required. General Education and all degree requirements are provided in the online catalog. Refer to individual departments for specific requirements.