Pittsburg State University

College of Education Program Guide

Department: Health, Human Performance and Recreation

Minors

As of Fall 2014

Minor in Exercise Science

The purpose of the Exercise Science minor is to have competent and dedicated professionals teach, research, and serve in the health and wellness field. This minor is designed to compliment a number of majors, including but not limited to, physical therapy, nursing, pre-medicine, physical education, and recreation. The exercise science minor is intended to provide depth into exercise functions and dysfunctions of a wide population as well as have the potential to lead students to graduate programs if desired.

Exercise Science

EXSCI 500: Physiology of Exercise II 3
EXSCI 510: Technology and Instrumentation in Exercise Physiology 3
EXSCI 520: Exercise Testing and Prescription 3
EXSCI 530: Clinical Exercise Physiology 3
REC 441: Adult Health and Development 3
HHP 460: Kinesiology 3
HHP 464: Physiology of Exercise 3
HHPR 760: Technology and Instrumentation in Human Performance 3

REC 441 or other approved elective (3 hours)

Notes

NOTE: The information contained herein is intended to be used for the planning of a student's academic program and does not constitute a contract. While this guide was prepared with the latest information, courses, graduation requirements, and curricula are subject to change.

When a student attains 85 semester hours of credit (including current enrollment) the student must apply for a degree check in the Office of the Registrar (Degree Checking Section), Room 102 Russ Hall.

MINIMUM GENERAL REQUIREMENTS: The minimum requirements for graduation include 124 semester hours of which 60 hours must be from a four year university. In addition, 45 semester hours must be upper division and 30 hours in residence at PSU (including 24 of the last 30). Minimum GPA for non-education degree is 2.0 overall [2.0 in major], secondary education degree is 2.5 overall [2.75 in major], and early/late childhood/unified degree is 2.80 overall [3.0 in major]. A minimum GPA of 2.0 in any minor and in residence coursework is required. General Education and all degree requirements are provided in the online catalog. Refer to individual departments for specific requirements.