

Tips for freshman

- Keep the focus on getting good grades and taking the classes that will satisfy the [Kansas Board of Regents Core Curriculum](#).
- Encourage them to make an appointment with you to discuss future plans.
- Concentrate on improving good study habits.
- Have them keep notes on career areas of interest.
- Highlight their strengths and get help in areas that need improvement.
- Encourage involvement in extracurricular activities.

Tips for sophomores

- Encourage them to take the PSAT (Preliminary Scholastic Assessment Test). It is good practice for actual college admissions tests. Discuss the scores and find ways to improve on academic areas that are keys to college success.
- Show them how to check out colleges online. Encourage them to talk to people who have been there. Good resources can be found at [Collegeboard.com](#) or at [Fastweb.com](#).