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Janet Smith
Rozanne Sparks
Mick Tener
Donald Ward
Jamie Wood

Staff

Carol Oehme
Anna Stephens

Important Dates

Fall 2004

August 25—Enrollment
for Fall Semester
September 1—Labor Day
Holiday
October 10—Fall Break
October 18—Homecoming
November 26—27
Thanksgiving Break

Changes

Changes. This seems to be the word that describes the last year in the Department of Psychology and Counseling. As you will read in this edition of the *Psychgeist*, we have experienced quite a few changes. As faculty, we are constantly aware of the changes in the form of our beloved students graduating, and new students matriculating. Change is a constant in our lives.

This past year has also seen changes in our faculty. In the last edition of the *Psychgeist* there was an article on Dr. Steve Hoyer leaving us to join Cross Roads to do private practice and Dr. Sean Lauderdale beginning his tenure in the Department. At the end of the fall semester Dr. Robert Sheverbush retired. Dr. Brock Boekhout was hired to teach our family counseling courses and to direct the Truancy Diversion Program. A director of Student Counseling Services has recently been hired (see article on Center for Human Services), and the Department has been authorized to advertise for a position for the newly created bachelor of science Human Factors concentration, which you can read about on the next page.

The Department of Psychology and Counseling is now located on the second floor of Whitesitt Hall. The relocation tremendously increased the Department's space needs and its ability to provide students with greater opportunities to be involved in many De-

David P. Hurford

partmental functions. The Department now has six counseling/observation labs equipped with state of the art audio-visual technology. Advanced students counseling and psychotherapy skills can be taped and later reviewed for self-improvement and supervision. During counseling sessions supervisors have the ability to unobtrusively communicate with students via small receivers that are placed in the students' ears. All of the classrooms are completely mediated so that instructors have the most up to date technology for instruction.

Lastly, the facilities for the Center for Human Services are nearly completed. The Center for Human Services will house not only Student Counseling Services, but a number of other services that the Department offers to Pittsburg State University students, community members, and organizations.

As you can see, there are a number of important and exciting changes that have occurred during the past year. Although the realization of these changes can now be seen, the Department has been working diligently and planning for years to see fruition. Whether you are a current student or an alumnus, we welcome the opportunity to show you our new facilities so that you can bear witness to the *changes!*

Human Resource Development and Human Factors Concentrations added to B.S. in Psychology Options

The Department will be offering two new concentration areas for the bachelor of science degree beginning this fall; Human Factors and Human Resource Development. A number of psychology majors have interests in these two highly-marketable areas.

Human Factors (HF) is the "...field involving research into human psychological, social, physical, and biological characteristics, maintaining the information obtained from that research, and working to apply that information with respect to the design, operation or use of products or systems for optimizing human performance, health, safety, and or habitability (www.cdc.gov/niosh/mining/hfg/glossary.html)."

Traditional HR examined human-machine interactions and developed equipment and machines that were created to fit individuals' needs. Machines and equipment are designed to meet the need of the user. Examples include instrument panels in automobiles and aircraft, placement of door handles to indicate the door's functional properties, placement of sidewalks, on-off switches, placement of signage, and providing information in a concise and accurate manner in signs. Some great examples of poor HF designs can be found on www.baddesigns.com.

One of the fastest growing areas of HF has to do with web design. In fact, web design uses many aspects of HF. The goal of good web design is to provide information in an accessible manner. The goal of designing Pittsburg State University's web site was to get the user to the information that he or she desired in three or fewer clicks of the mouse. In addition, another goal of web design is to create web pages that are appealing. HF seeks to merge function and beauty into designs.

Students who major in psychology with a bachelor of science degree with a concentration in HF have many opportunities to consider. Graduate training provides the student with further expertise and the employment opportunities are quite good, particularly if the individual has completed a masters degree.

Human Resource Development (HRD) "...is the process of enhancing the potential of people (as individuals and groups) to perform better in all spheres of life. People's potential can be developed through training and capacity-building, access to opportunities, and access to an environment which supports their development (www.polity.org.za/html/govdocs/white_papers/localgov/wpgl_ossary.html)."

HRD has been helping individuals and groups achieve their potentials for quite some time. Examples of job opportunities for HRD include: Human Resource Development Manager, Individual Career Development Advisor, Program Designer, Instructor/Facilitator, Materials Developer, Organization Change Agent, Administrator, Researcher, Evaluator, Needs Analyst.

Both of these areas have strong theoretical and knowledge bases in psychology. Therefore, individuals successful in these areas must have strong knowledge of the theories and methods of inquiry in research methods, social psychology, physiological psychology, learning, cognition, memory, abnormal psychology in addition to specialization in courses in HF and HRD.

The programs for these two areas are outlined below:

COMMON CORE: (Required)

PSYCH 165 Professional Orientation (2)
 PSYCH 389 Research Methods in Psychology I (3)
 PSYCH 392 Research Methods in Psychology II (3)
 PSYCH 394 Principles of Learning (3)
 PSYCH 665 Senior Seminar (1)

DEGREE CORE: (Required)

PSYCH 263 Developmental Psychology (3)
 PSYCH 456 Introduction to Social Psychology (3)
 PSYCH 463 Cognitive Psychology (3)
 PSYCH 571 Abnormal Psychology (3)
 PSYCH 685 Psychology of Personality (3) or
 PSYCH 736 Psychology of Family Development (3) or
 PSYCH 741 Behavior Modification (3)

ELECTIVES (3 hours in Psychology)

AREA OF CONCENTRATION (Replaces Requirements for a Minor)

Option IV: Human Resource Development (27 Hours)

PSYCH 575 Industrial and Organizational Psychology (3)
 PSYCH 680 Human Relations in the Workplace (3)
 HRD 596 Introduction to Human Resource Development (3)
 HRD 706 Personnel Development in Business and Industry (3)
 HRD 793 Evaluation in Human Resource Development (3)
 MGMKT 327 Organizational Theory and Behavior (3)*
 MGMKT 629 Human Resource Management (3)
 TTED 390 Trade and Job Analysis (3)
 TTED 606 Industrial Supervision (3)
 *(MGMKT 327 is a prerequisite for MGMKT 629)

Option V: Human Factors (27 Hours)

PSYCH 575 Industrial and Organizational Psychology (3)
 PSYCH 680 Human Relations in the Workplace (3)
 GT 280 Design and problem Solving in Technology (3)
 EST 512 Risk Analysis (3)
 EST 593 Introduction to Industrial Safety (3)
 EST 603 Industrial Safety (3)
 EST 604 Occupational Health and Safety (3)
 EST 621 Industrial Ergonomics (3)
 EST 629 Legal Issues in Environmental Health and Safety (3)

Department Of Psychology & Counseling Relocates to Whitesitt Hall

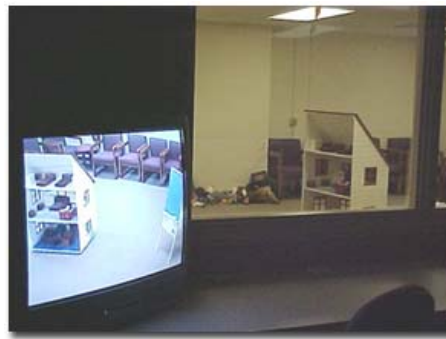
The Department of Psychology and Counseling relocated into its new location on the second floor of Whitesitt Hall during finals week of the fall, 2003 semester. The move was preceded by nearly a year's worth of renovation

to this area. The Department has office space for each faculty, office space for graduate assistants, counseling and observation laboratories, and classrooms that it uses. The additional space was very much needed. The counseling and observation laboratories are state-of-the-art and are equipped with the ability to observe counseling sessions behind a one-way mirror and have the ability to video/audio tape counseling sessions for the purpose of student feedback and supervision. The labs also

have the ability for the supervisor to communicate to the student via a small receiver in the student's ear, thus feedback can occur in real time as the counseling session is taking place.



In addition to the added space that the move generated, the Department will be very close to the facilities for the Center for Human Services. Many of the faculty and advanced students will be playing roles in this center.



Dr. Sean Lauderdale

Dr. Sean Lauderdale and his family have adjusted quite nicely to their new home here in Pittsburg, Kansas and he has made a very nice addition to the faculty of the Psychology and Counseling Department at Pittsburg State University. Dr. Lauderdale received his undergraduate degree at the University of Texas at Dallas and he received his Masters and Ph.D in Clinical Psychology from Texas Tech. In just one year here in Pittsburg, Dr. Lauderdale has become actively involved in several affiliations. He is a co-sponsor for Psi Chi (Psychology National Honors Society). He is also part of the Aging Coalition of Crawford County, an organization that devises resources for elderly adults, particularly those with dementia. He is also a member of the Palliative Care Community, which is an organization that designs care for people who have chronic medical conditions. When he has spare time he enjoys bike riding, coaching his son's little league soccer team and he and his wife enjoy remodeling their house.

Dr. Lauderdale's main interests are in clinically generalizing anxiety and dementia disorders in older adults.

His main research interests are exploring processes that lead to depression and care givers of dementia patients. His general research interests are religious coping and how prayer is used in stressful situations. He stated that the most rewarding aspect of his job is "when a student understands something and comes up to me after class and says that he or she understands something better now in his or her life." His two favorite classes to teach are Developmental Psychology and Abnormal Psychology. He also prefers to have a mix of graduate and undergraduate students in his classes because there is a much better dialogue with both. There are things that undergraduate students can learn from graduate students and things that graduate students can learn from undergraduate students.

Dr. Lauderdale also enjoys advising because this allows him to play an active role in helping students formulate long term goals and identities. This allows him to parlay a student's identity into a career. He mentioned that he especially likes guiding students to continue their higher education in graduate school. When asked about the most challenging thing about advising, Dr. Lauderdale mentioned "helping students bridge their own personal interests and what we have to offer as a university; helping them satisfy their own personal interests and stay on a degree plan."



Psychology & Counseling Hosts NAMP Summit



Last fall members of the Northamerican Association of Masters in Psychology (NAMP) met for a Leadership Summit.

NAMP has been in existence for a decade and its membership believed that it was time to develop a strategic planning process to guide further developments for NAMP. NAMP "...is an international association which represents the interests of all master level psychologists throughout Canada, the United States and Mexico. It is a nonprofit organization founded to promote advocacy, affiliation, identity, and communication for

psychologists in training or trained at the masters level in the professional, academic, governmental and consumer communities."

The Department of Psychology and Counseling, the first institution to be accredited by the Masters of Psychology Accreditation Council (MPAC, which is the accrediting body of NAMP), hosted the summit.

The summit was quite successful and the participants were very appreciative of their host, board member Dr. Dana LeTendre.



Congratulations Graduates, Good Luck!!

Fall 2003

BA

Kaci Cooper, Elizabeth Fisher, Jeffrey Jones, Amy Kent, Danny Larsen, Jr., Portia McPhail, Clay Nogle II, Rowdy Susnik, Amber Tester

BS

Angela Austin, William Bailey, Amanda Blair, Blake Burns, Jennifer Hathorne-Bell, Judith VanHoy, Cecilia Johann, Erin Kaminska, Emmele Nicholas, Brandi Robertson, Cameron Stokes, Amber Strickland, Stacey Sturgess

BSEd

Amanda Cox, Cassandra Delmont, Cassie Irwin, Sarah Lehman, Chrystal Patrick, Leandria Stinnett, Eric L. Jones, Janice McBride

MS (Clinical Psych)

Joe Fleming

EdS (School Psych)

Robin Schwandt

MS (Community Counseling)

Tammy Andrew, Julie Bennett, Chris Bunn, Janna De-Bruler

MS (Community Counseling)

Cindy Frisbie, Paul Walrod

EdS (Counseling)

Janet Rexwinkle

Spring 2004

BA

Dana Crockett, Chad Frakes, Kendra Freedom, Jateice Freeman, Jennifer Greninger, Jessica Jagels, Sara Neemann, Esther Scott, Megan Stolte, Codi Whaley

BS

Carla Berger, Lori Byrd, Kari Coble, Angela Cook, Stacy Earnest, Levi Gahman, Ashley Gardner, Melanie Harris, Kyle Hutsey, Shirley Jarvis, Rachael Johnson, Amy Keller, Christine Miller, Meredith Mosley, Graham Pionkowski, Angela Polok, Katherine Schoenhofer, Justin Sumpter, Angela VanLeeuwen

BSEd

Ruth Murray, Richard Roe, Jr., Erin Shead

MS (General Psych)

Kimberly Baughman, James Lumley, Laura Marshall, Jennifer Osborn, Rebekah Rapp

MS (Community Counseling)

Wen-Chi Chen, James Clement, Aimee Golden, C. O. Menghini, Jeanette Owens

MS (School Counseling)

Shanda Shaw



Ray Brecheisen-Morning Sun

Heather Randolph-Head Graduate Assistant

Heather Randolph Head Graduate Assistant Fall 2003 and Spring 2004 Semesters in the Department of Psychology and Counseling

Heather Randolph is a student who is very familiar with the department of psychology and counseling. As a student and professional at Pittsburg State University Heather has been involved in a number of organizations. She is a member of Psi Chi, SPA, New York Mental Health Counseling Association (NYMHCA), American Counseling Association, College of Education Student Leadership Council, and was the Vice President of Chi Sigma Iota. She has also been on the Dean's List and nominated for outstanding female at Pittsburg State University.



She received her Bachelor of Science in Psychology with an emphasis in Developmental Disabilities here at Pittsburg State University. Once she acquired her degree she moved onto the Masters Program in Counseling. In the Spring of 2003, while working toward her Masters degree Heather worked as a full time graduate assistant for Psychology and Counseling professors; Dr. Julie Allison, Dr. John Connelly, and Dr. Steven Hoyer. She did such a great job that she was asked to be the 2003-2004 Head Graduate Assistant for the department of Psychology and Counseling.

As the Psychology and Counseling's Head Graduate assistant Heather would be responsible for making sure other Graduate Assistant's are available for their professors, scheduling monthly Graduate As-

stant meetings, scheduling the reception area hours, and scheduling and planning the Spring Banquet for the department. Not only does she have these responsibilities, but she also works with her own professors; Dr. Julie Allison and Mrs. Tysha Potter, and is working toward completing her degree. In the fall of 2003 Heather took on these responsibilities along with completing a successful practicum experience through Community Mental Health working with Family and Children Together. Heather commented, "That this was an eye opening experience and that I learned an infinite amount." Once Heather's practicum and fall semester was successfully completed she moved right into a busy Spring semester where she worked on course work, worked as Head Graduate Assistant and began an internship at the Beacon's school in Joplin. The Beacon's school serves students from 10 different school districts and is considered a last resort for students who have tried all other avenues. "The experience has been great! They are very supportive

and there is lots of communication between the staff. It is a well run facility." The Spring semester doesn't do it for Heather, she looks forward to finishing her internship at Crowder College working with Upward Bound Programs in the summer, and taking her comprehensive exams. She recently passed National Counselors Exam and is licensure eligible. Heather has also considered working toward an Ed.S in Counseling, so we may be seeing more of her. Heather has also considered her options and would like to some day work in Washington and would like to work in an established private practice so she could gain knowledge and experience for her own practice. Heather is also willing to work from the bottom up to be successful. Overall, Heather is a great lady and the Psychology and Counseling Department is glad to have her as one of our own.

Psi Chi

Joining Psi Chi, a National Honor Society for Psychology and Counseling, is one of the many ways to get involved with the Department of Psychology and Counseling. The requirements for membership are to have completed at least eight hours of course work in psychology or have completed six hours of course work and be currently enrolled in at least two hours. Students must be seeking a psychology major or minor and possess at least a cumulative GPA of 3.0 and a GPA of 3.0 for their psychology courses. An application must be submitted with a one-time fee of \$50.00. There is no deadline for accepting applications; they are accepted throughout the semester. Students are required to pay \$15.00 to keep current membership status in Psi Chi and SPA. Students may acquire an application at the student secretary's desk in the Psy-

chology and Counseling Department in Whitesitt Hall.

Psi Chi does many educational and service projects. Last semester they sponsored a panel of individuals with chronic and persistent mental illness. The panel spoke about the stigma that goes with mental illness and trying to end the myths about people with mental illness. We would like to acknowledge the 2003-2004 officers for all of their hard work and dedication. The officers were as follows: President, Catherine Proctor-Leither; Vice President, Jateice Freeman; Secretary, Darren Bradfield; & Treasurer, Esther Scott. The upcoming officers for 2004-2005 are as follows: President, Georgia Mitchell; Vice President, Katie Shoenhofer; Secretary, Darcy Schneider; & Treasurer Tamara Hart.



Dr. Brock Boekhout Joins the Psychology & Counseling Faculty

Dr. Brock Boekhout will be joining the Department of Psychology and Counseling faculty this fall. His responsibilities will be to teach the family counseling and career counseling courses in addition to directing the Truancy Diversion Program.

Dr. Boekhout completed his doctoral work at Texas Tech University in Counseling Psychology. He also holds master's and bachelor's degrees from that institution as well. Prior to his acceptance of the position in the Department, he was the clinical manager at Deer Oaks, a large multidisciplinary behavioral health group offering psychological services to children, adults, and families. In fact, Deer Oaks is the largest employer of psychologists in the State of Texas and offers a postdoctoral residency training program.



Carol Oehme Appreciation Day!

On April 8, 2004 the Department celebrated its first "Carol Oehme" appreciation day. Carol does a tremendous amount of work in this very busy and vibrant Department. The past year has been especially busy given the move, arranging new schedules with new classrooms, helping to keep track of



all of the changes in the building, which includes the facilities for the Center for Human Services, as well as helping new faculty, and assisting students regarding major changes in both the undergraduate and graduate programs.

Jill Cherry—Senior Administrative Assistant

Jill Cherry relocated to Wichita in July, 2004, hoping to find employment. She was able to find a position as a senior administrative assistant at the University of Kansas School of Medicine's DELPHI Center, which is part of the Department of Preventive Medicine and Public Health. She checked KU Med's web site periodically, but the job in which she was interested was not posted until the end of July. She submitted her resume on line, and was asked to interview three days later!

Her job title is DELPHI (Dedication to and Enhancement of Population Health Improvement) Center Coordinator. The DELPHI Center is a part of KU Medical School's Department of Preventive Medicine and Public Health. Her responsibilities include organizing the activities in which the DELPHI Center participates and engaged in several tasks that pertain to DELPHI projects. For example, Jill performs literature searches using various health databases including various topics in obesity, nutrition, physical activity and health problems that are associated with obesity, poor nutrition, and lack of physical exercise. She is assisting in the organization of a video conference for continuing educa-



tion credits concerning stroke and stroke education. Jill stated, "I help put all of the materials together for it, and schedule any speakers and facilities needed."

Another project in which she is assisting concerns the "Walkin' Wichita," which is a new project that is grant funded, and involves middle school-aged students and walkability in Wichita.

Jill utilizes her education, she received her M.S. degree in general psychology in the spring of 2004, on a daily basis. The DELPHI Center performs a great deal of research, which her graduate training addressed, and she also works with a lot of people who are doing research in the field of preventive medicine and public health, such as tobacco use, and medical access for all people. Her skills and abilities that she developed while at PSU are critical to her success in her new position. Jill was active in the Department on a number of levels and gained important experiences working with individuals while assisting with teaching courses.

The Center for Human Services

For a number of years the Department of Psychology and Counseling had a vision of a center that would house all of the service-oriented programs that it offers to Pittsburgh State University students, the community, and



other organizations. These programs, which comprise the *Center for Human Services*, include the *Center for the Assessment and Remediation of Reading Difficulties (CARRD)*, Adult Assessment, the Learning Center, Psycho-Educational Assessment, the University Testing Center, SART/MVP, the Truancy Diversion Program, and Family Counseling. Student Counseling Services would also join the above mentioned programs to complete the Center for Human Services.

The mission of the Center for Human Services is to assist individuals, families, professionals, and organizations in the region to improve the human condition. This assistance can be in the form of providing direct services, disseminating relevant information, developing programs through research endeavors, educating constituents and community organizations, and promoting the welfare of individuals by educating the general public with regard to issues that impact the Center for Human Services.

The *CARRD* offers three programs, the Identification and Intervention Program (IIP), The After School & Summer Program (ASSP), and Attention Deficit Hyperactivity Disorder assessment and intervention. At the beginning of the school year, all of the first-grade students in several school systems are assessed with the IIP. The students who are identified as at risk for reading difficulties are then provided a year-long training program designed to prevent them from experiencing reading problems. The ASSP utilizes many of the same identification and intervention strategies but is open to individuals between the ages of four and adult, and is offered in the afternoons and evenings during the school year and all day during the summer. The ADHD pro-

gram uses several screening instruments to assess for the potential of ADHD in children and adults. In the very near future a training program will be offered to individuals who have ADHD; neurofeedback. This training helps the individual to increase EEG functioning in areas of the brain that are known to be involved in ADHD.

The Adult Assessment Program provides learning disability, psychological, and vocational assessments for adults. The Adult Assessment Program has several contracts with human service providers in the region. The program employs advanced graduate students who perform the assessments and write the evaluations under the supervision of Drs. Jan Smith and Jamie Wood.

The Family Counseling Program offers families in the area the opportunity to be involved in family counseling. Advanced graduate students are also involved in this program. The Department has counseling/observation labs in



which supervisors can view the student's counseling or psychotherapy skills behind a one-way mirror. In addition, the supervisors can unobtrusively communicate to the student via a receiver that the student wears in his or her ear.

The Learning Center provides support services for Pittsburgh State University students who have learning disabilities or ADHD. Eligible students receive accommodations in their courses. Such accommodations include extra time on exams, note taking assistance, and assistance with organizing projects, among others. All services are confidential and provided by advanced students under the supervision of the director of the Learning Center, Dr. Jamie Wood.

The Psycho-Educational Assessment Program provides assessments of adults and school-aged children who are referred for psychological and or educational evaluation.



The Learning Center works in cooperation with this program.

The Sexual Assault and Response Team (SART) and the Men Against Violence (MVP) programs provide sexual assault education, advocacy, and referral. These groups have been quite active in providing educational opportunities to area high schools and middle schools.

In addition, another group associated with SART and MVP act as responders who receive telephone calls from potential victims of sexual assault.

The Truancy Diversion Program is a diversionary program in which the goal is to help students reintegrate into the academic environment and to stay consistent in their school attendance. The vehicle in which the program operates is family counseling. Through counseling, the family learns the various issues that are relevant to the student not attending school, how important it is for a student to attend school, and what mechanisms can be used to help the student recognize the importance of school attendance and academic effort. This program has been in existence for over 20 years and has had great success in keeping students in school.

The University Testing Center offers computer-based tests that are contracted with the Educational Testing Service (ETS). These tests include the GRE, the GMAT, and the TOEFL. Other tests that the University Testing Center provides include the PPST, the ACT, the SAT, some outcomes based testing for other departments on campus, and, most recently, the Student Perception of Teaching Effectiveness.

Student Counseling Services offers counseling and psychotherapy to Pittsburg State University students. Student Counseling Services was most recently a part of Student Health, but is now a member of the Center for Human Services. The two entities will still have a very strong relationship.



The east wing of the second floor of Whitesitt Hall is in the final stages of renovation for the Center for Human Services. The facility will encompass 4,900 square feet and offer space for Student Counseling Services, SART/MVP, Adult Assessment, the Learning Center, and Psycho-Educational Assessment. In addition, there will be a conference room for staff and faculty meetings. The other programs of the Center for Human Services have working space within the Department of Psychology and Counseling. The renovation project will be completed by the end of the summer session and will be ready for use for the beginning of the fall semester.

Psychological and Educational Research in Kansas Convention

Dr. Mary Jo Litten and several of her former Research Methods III students attended the annual meeting of the Psychological and Educational Research Association of Kansas (PERK), November 8th and 9th in Wichita, KS. Stacey Sturgess (coauthor Will Mewhinney) presented a paper highlighting the highly significant results of their empirical study titled *The Effects of Exercise and Loneliness on the Subjective Well-Being of Young Adults*. Results of a stepwise multiple regression indicated that 57.34% of depression variance could be attributed to the three predictor variables of Loneliness, Social Desirability, and Amount of Exercise.

Another paper presented at this conference titled *The Effects of Locus of Control and Depression as a Function of Parental Marital Status* was presented by authors Jateice Freeman, Robin Blair, and Portia McPhail. Their results were also highly significant in that 55% of Depression variance could be explained by the variables of Social Desirability and Locus of Control. A statistically non-significant result indicated no

significant differences in depression as a function of parental marital status (i.e., individuals from intact families and individuals from non-intact families did not differ in their levels of depression). This finding is an example of non-significant results that have merit.

Two groups of students presented posters at the PERK Conference. Judith VanHoy and Richard Roe had hoped to find significant differences in well-being as a function of birth status (i.e., adopted vs. non-adopted). However, only seven participants reported being adopted. Thus exploratory analyses were conducted. Findings indicated that 74% of depression variance was explained by a measure of Self-Esteem, Subjective Well-Being, and Social Desirability. Amber Tester, Sara Neemann, and Brandi Ward presented a poster outlining the results of their study which examined correlates of creative thinking. Only dogmatism was significantly correlated with creative thinking.



Paula Baker, CEO of Ozark Center

Paula Baker knows first hand what years of dedication, hard work, and passion for her career will bring. Through twenty-three years of commitment she has been a part of nearly every aspect of the Ozark Center. She started at the Ozark Center as the Executive Secretary and then moved on to become the Director of Quality Assurance. After spending several years in this position, she took the responsibility of Director of Practice Management. She spent approximately seven years in this position and was then promoted to Director of Operations, Chief Operating Officer, and currently holds the position as Chief Executive Officer. In addition to these major changes, Ms. Baker completed her graduate training at Pittsburg State University with a master's degree in psychology with an emphasis in clinical psychology.



Ms. Baker's responsibilities consist of overseeing all operations of the Ozark Center, she is responsible for an annual budget that exceeds over \$25 million, ensures that the organization meets all performance expectations and regulatory requirements. She also develops the organization's strategic goals and maintains effective relations with key state organizations. When asked what the most challenging part of her job was, Ms.

Baker replied that maintaining and expanding new revenue sources which are obtained through county and state contracts was her biggest challenge. Another challenging aspect of the job is overcoming the stigma that is attached to mental health issues. The most rewarding part of her job is making a positive difference in people's lives. She stated, "I firmly believe that we make a difference in people's lives. We offer them help that will make life more rewarding for them." Ms. Baker's long-term goal is to make mental health services available to every child, adult and family without a stigma being attached. She also is striving to integrate behavioral health into primary medical care.

The Ozark Center offers all behavioral health services ranging from outpatient to inpatient psychiatric care. The center currently has over 10,000 active patients and services Jasper, Newton, Barton, and McDonald counties. It also services the four-state area. When asked what

advice Ms. Baker would offer PSU students she replied, "classes that you (students) take are extremely applicable to what you will be doing. I am so grateful for the courses and the support I had from instructors. Soak up all that you can because you will need all that you are learning. The group of teachers and professors are extraordinary."

After the Storm

In response to the request for follow up services to the Four State residents that were affected by the May 2003 Tornado, Pittsburg State University Psychology and Counseling Department, in conjunction with the Kansas State University Cooperative Extension Service was able to bring the Kansas State University TRECK team to Pittsburg State University on October 17, 2003. The Trauma Research Education and Consultation at K-State (TRECK) team presented two workshops for professionals who were involved in the lives of those affected by the tornados.

The first part of the workshop was for School Personnel and was designed for school counselors, teachers, and administrators as a means to educate them about the long term effects of trauma on children. The workshop assisted in expanding the definition of 'doing fine' and focused on signs and symptoms of the impact the events had on the children in the area. Even though, outward appearances show everyone as 'doing fine,' oftentimes there are long range negative effects of trauma that present themselves as behaviors or resistance unrelated to the trauma event. Education about possible interventions that could lesson the impact of trauma was discussed and taught.

During the remainder of the day the workshop focused on working with Mental Health Professionals. The workshop was designed for Mental Health Professionals as a means to enhance their skills in responding to a disaster event both with their ongoing clientele and new clients that may have been directly affected by the events. Both immediate and long range effects of trauma were discussed and interventions were identified for both short term and long term solutions. The workshop also provided professionals with information on how they could become certified with the Red Cross for the Trauma Response Team.



Rachelle Mengarelli, professor at Pittsburg State University in the department of Psychology and Counseling, organized the event with TRECK and believed the workshop was a great success. She hopes that with the help of this workshop school and mental health professionals will be better prepared for possible future events.

Robert Glenn Lasley

Robert Glenn Lasley was born on a farm near Liberal, MO in 1922 to Foster and Mae Lasley, who had 11 other children. The Lasley family believed strongly in the power and potential associated with obtaining an education. Despite the fact that Foster Lasley died of a heart attack when Bob was about 8 years old, all twelve of the Lasley children (including the seven daughters) finished high school. All 12 children attended college. Most completed an undergraduate degree, and two of his brothers obtained Ph.D.'s.

So strongly did Mae Lasley believe in the importance of education that she sold the family farm and moved to Columbia, MO where six of her children were enrolled at the University of Missouri at the same time (a university record). She opened a boarding house for female students; they lived on the second floor while the family lived on the first floor. Robert Lasley and Louise Jennings first met each other when she rented a room from Mae Lasley.

Robert Lasley completed a teaching degree in vocational agriculture from the University of Missouri in 1943. After graduating, he and Louise were married. The Lasley's had four children, three of whom survive.

Mr. Lasley's first teaching position was with the Liberal, Mo. school system where he taught vocational agriculture. He also taught in Lockwood, Mo. for several years. After his career in teaching, he moved his family to Columbia, Mo., where he embarked on a career in insurance with MFA Insurance Company (now Shelter, Ins.). After his training in Columbia, he was sent to Topeka as State Manager for Kansas and Nebraska for the company. He later moved to Little Rock as state manager in Arkansas. When an MFA agency became available in Nevada, MO. in 1958, he decided to move his family there, in part, because it was close to his birthplace. Besides operating the agency, he soon branched out into real estate and appraising. He had been a trustee for the Finis M. Moss Charitable Trust, in Nevada since its inception and was a past member of several civic clubs and professional organizations.

One of Mr. Lasley's greatest missions in life was helping those who were less fortunate than he. He always had faith that they could improve the quality of their lives and provided support for them in many different ways. One of his employees once said, "Bob has his own little welfare department."

As many members of his generation, Bob possessed a strong work ethic which he and his wife, Louise, managed to instill in their children. He embraced the philosophy of optimism and was always there with a helping hand for many individuals.

Both Bob and Louise possessed strong philanthropic ideals. After having met Dr. David Hurford through their daughter, Dr. Mary Jo Litten, and having learned of his work in identifying children who are at risk for reading disabilities, the Lasley's contributed a significant amount of money to assist Dr. Hurford in being able to continue his work. Additionally, as a member of the Moss Trust, Mr. Lasley petitioned the other trust members to financially support Dr. Hurford's efforts, which they did via the Moss Trust.

Upon Mr. Lasley's death in April of 2003, Mrs. Lasley donated \$10,000 to the Pittsburg State University Trust to establish a scholarship for a student majoring in psychology and/or counseling. The first scholarship was awarded during the Department's annual banquet held on April 25 of this year. Mr. Kyle VanBecelaere was the happy recipient of the Robert G. and Louise Lasley Family Memorial scholarship.



Department Sponsors WPPSI-III/WISC-IV Train-

Pittsburg State University in conjunction with Psychological Corporation University Outreach Program sponsored the WPPSI – III and WISC – IV workshop held here at Pittsburg State University October 21, 2003. Over 50 Professionals and Graduate Students working in the area of intellectual assessment attended the workshop. Dr. Roger Frame, a Clinical Measurement Consultant with Psychological Corporation, spent the first half of the day answering the question “What Does WPPSI Do?” The WPPSI – III other wise known as the Wechsler Preschool Primary Scale of Intelligence – Third Edition is an intellectual assessment that has been reorganized to better reflect current theory and practice of intelligence in children. The remainder of the day was spent with Dr. Frame discussing the Wechsler Intelligence Scale For Children – Fourth Edition or WISC – III, also an intellectual assessment used to reflect intelligence of children and adolescence. Dr. Roger Frame has a Ph.D in School Psychology from Michigan State University, and a B.S. from Denison University in Psychology. He has spent eleven years as a school psychologist in public schools, 10 years in private practice, three years as a children’s therapist in a community

mental health center, and two years directing a child abuse and neglect program as a faculty member at Southern Illinois University.



Planning for the event was conducted by Dr. Jan Smith and her Graduate Assistant Mrs. Brandy Wade along with the Department of Psychology and Counseling at Pittsburg State University. Donations were graciously accepted from the following campus offices: Presidents office, Alumni Center, PSU Bookstore, and Admission office. Donations were also accepted from the Pittsburg Chamber of Commerce. An upcoming event that is planned for the 2004 Fall semester include an APA Ethical Workshop.

Midwest Symposium for Leadership in Behavior Disorders

It was once again time for the Midwest Symposium For Leadership in Behavior Disorders. This year’s event was held February 26-28 at the Hyatt Regency in Kansas City, MO. The major topic was *Closing the Gap Between Research and Practice*. Professionals and Students from Pittsburg State University attended the Symposium to gain knowledge in this important area. Presenters included Dr. Peter S. Jensen, Ruane Professor of Child Psychiatry, Columbia University, New York, New York and Scott Poland Cypress-Fairbanks ISD, Houston, Texas.



Along with attending the event professors and students within the Department of Psychology and Counseling at Pittsburg State University were invited to present. Dr. Jamie Wood along with students Cody Layne and James Lumley presented on the topic *Medications, Monitoring, and Misinformation: Recent Trends in ADHD Research*.

Dr. Rick Lindskog, Director of School Psychology Program at Pittsburg State University presented with Debra Griswold and Sara Sibilsky, University of Kansas, Kansas City Kansas. Their presentation focused on the *Implications of Instructional and Behavioral Assessment for Teachers*. It highlighted best practices and emerging issues in classroom-based assessment in the areas of behavior and instruction. The presentation also focused on standardized and diagnostic data collection (including computer-based) and measurement of educational goals as expressed in the IEP.

Brian Keegan and James Lumley, Ed. S. students in the School Psychology program were involved with a poster presentation, which was shown on Friday. The presentation reviewed research and work that has been conducted in conjunction with the *CARRD* program in the Department of Psychology and Counseling at Pittsburg State University. “Overall the presentation was a very positive experience and it was an honor to be able to present our program at a regional conference.”

Codi Whaley-Outstanding BACCHUS & GAMMA Student

Codi Whaley, Pittsburg State University senior in psychology was given the Outstanding Student Award at the BACCHUS & GAMMA General Assembly in Washington DC, November 13-16th.

Whaley, a Caldwell, Kansas native, traveled to the conference as a member of Gorillas In Your Midst - PSU Peer Health Education which presented at the conference for the seventh consecutive year. The program educated students on how to take well-known theater techniques and entertainment material and adapt them to innovatively present peer health education topics.

J.T. Knoll, the group's advisor said of Whaley's award, "She made the all star team in peer health education. It's given to only six students selected from all colleges and universities across the country."

Knoll was not at all surprised that Whaley received the award which recognized service, leadership, and academic excellence in peer health educators. "I have been a peer education teacher and co-advisor since the inception of our program nine years ago," he said. "In that time I have seen students with a myriad of talents. Never have I been fortunate enough to have a student who is gifted with so many of them and also has the communication and leadership skills to employ them."

In the past year, she has played vital programming roles in National Alcohol Awareness Week, Eating Disorders Awareness Week, Safe Spring Break Week and Healthy Relationship Awareness Week. She was on the Social Norms Prize Patrol, helped with the display of the AIDS Quilt panel, gathered food and personal hygiene items for local citizens with HIV / AIDS, participated in the 'Chalk It Up' and STD awareness campaigns, presented at the spring Area 5 Peer Education Conference and helped plan and implement the Homecoming Pie-A-Professor and Valentines Day fund raisers."

Whaley's work and leadership with Gorillas In Your Midst earned her the leadership role as Coordinator this past Fall. Academically she shines with a 4.0 GPA. College honors include: Presidential Scholar (1 of 12 selected), Psi Chi Scholarship Recipient, National Dean's List, Psychol-

ogy Research Conference Presentation (ADHD), Committee Student Representative for Honors College, Golden Gorilla Award (for community service & academic success), Homecoming Queen Candidate, Outstanding Spanish Student Award, Carpe Diem Foundation Humanitarian, Cum Laude and Poetry Published in National Anthology.



Other campus leadership positions include: Crimson Club, a group that works with the president to represent our school at area events in this Centennial year; Student Ambassador; Presidential Emerging Leaders; Basic Leadership Training; Honors College Intramural Committee Chair; Rock Climbing Club; Teacher's Assistant in both a Freshman Experience class and a Research Methods class; Site Supervisor for the Identification and Intervention Program of the Center for the Assessment and Remediation of Reading Difficulties; Substance Abuse Focus Group and Coordinator for Gorillas In Your Midst.

Codi's summers are spent volunteering outside Kansas City at Camp Quality, a summer camp for children with cancer and their families. She is certified in Life guarding, CPR / First Aid, and Challenge Course Facilitation.

Knoll said in summation, "You might think that someone with the abilities she has and honors she's received to be full of herself. It's just the opposite. She's as humble and unassuming as she is talented. She does both Gorillas In Your Midst and Pittsburg State University proud."

Psychology & Counseling Banquet

The 2004 Spring Banquet for the Department of Psychology and Counseling was held Sunday, April 24. In the midst of a weekend filled with thunderstorms and rain,



by Sunday the sunshine managed to part the gray linings of clouds that hung overhead. The transformation of April showers to crisp spring sunshine provided just the right atmosphere for celebrating new life in spring as well as celebrating achievements and scholarship. Once again thanks to the faculty, students, friends, and families the annual banquet was a success. This beautiful day concluding a weekend that had been foreseen as unfit for such a celebration "represents the many ways that our department has been charmed" said Dr. David P. Hurford, Department Chair.



Dr. Rick Lindskog added that unlike many other organizations, our department does not compete against one another, we do not keep things secret; we have a deep and genuine concern for one and other.

This deep genuine concern became very evident as Carol Oehme, the department secretary, and the graduate assistants worked diligently to make sure all things were accounted for. Dr. Dana LeTendre, Brian Keegan, and Eric Shoemaker offered their culinary talents at the grill as families and friends mingled, played horseshoes, and catch. The tone of the afternoon into the evening truly was as comfortable as the "back yard barbecue" theme of the banquet. The evening began with a welcome to faculty, students, families, and friends from Dr. Lindskog. After dinner, Dr. Hurford presented scholarships. Eric Shoemaker, Megan Miller, Heather Randolph, and Aimee Golden drew for and presented door prizes. Door prizes were donated by local businesses that show their support for the Department of Psychology and Counseling.



After the door prizes were presented Dr. Lindskog ended the evening with closing remarks. The event was truly a success. "It really gives the students and faculty an opportunity to get to know each other outside of the school and work setting and to get to know each other's families" stated Jeff Jones, Graduate Assistant. The event would not have been possible without the dedication and hard-work of Heather Randolph, Head Graduate Assistant, who organized the event; Carol Oehme, Department Secretary and other graduate assistants who worked to collect donations for door prizes and help set up the event.

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Outstanding Student Awards (2003-2004)

Undergraduate

Levi Gahman, Jessica Jagels, Rachael Johnson, Kelli Wagoner-Scholarship
Codi Whaley-Research

Jateice Freeman, Esther Scott, Diana Buckle -Service

Graduate

Jeanette Owens, Wen-Chi Chen-Scholarship
Heather Randolph, Brian Keegan-Service
Aimee Golden, Robin Blair-Research
Cheryl Osterbuhr-Teaching

Scholarship Recipients (2003-2004)

George Wells Memorial Scholarship:

Stephanie Southard

Howard L. Siple Scholarship:

Nicole Adkisson, Levi Gahman, Stephanie Kyger, & Kathleen Wuertz

H.P. Rumford Psychology Scholarship:

Amanda Vestal

George & Aileen Blincoe Scholarship:

Makiko Suda

Psychology Faculty Scholarship:

Sara Major & Stephanie Peek

Lasley Family Memorial Scholarship:

Kyle Vanbecelaere

Marci Gray Memorial Scholarship

Sarah Robertson & Kimberly Sheffer



Dr. Steven Mayhew Assumes Director of University Counseling Services



Dr. Steven Mayhew will be joining the Center for Human Services this fall as the Director of University Counseling Services. Dr. Mayhew has considerable professional experiences. He is leaving a private practice that he has been building for the past 13 years in Spencer, Iowa, Mayhew & Associates Behavioral Health Services, to return to university life.

Dr. Mayhew has a Ph.D. in Counseling Psychology from the University of Missouri-Columbia, an M.A. in Clinical Psychology from Ball State University, and a B.A. in Psychology from the University of Northern Iowa. He is board certified in Counseling Psychology (American Board of Professional Psychology), a Licensed Psychologist, and a Health Service Provider in Psychology. His professional interests include integrated behavioral and primary care services, psy-

chopharmacology, and assessment and treatment of adult attention deficit/hyperactivity disorder. He holds memberships in the American Psychological Association, the National Academy of Neuropsychology, and the Iowa Psychological Association.

Dr. Mayhew will be responsible for oversight of University Counseling Services which includes providing counseling services and supervising masters-level counseling practitioners. He will also maintain the University Counseling Service's budget, will oversee third-party billing, and will assist in the supervision of masters- and Ed.S.-level practica and internships in concert with the Department of Psychology and Counseling. Dr. Mayhew will also supervise graduate students involved in providing contractual assessment services, develop relationships with human service providers in the community and region, and help to create programs to assist Pittsburg State University students develop their potentials. Dr. Mayhew will be quite busy developing this very important service for students, but he has the expertise, energy, and enthusiasm to do so.

Welcome Dr. Steven Mayhew!

Dr. Jamie Wood-Recollections

The year was 1988 and I had just gotten married seven months previously and was living in Oswego, KS, with my wife Ruth. She had her first teaching job and it was my first semester as a Graduate Student. While working on my degree I was also working as a Graduate Assistant in the office of Graduate Studies and Research for Dr. Doris Bergen. When my presentation was accepted to NASP I was really excited, but I didn't think it would happen. Luckily, Dr. Lindskog encouraged Mary Pridey and I to send it in. The title of our study was Consultation Strategies for Reducing Burnout in Special Education Teachers. It was an application of a consultation theory to a school based problem.

We presented our paper at the NASP convention in Boston, MA, at the Sheraton Hotel. When we presented we had a turnout of 30 – 40 professionals and students. It went very well for novice graduate students and since then I have learned a lot about presenting. The experience of presenting was very important, because it gave me the confidence to be successful in the field.

It also was the first time I met Scott Poland. We went to a Celtics game where my Boston Celtics beat his Houston Rockets. It was really a lot of fun and I love

the history of Boston and have been back three times since.

Since the 1988 NASP convention I have attended NASP three times and this year presented again, which has

been a greater accomplishment. At this years NASP convention in Dallas, Texas, I presented with Nathan Downs, Amy Pappas and Brandy Wade over a study we completed entitled Teacher Knowledge of Modern Treatments for Attention Deficit Hyperactivity Disorder. This year's conference contained several valuable workshops and I sought out several sessions on three of my favorite topics; ADHD, autism, and Early Childhood. I also want to encourage students to attend a National Convention in their own fields. It is especially valuable because the Department of Psychology and Counseling encourages this and it's a great way to get excited about your profession. If you don't get excited about your field after attending a national convention, you're probably in the wrong field! I thoroughly enjoy watching graduate students make the transition to colleagues.

