The Pittsburg State University Department of Health, Human Performance and Recreation will host the lecture/workshop "Our State of

Obesity" July 26 & 27, 2013. The workshop may be taken for college credit, and is the first of a summer health series funded by a grant from the Kansas Health Foundation. You may view our website and for more information http://www.pittstate.edu/college/education/health/ This symposium is intended for educators, dieticians and health care professionals; with a wide array of topics and presenters to include:

"Population based effects on obesity in Kansas"

Paula Clayton, Director, Bureau of Health Promotion, Kansas Department of Health and Environment

"Behavioral modifications and obesity"

Dr. Sean Lauderdale, Pittsburg State University

"Exercise is medicine"

Dr. Mike Leiker, Pittsburg State University

"Methods for measuring physical activity in obesity or exercise prescription"

Dr. Greg Kandt, Fort Hays State University

"Health and obesity in aged and implications"

Laura Covert, Pittsburg State University

"Metabolism in skeletal muscle"

Dr. Mike Carper, Pittsburg State University

"Role of physical educators in schools"

Dr. Steve Sedbrook, Fort Hays State University & Dr. Rob Hefley, Pittsburg State University

"Endocrinology and obesity"

Dr. Rick Schoeling, Schoeling Family Practice, Pittsburg, Kansas

"Obesity and the university"

Theresa Van Becelaere, APRN, Pittsburg State University

Dr. John Thyfault, University of Missouri will be the keynote speaker

Panel discussions will be included